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# MATS CENTRE FOR OPEN & DISTANCE EDUCATION

## Basic Analytical Chemistry

Bachelor of Science (B.Sc.)  
Semester - 4



**SELF LEARNING MATERIAL**



**DSEC**

**Chemistry A  
(Basic Analytical Chemistry)**

**MATS University  
Chemistry A (Basic Analytical Chemistry)  
CODE: ODL/MSS/BSCB/407**

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## CHAPTER INTRODUCTION

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Course has five chapters. Under this theme we have covered the following topics:

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01	Module 01	Introduction to Analytical Chemistry
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	Unit 02	Concept of Sampling in Analytical Chemistry
	Unit 03	Importance of Accuracy and Precision in Measurements
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	Unit 17	Introduction to cosmetic analysis
	Unit 18	Major and Minor Constituents in Cosmetics
	Unit 19	Analysis of Deodorants and Antiperspirants
	Unit 20	Analysis of Talcum Powder

The course content serves as a comprehensive guide to various modules and units related to Analytical Chemistry and its applications. It encompasses a wide range of topics, including the fundamental principles of analytical techniques, the analysis of environmental samples such as soil and water, and the examination of food products and cosmetics. Each module is designed to provide in-depth knowledge and practical insights into the respective areas, ensuring a thorough understanding of the importance of accuracy, precision, and the methodologies employed in analytical measurements. The content is structured to facilitate learning and application in real-world scenarios, making it an essential resource for students and professionals in the field of chemistry.

## MODULE 1

### INTRODUCTION TO ANALYTICAL CHEMISTRY

#### Objective:

- To introduce analytical chemistry and its interdisciplinary nature.
- To understand the concept of sampling in analytical chemistry.
- To explain the importance of accuracy, precision, and sources of error in analytical measurements.
- To present experimental data and results with respect to significant figures.

#### Introduction to Analytical Chemistry

#### Unit 1 Introduction to Analytical Chemistry

Analytical chemistry is one of the foundational areas of the chemical sciences, bringing together the development, improvement, and application of techniques for characterizing the composition, structure, and properties of matter. The most ancient activity resembling chemistry, however, is commonly identified as qualitative analysis, the remaining one is quantitative analysis and its history dates probably back to the beginning of chemistry then the early nineteenth century when chemists started organizing systematic methods to discover and calculate the material and followed by the formulation of this department. Essentially, analytical chemistry is the bedrock and the enabler of many advances through science, equipping researchers with growing precision and accuracy with the chemical composition of their objects of study. It's a far cry from the origins of the field, where substances were measured using wet chemical techniques sensitive instrumentation can now detect analyses at incredibly low concentrations even down to single-person or atomic levels. Modern analytical chemistry includes both qualitative analyses identifying which chemical species are present



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and quantitative analysis finding out exactly how much of each species is present in a sample. These two goals underpin analytic efforts in many applications as diverse as research, industry, medicine, environmental monitoring, and forensic science. Analytical chemistry is a general tool because you can ask scientific questions that can be as diverse as detecting contaminants in a water sample, verifying the chemical formula of a drug product, or dating an artifact at an archaeological dig. Such flexibility has made analytical chemistry a powerful ally in tackling the challenges of modern days across diverse disciplines, from materials science to biotechnology. Classical methods and instrumental methods are two broad categories of analytical chemistry 21 Methods of analysis fall into two broad categories: classical methods and instrumental methods. Classical methods typically involve direct reaction with the analyte (substance to be analyzed), and include wet chemistry techniques such as precipitation, extraction, distillation, and titration. The major difference is the procedure and emerging in the use of technology in the process, but, also, these standard methods are still influential in some cases because they are simple, low-cost, and dependable if done properly. In contrast, instrumental techniques utilize advanced apparatus to quantify various physical or chemical characteristics of the analyte, typically featuring higher sensitivity, speed, and automation than classical approaches. Instruments including spectrophotometers, mass spectrometers, chromatographs, and nuclear magnetic resonance spectrometers have pushed the frontiers of analysis, enabling scientists to interrogate ever smaller amounts of sample material with highly specific detection targets. One of the interdependent and syncopated evolutions of analytical chemistry can be traced to advancements in electronics, optics, and computing. Akad, CEO prospective Diagnostics And the rise of data Science teams and Big Data, which has made collecting, processing and interpreting data much easier than before, leading to faster and more

sophisticated analysis. “Modern analytical chemists therefore need not only a strong chemical education but also competence in instrumentation and data handling, statistics, and often computer programming.” This multidisciplinary skill set stands to represent the inseparability of modern analytical chemistry with its neighbor fields from physics and biology to materials science and engineering, which both draw on and contribute to each other.

Analytical chemistry follows a standard workflow that begins with defining a problem, sampling, sample preparation, analysis, data processing, and interpretation and reporting of results. At each point, there is attention paid to potential elements of variation and error that may invalidate the analytic results. Thus, achieving a successful analytical method involves striking a balance between several aspects: sensitivity (i.e., detection of low quantities), selectivity (i.e., the ability to differentiate between similar analytes), accuracy (how close each analytical value is to the true value), precision (the amount of variance observed among multiple measurements), price, time, and convenience for the application of interest. These considerations help the analytical chemist choose suitable techniques and build sound protocols specific to the requirements of different analytical challenges. Analytical chemistry is often taught after students have taken general chemistry, organic chemistry, and physical chemistry, and includes courses in instrumental analysis, separation science, electrochemistry, spectroscopy and analytical biochemistry. Laboratory education remains a fundamental component of the analytical chemistry curriculum, providing immersive experiences in both classical and instrumental techniques. In addition to technical skills, analytical chemists learn how to think critically when developing methods, troubleshooting and interpreting data. Indeed, the ability to identify possible interferences, validation of methods, and

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quantification of uncertainty is one of the hallmarks of analytical chemistry. With analytical chemists working in a widely varied number of sectors including pharmaceutical companies, companies that manufacture chemicals, laboratories that focus on environmental testing, food and beverage production, petrochemical refining, forensic laboratories, going to school, or working in government regulatory agencies. Within the industry, analytical chemists play a key role in product development, quality control, and compliance with regulations. In research settings, they work with scientists from all fields to make discoveries possible by facilitating precise measurements and analyses. And analytical skills offer many more career options from specialized lab scientists to instrumentation specialists, method development chemists and technical consultants. As we look to the future, analytical chemistry is continuing to evolve with opportunities for miniaturization, automation and integration of multiple analytical techniques. Currently, there is a shift toward laboratories-on-a-chip, which in addition to portable analytical instruments and real-time monitoring systems make advanced analytical capabilities more readily available and deployable in the field. Nanotechnology-based platforms have the potential to substantially increase the sensitivity and selectivity of both existing and future diagnostic tests. On the other hand, the integration of artificial intelligence and machine learning approaches has started to revolutionize data analysis, pattern recognition, and method optimization in the realm of analytical chemistry. Such technological frontiers will only enhance the spread and influence of analytical tools through the landscape of science and society. Principles of analytical chemistry advocate rigor, skepticism and transparency. Analytical chemists are trained to question results, validate methods, and quantify uncertainty. That ensures the analytical results can hold up in court and serve as a reliable basis for any scientific conclusions, regulatory decisions or industrial processes. This

understanding underpins a commitment to scientific integrity in analytical chemistry, a discipline at the heart of determining empirical facts on which other scientific and technological advances depend. While the field of analytical chemistry continues to evolve, it does so while still serving this essential role, incorporating new tools and methodologies that expand its capabilities and applications into the wider landscape of science.

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### **Interdisciplinary Nature of Analytical Chemistry**

This multidisciplinary trait of analytical chemistry makes it one of the most significant and valuable aspects of chemistry, operating at the nexus of different scientific disciplines and functioning as an essential connector between theoretical knowledge and practical execution in a wide range of sectors. The influence of analytical chemistry is inherently interdisciplinary, owing to the field's very nature: analytical chemistry seeks to create and use methods to identify the composition and structure of matter, which is a universal necessity in any scientific undertaking. Therefore, analytical chemistry is an enabling science that both borrows from and contributes to many disciplines, and this expanding web of knowledge and interaction is what makes analytical chemistry so creative. As the front-end profession of all core chemical sciences, analytical chemistry relies on those fundamentals of organic, inorganic, physical, and biochemistry. From organic chemistry, it assimilates knowledge of molecular structures and reaction mechanisms that inform separation techniques and detection methods used for carbon-based compounds. Inorganic chemistry offers insights into the governance of elements and their compounds that support analytical strategy for metals, minerals, and inorganic pollutants. Furthermore, physical chemistry provides theoretical



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foundations for many of the spectroscopic techniques, thermodynamic parameters, and reaction kinetics that dictate so many analytical processes. Considerations of biological molecules and systems on the one hand also provide perspectives that enable the development of analytical methods focused on proteins, nucleic acids, metabolites, and other biomolecules. By uniting different chemical sub disciplines, a broad analytical toolbox comes together to tackle questions of fundamental importance in chemistry research. The link between analytical chemistry and physics illustrates the inter-disciplinarity of the field. Many other analytical tools depend on physical principles, from how electromagnetic radiation interacts with matter (spectroscopy), to how charged particles behave when placed in electric and magnetic fields (mass spectrometry). Collaborative achievements at the chemistry-physics interface encompass laser-based analytical methods, scanning probe microscopy techniques, and nuclear magnetic resonance spectroscopy. The spectroscopy provides a theoretical basis for molecular energy levels and transitions based on quantum mechanics. Statistical mechanics helps guide data analysis and uncertainty estimation that are vital to rigorous analytical measurements. This chemistry-physics duality has resulted in amazing progress in terms of analytical sensitivity, with single-molecule detection limits being achieved in some cases. The interface of analytical chemistry and biology has become even more relevant due to the emergence of molecular biology, genomics, proteomics and metabolomics. Analytical chemists have designed specific strategies for the extraction, purification, separation and characterization of biological molecules, providing these disciplines with necessary methodology. Data acquired by high-performance liquid chromatography, capillary electrophoresis, mass spectrometry and several spectroscopic methods have become essential approaches for biological systems since they help non-volatile characteristics among molecular and

cellular processes, disease pathology, cell proliferation, and developmental biology. On the other hand, limitations in biological analysis have catalyzed the evolution of analytical chemistry, leading to the discovery of more sensitive, selective, and high-throughput analytical platforms. This two-way exchange is an example of how cross-disciplinary interaction accelerates progress in both disciplines. Environmental science is yet another field in which analytical chemistry is crucial. Analysis of pollutants in abiotic samples (air, water, and soil) is challenging due to complex environmental matrices, necessitating the use of advanced analytical techniques optimized for high-sensitivity detection. Analytical chemists work with environmental scientists to devise monitoring approaches that address contaminants from heavy metals and persistent organic pollutants to new and emerging threats like micro plastics and per- and polyfluoroalkyl substances (PFAS). This also includes the study of biogeochemical cycles, atmospheric chemistry, and climate change indicators where analytical measurements are critical for understanding both environmental processes and for informing policy decisions. Analytical chemistry in the environment showcases the societal importance of the discipline and illustrates how this expertise can be applied to address major world issues. An example of how the field leads to technological innovation is the relationship between analytical chemistry and materials science. High-energy analytical techniques including X-ray diffraction, electron microscopy, thermal analysis, and a diverse range of spectroscopic methods allow thorough characterization of the material composition, structure, and properties. These capabilities facilitate the discovery of advanced materials for electronics, energy storage, catalysis, biomedicine, and countless other applications. As an example, more efficient solar cells to lighter and stronger aerospace materials to biocompatible medical

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implants, rely on accurate analytical measurements throughout the research and development process. As materials science pushes forward with the development of nanoscale engineering and smart materials, so too does analytical chemistry, adapting methods capable of characterizing structures and properties at smaller dimensions and with higher specificity.

Analytical chemistry's interdisciplinary impact is perhaps best exemplified in the pharmaceutical industry. Analytical techniques are largely utilized from drug discovery through to drug development, manufacture and quality control. Analytical chemistry as a methodological platform establishes practices from the early phase of drug discovery to stability and product testing, that guarantee the safety and effectiveness of therapeutics. Various chromatographic techniques, mass spectrometry, spectroscopic methods, as well as bioanalytical approaches across the pharmaceutical lifetime are utilized for this purpose. The importance of analytical chemistry in protecting public health is emphasized by numerous regulatory frameworks, including those of the U.S. Food and Drug Administration and the European Medicines Agency, which involves large analytical requirements. Analytical chemistry is used in the pharmacological field to determine the composition of the drug, to understand its pharmacokinetic properties and pharmacodynamics, and to ensure that the composition and quality meet regulatory standards, so we can see an interdisciplinary area that combines information from medicinal chemistry, pharmacology, toxicology or regulatory science in pursuit of improving health. Forensic science, along with criminal investigation, places an enormous emphasis on the analysis of evidence through analytical chemistry. The analytical techniques of forensic science can help forensic scientists to identify whether a substance is controlled or other

types of biological evidence (e.g., DNA), trace evidence (e.g., gunshot residue, explosive materials), questioned documents, and the chemical composition of unknown samples encountered in a crime. The application of analytical chemistry to forensic problems requires special focus on chain of custody, method validation, and data interpretation for presentation in court. This particular context has stimulated advances in analytical chemistry such as the creation of (miniaturized) portable analytical instruments for field analysis to new techniques capable of better analyzing complex, degraded or scarce samples. So the forensic side of analytical chemistries underscores its intersection with legal frameworks and the impact of analytical rigor on consequential applications in society. Analytical chemistry is also a critical science in another area the food and beverage industry. Analytical techniques are used to evaluate nutritional composition, verify the presence of contaminants and adulterants, confirm identity, control production processes, and establish compliance with safety standards. High-performance liquid chromatography, gas chromatography-mass spectrometry, near-infrared spectroscopy, and enzyme-linked immunosorbent assays are widely used in food analysis. Food matrices are diverse and often complex, which poses unique challenges for analytical methods, and has inspired innovation. Recent work in the detection of allergens, identification of food borne illness sources and authentication of geographical indications of regional specialities through collaborative efforts between analytical chemists and food scientists has showcased such advances in line with the field's evolving landscape. With rising consumer interest in food safety, nutrition, and sustainability, the use of analytical chemistry in food science is becoming increasingly common. The transition to the digital age has also added yet another interdisciplinary aspect to analytical chemistry, as it

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converged with computer science and data analytic. Modern analytical technologies produce large volumes of data that need advanced computational solutions in order to process, visualize, and interpret it. Chemo metrics, or the use of mathematical and statistical methods with chemical data, has grown into a specialized field at this interface. Introduced machine learning algorithms are increasingly performing pattern recognition, spectral interpretation and method optimization. Additionally, advances in laboratory information management systems (LIMS) and electronic laboratory notebooks aid in structuring data, providing traceability, and facilitating collaboration. Cloud computing enables the sharing of analytical data and allows remote access to analytical resources. This digital paradigm shift in analytical chemistry is a microcosm of how computer science and analytical chemistry work in concert to develop the field and broaden its accessibility. Analytical chemistry is not only interdisciplinary in its applications, but also in its education and practice. Interdisciplinary elements are being integrated into analytical chemistry educational programming as students prepare for the increasingly integrative nature of modern scientific work. Analytical chemists in professional roles most often work in multidisciplinary teams, collaborating with individuals with specialized training to tackle multilayered clinical issues. The combination of disciplines helps with communication across broad fields and encourages an integrated approach to solving problems. The interdisciplines of analytical chemistry reflect broader trends across scientific research, where increasingly complex global challenges require integrated perspectives that go beyond conventional disciplinary silos. Looking forward, however, the interdisciplinary nature of analytical chemistry is likely to deepen as new fields forge a path generating new needs for analytics and technological innovations provide new capabilities for analytic capabilities. As systems biology, synthetic

biology, personalized medicine, and advanced materials approaches become more prominent, analytical methods will evolve to meet their needs. At the same time, development of artificial intelligence, robotics and sensor technology will completely remake how analytical data is collected, processed and interpreted. This dynamic environment highlights the flexible nature of analytical chemistry as a discipline that remains at the forefront of interdisciplinary engagement, yet remains anchored in its original pursuit of the accurate measurement and characterization of chemical systems. Thus, the multidisciplinary nature of analytical chemistry has been both its historical strength and its roadmap to continued relevance as we tackle the scientific and technological challenges yet to come.

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### Unit 2 Concept of Sampling in Analytical Chemistry

Sampling is, by its very nature, one of the most basic and least visible steps in the analytical process: It is the key link between the system under investigation and the analytical work that will provide quantitative or qualitative information. Sampling essentially refers to the process of selection, collection, preservation, and preparation of a small quantity of material from a larger whole, or representation of the characteristics of a population. It is only a seemingly simple process that has immense implications on the accuracy and precision of the analytical results and which even state-of-the-art analytical techniques and instrumentation cannot overcome, if anything goes wrong during sample collection. In fact, the error associated with the sampling process is often the most significant component of the total uncertainty in many analytical measurements, highlighting the critical role that careful sampling design and execution plays in a broad range of practical applications in analytical chemistry, including environmental monitoring, manufacturing quality



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control, clinical diagnostics, and research settings. Sampling is based on statistical theory, which is the only basis for addressing the inherent heterogeneity that is found in all materials. In practice, perfect homogeneity the condition wherein every possible sample or section of a material has identical atomic makeup is an impossibility. Most systems, in fact, display variation across different spatial scales, either at the molecular scale (e.g. concentration gradients in solutions), at the particulate scale (e.g. mineral distributions in geological matter), or at macro scales (e.g. latitudinal gradients in environmental systems). Such diversity means that people must pay particular attention to how samples are chosen; sampling must provide a representative view of the entire collection. Methods from statistical sampling theory offer a range of frameworks and tools for designing sampling protocols that account for this variation while reducing biases and quantifying uncertainty through the use of random sampling, stratified sampling, systematic sampling, and composite sampling strategies best suited for the respective analytical context. Random sampling, by which each individual sampling unit has some probability (which is the same for all) of being selected, is a basic technique for effectively creating an unbiased representation of a population. This approach can be especially useful when relatively little is known about the analyte's distribution in the system prior to the starting of the simulation. But on the other hand, random sampling in a strictly uniform manner can become logistically cumbersome in practice for example in the case of large or complex systems. Stratified sampling overcomes this problem by partitioning the population into mutually exclusive sub-sets (strata) based on known or suspected differences, and then randomly sampling within each stratum. Better suited for cases where different parts of a system behave in different

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ways, like environmental sampling through different types of terrain, or batch manufacturing where temporally varying characteristics exist. Participants in systematic sampling are selected at fixed, equally spaced intervals and such a practical approach may make it easier to implement but can also miss patterns that repeat at the same regular intervals. Composite sampling is where multiple individual samples are subsumed into one single aggregate sample for analysis that then provides an averaged one-over-all and potentially sufficient result for application while also lowering analytical costs with fewer required analyses. The idea of a “representative sample” is itself worth close consideration because it captures the average goal of sampling: get a sample that behaves as the full population does with respect to the quantities of interest. But what representativeness means is highly contingent on the analytical question as well as the system being investigated. When distribution patterns vary substantially among analytes, a sample representative for one analyte may not be representative for another. Likewise, a sampling protocol designed to ascertain average composition may be inadequate to identify sporadic features or maximum concentrations. The desire for representativeness thus implies the need for clear analytical goals and appropriate sampling designs that represent the system along its physical, chemical, and statistical degrees of freedom. The sample collection process, including considerations of sample size, number of samples, sampling locations, timing, and sample collection techniques, all influence the degree to which samples faithfully represent the target population.

Sample size determination is a vital component of sampling design, balancing statistical needs and practical limitations. Based on statistical principles, a larger sample size generally yields a



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more reliable estimate of population parameters with reduced uncertainty and greater power to detect variations or anomalies. In practice, there are often operational constraints due to time, cost and access, and the analytical capacity available, which require optimizing sample size to obtain an acceptable level of precision. Quantitative methods for sample size calculation take into account these relevant factors which may include but aren't limited to: the confidence level, population variance, and maximum tolerable error. In contrast, in regulatory settings or when making high-stakes decisions, formal statistical methods for calculating the required sample size may be required to provide defensible results. For exploratory studies or preliminary assessments, where scant prior knowledge is available about the variation in the system, you may adopt more practical approaches. Sampling is a physical activity which brings many considerations of the tools, techniques, and protocols for maintaining sample integrity. These devices include basic containers for liquids to specialized equipment for solids, gases, biological materials or hazardous materials. Different sampling materials require expertise in compatibility with the analytes of interest, as this may lead to contamination, adsorption, or chemical reactions that degrade sample composition. For instance, trace metal analysis requires sampling devices manufactured from non-metallic materials, while volatile organic compound sampling requires containers with limited headspace and reliable screw-top capability. Sampling techniques also need to consider practical aspects such as reaching representative places within the system, whether this is reaching the right depths in water bodies, collecting particles from air currents, or extracting cores from geological formations. The sampling protocol should describe the specific procedures for cleaning all equipment,



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handling, labeling, and documenting each sample collected to ensure consistency and traceability throughout the analytical process. During or between the sampling and analysis processes, the specimen is subject to a range of physical, chemical or biological changes which stand to alter the analysis outcome therefore, sample preservation can be considered an essential extension of sampling. Preservation approaches are designed to sustain the characteristics of the sample by preventing changes of analyte concentrations or speciation due to, e.g., microbial activity (also known as biolysis), oxidation, precipitation, volatilization, or degradation. Typical preservation methods include cold storage or freezing, to decrease reaction rates; chemical additions such as acids, to mitigate precipitation or biological activity; shielding from light, to mitigate photochemical reactions; and headspace reduction, to minimize volatilization or gas exchange. It must be tailored for the analytes, sample matrix, storage to be expected, and methods that will be employed. Standardized approaches figure in guidelines issued by agencies such as the American Public Health Association, the U.S. Environmental Protection Agency or the International Organization for Standardization, which often include preservation protocols optimized for specific analytes and matrices. These considerations for preservation apply to sample transport conditions, storage containers, and holding times all critical factors affecting the quality and reliability of data.

We always mind that there is a connection between collected sample and analytical measurement and this part of the study is the sample preparation; which is a need because in order to be analyzed the sample should undergo physical and chemical transformation in a way that the technique would not lose information. Collective experience has pointed towards necessary preparation steps homogenization to reduce residual heterogeneity of the sample isolate as much of the collected sample as is possible particle size





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reduction to increase extraction efficiency or ensure representative sub sampling drying to remove moisture that may interfere with subsequent analyses or to standardise the basis of reporting extraction (i.e. the removal of unwanted matrix components with the target analytes) concentration to increase the concentration of analytes by removing solvent to enhance the detection of trace components or analytes by removing solvent and thus increasing the concentration of analytes; derivatisation to improve analytical characteristics such as volatility of an analyte; and some kind of filtration or other separations to remove additional interference substances. Potential for error through analyte losses, contamination, incomplete extraction or unintended chemical modifications were introduced at each preparation step. All sample preparation protocols are therefore generally validated to quantify recoveries, assess potential biases, and define performance characteristics. Standardized preparation procedures would allow comparability for routine analyses between laboratories or time periods whereas novel research applications may require the development and validation of customized strategies to prepare samples for target analytes and analytical methods.

Examples of Quality Assurance and Quality Control Quality assurance and quality control measures are fundamental to sampling, enabling detection, quantification, and mitigation of potential errors or biases. Field blanks serve as a measure of contamination introduced from the sampling and handling processes that may be present in analyte-free materials that undergo the same processing as actual samples. Field duplicates or repeats assess the accuracy of the sampling procedure by taking multiple samples from the same location under the same conditions. The rinse blanks should be used to check the efficacy of decontamination procedures applied in between sampling events.

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But trip blanks detect possible contamination during transport and storage especially for volatile compounds. Spiked samples, in which known analyte concentrations are added to field samples, are used to assess matrix effects and analyte recoveries across the full analytical procedure. Together with QC samples collected in the field, these quality control samples give key information on which to assess data quality, allowing a better interpretation of analytical results within an appropriate context of uncertainty. In addition, Quality assurance is also applied to written protocols and training of sampling personnel, calibration of sampling equipment, chain-of-custody (CoC) procedures, and Data management systems that ensure sample integrity and traceability of information throughout the analytical workflow. Packing sampling and that could also be extended to newer methods like in situ sensing, remote sensing, and even real-time monitoring. By performing analyses closer to the system of interest, these techniques successfully shift the sampling paradigm, and minimize or remove the challenges associated with sample acquisition and preservation/transport. In situ sensors measure parameters directly in the environment and produce continuous or high-frequency data that can have temporal resolutions that are not matched by discrete sampling approaches. Remote sensing techniques gather information (e.g., about the atmosphere or forest cover) using interactions with electromagnetic radiation to probe systems without making contact, these methods generally have excellent spatial coverage, but with sacrifices in specificity or sensitivity. Real-time monitoring systems integrate fast sampling and real-time analysis, powering adaptive responses to changing conditions across numerous applications from industrial process control to environmental emergency response. Such sampling techniques do not replace, but complement traditional methods of sampling, providing unique benefits for specific analytical challenges



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and queries. Any data scientist should take into account the ethical aspects of sampling, especially in fields where the consequences of sampling can greatly affect human health, environmental protection, resource management, or regulatory compliance. Sampling designs can affect what facets of a system are scrutinized versus, say, held as a constant or ignored, and so they can introduce bias in the framing of what problems emerge and how they get solved. Sampling that focuses narrowly on average conditions, for example, may overlook localized hotspots of contamination that represent disproportionate risks to vulnerable populations. Likewise, sampling limited to accessible areas may capture an incomplete or inaccurate picture of environmental conditions across a landscape. High ethical standards in sampling are based on the clear identification of limitations and potential biases, and a well-reasoned justification for the matching of the sampling approach to the intended use of the output data. These ethical nuances include issues of property rights, privacy, cultural sensitivities, and intergenerational equity in how sampling shapes decisions about resources and environments. Sampling is a concept that has been on a journey that evolves with technology and the scope of analytics. Miniaturization not only enables sampling at increasingly fine spatial resolutions, but automation also allows for more extensive temporal coverage through higher sampling frequencies. Recent advancements in statistical methodologies, especially Bayesian frameworks and geostatistics, have equipped scientists with more powerful tools for designing sampling programs and interpreting spatial or temporally distributed data. Meanwhile, new digital technologies enable richer sampling from electronic capture of data, geolocation ability, barcode (or RFID) to track samples, and build-out of integrated sensor networks all of which can augment traditional sampling with continuous monitoring. Ever-enriched machine learning algorithms support also the optimization of sampling designs and detection of patterns in high-resolution

multidimensional datasets. These technological and methodological advances open up new opportunities to gather more representatives, comprehensive, and actionable information on chemical systems, from molecular interactions up to global processes. A summary of sample prep would be a broad and interrelated aspect of analytical chemistry which combines the statistical aspects, technical aspects, quality assurance aspects, and the application-specific knowledge that connects the analytical question with the analytical answer. Discerning system characteristics, analytical goals, practical limitations, and downstream applications of the resulting data is crucial in the design and implementation of sampling protocols. Timed together with the two or three selected SmartSpex receptors, external reagents can be introduced to appropriate filled reaction chambers for thermal isolation, leading to measurement of both qualitative and quantitative analyte information without changing measurement conditions. The continuing trend toward higher and higher sensitivity (low limits of detection and quantization), specificity, and automation in analytical chemistry makes the need for truly representative samples ever more important, and highlights the need for sampling to be regarded not just as the first step/element/hurdle in analytical chemistry but rather as both a science and an art worth pursuing, advancing, innovating, and refining in each and every implementation of analytical chemistry.

### **Unit 3 Importance of Accuracy and Precision in Measurements**

Accuracy and precision are at the core of analytical measurements; they are some of the key concepts which translate throughout the whole analytical process, from the method development and validation to data interpretation and decision taking. These terms are occasionally confused in common parlance, but they refer to

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different qualitative aspects of a measurement that together contribute to the overall accuracy and usefulness of analytical results. Accuracy: The degree of agreement of an experimental determination with the true or accepted value; how close a measurement is to the true value of the quantity being measured. The precision, on the other hand, is a measure of the reproducibility or repeatability of the measurements, that is, how stable are the measured values upon a repetition of the measurement under the same or similar conditions. The significance of these concepts stretches far beyond mere semantic distinction; they provide the conceptual underpinning for how analytical chemists assess, report and further enhance the quality of measurements across a wide spectrum of fields from environmental monitoring to pharmaceutical development, forensic analysis and fundamental scientific research. Why accuracy in analytical measurement is so critical is directly related to the fundamental purpose of analysis: determining which substances are present and their levels. A measurement that is faithful to reality does not make readers doubt the results of their analyses, nor does it mislead them in their conclusions, decisions, and actions. False or incorrect measurements can lead to various consequences, such as loss of resources, incorrect conclusions in research, medical errors, or environmental effects. Think of pharmaceutical quality control, for example, where a miscalculation of active ingredient concentration could result in ineffective or even dangerous medication. In the same way, flaws in environmental monitoring could miss contamination that is above regulatory thresholds, meaning that populations might be exposed to health risks that they do not know about. In research environments, faulty measurements can result in erroneous hypotheses or theories, which can waste years pushing scientific research down the wrong path before the error is identified. This quest for accuracy is aligned with the analytical chemist's desire to furnish their user with trusted

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information that accurately conditions the behavior of the systems being explored. In analytical chemistry, precision while independent from accuracy—is equally relevant as it speaks to how the measurement itself is repeatable and IME sink or swim on precision. High precision refers to the capability of the measurement system to render consistent measurements in unchanged conditions, allowing the detection of actual changes or differences in the measured quantity. Without sufficient precision, however, even the best measurement methods will be poorly fit for purpose when their signal of interest is swamped by random variation. For example, clinical laboratories that monitor disease progression biomarkers need methods that are precise enough to be able to identify biological differences from analytical variation. Exact measurements for industrial process control are used to keep products within tight tolerances. Research applications that intend to measure subtle effects or small differences in concentration have especially high precision requirements to reach statistical significance and avoid false conclusions. Thus the practical »value« of analytical results depends very much on their precision, which determines the confidence with which small differences or changes can be detected and quantified. The accuracy-precision relationship can easily be illustrated using the good old analogy of a target where the bullseye reflects the true value and individual measurements look like points on the target. A system of measurement with high accuracy, but low precision, would show points spread relatively far apart, but centered on the bullseye, meaning that on average, the measurements are correct, but as individuals, they are not reliable. On the other hand, high precision and low accuracy would result in points that are tightly clustered, but consistently offset from the true value — they would agree with each other, but without the truth. The best measurements have high accuracy and high precision, so they all fill a tight cluster around the bullseye. This differentiation emphasizes an important rule: precision is a needed but not adequate situation



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for accuracy. There is no accuracy without reasonable precision: precision does not prevent errors (systematic errors lead results away from the true value). The most trustworthy analytical methods, therefore, attempt to maximize both of these traits, as they work together to underpin measurement reliability.

Quantitative representations of accuracy and precision offer more rigorous frames for assessing measurement quality. Accuracy is often defined in terms of percent recovery (measured value/known value  $\times$  100%), absolute error (difference between the measured value and the true value), or relative error (absolute error/true value, often expressed as a percentage). These metrics enable direct evaluation of how closely measurements approximate reality, with 100% recovery and zero error signifying strong accuracy; Accuracy is usually measured using statistical metrics (e.g. standard deviation, relative standard deviation (i.e. standard deviation divided by mean in the form of a percentage), variance, or range of replicate measurements. Precision is expected in the form of relative standard deviations below a method-specific threshold established by the application requirements and measurement capabilities for the analytical methods. International guidelines, standards and regulatory documents specify the required levels of accuracy and precision for certain analyses, especially in the context of regulated industries including food, pharmaceuticals, and environmental monitoring. The quest for accuracy and precision starts with method development and validation, in which analytical chemists systematically investigate and optimize measurement procedures. The following are some of the common aspects of method validation: selectivity (the freedom from interference), linearity (the proportional response over the concentration range), sensitivity (the ability to detect subtle changes), limit of detection (the lowest concentration that can be detected), limit of



quantification (the lowest concentration that can reliably be quantified), robustness (the insensitivity of the reply to small change in method conditions), ruggedness (the transferability of the method between laboratories or instruments). Importantly, the validation steps also involve rigorous assessment of accuracy against certified reference materials, standard addition methods or comparison with reference methods. Precision is evaluated in parallel through replicate analyses, dividing conditions of repeatability (identical operator, equipment and a short time window), intermediate precision (changes in days, operators or equipment within a laboratory), and reproducibility (interlaboratory conditions). Explanation: This complete confirmation ensures that the performance qualities of the technique are characterized as well as appropriate for designated applications established on showed degrees of exactness and precision. Reference materials are instrumental in achieving and maintaining the accuracy of measurements between laboratories and throughout time. Certified reference materials (CRMs) are materials supplied with certified values supported by a certificate containing the corresponding values for its properties and their associated uncertainties estimated from procedures that typically incorporate multiple methods of measurement and/or inter-laboratory studies. These materials are utilized as calibration standards, quality control samples, and surrogates for method validation. So, the primary standards are highly pure materials with known composition that are used as primary calibration references. Matrix-matched reference materials reflect the substrate of real samples and permit evaluation of potential matrix effects that can affect accuracy. Reference materials are produced, certified, and distributed by specialized organizations, such as NIST in the United States, the Institute for Reference Materials and Measurements (IRMM) in Europe, and other national metrology institutes worldwide. These reference materials provide traceability the continuous chain of comparisons

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that connects measurements to accepted standards which is what underlies measurement accuracy between laboratories, locations, and time frames. For another practice related to accuracy in analytical measurements, you would be trained on Calibration. This is accomplished by establishing a correlation between the instrument response and the concentration of the analyte, generally by analyzing standards of known concentrations that cover the relevant range of interest. This results in a calibration curve or calibration function that enables the conversion of measured responses from the unknown samples into concentration values. Proper calibration is critical for the accuracy of the measurements, and potential sources of error include the use of impure calibration standards, the use of inappropriate calibration models, a lack of coverage of the range of interest, matrix mismatch between the standards and the samples, and drift of the instrument with time. Ongoing checks of calibration status (independent standards), registration of samples bracketing calibration checks, and suitable selection of calibration methods (linear, polynomial, or other functions as justified by the data) are standard processes for ensuring accurate response. In especially important measurements, standard addition strategies where known volumes of analyte are added straight to sample aliquots can help improve accuracy by compensating for matrix effects that are intrinsic to every sample.

Various quality control and quality assurance programs offer systematic approaches to monitor and maintain the accuracy and precision of a measurement in routine operation. They also often involve blank sample analysis to ensure that the analytical system is free from contamination and does not affect the results, duplicates to check on precision, spikes to assess recovery, certified reference materials (CRMs) to monitor accuracy, and

control charts to monitor trends in performance over time. Control charts display the results of quality control over time, and statistical criteria are set up to specify limits for warning and action. These graphics allow method performance trends or shifts to be readily recognized before a serious impact on the quality of patient data occurs. Involvement in proficiency testing programs, in which laboratories test the same sample and compare results, gives external demonstrating of precision of measure and can bring out potential systematic blunders. “They not only guarantee continuous reliability through such comprehensive quality systems, but also provide documentation to demonstrate the quality of the measurements to regulatory authorities, accreditation bodies and data users. Measurement uncertainty offers an elegant framework to express the reliability of analytical results by combining ideas of accuracy and precision in one statement. Uncertainty is the interval in which the true value of a measurement is expected to fall with a certain degree of confidence, usually given as the measured value plus or minus another value, the uncertainty. This approach acknowledges that all measurements, no matter how careful, have some inherent uncertainty regarding their exact correspondence to reality. Uncertainty analysis consists in establishing all the important sources of variability and possible errors, quantifying their contribution when possible, and combining these through statistical rules to assess the overall uncertainty. Sources of variability include calibration of instruments, uncertainty of reference materials, sample heterogeneity, environmental conditions, operator differences, and random effects in the measurement process. The resulting uncertainty statement paints a far fuller picture of measurement quality than simple precision or accuracy metrics could, enabling data users to make informed assessments of the fitness of results for specific applications and the risks of decisions made with

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those results. Technological evolution is still improving analytical measures in the achieved levels of accuracy and precision. Advances in instrument design have enabled higher resolution, greater stability and lower noise across techniques from chromatography, mass spectrometry, spectroscopy and electrochemistry. Digital signal processing enables more advanced filtering and averaging to isolate useful signals from the noise. Advanced calibration methods that leverage multiple spectroscopic information simultaneously (e.g., multivariate calibration) may enhance accuracy in analysis of more complex samples. Corrective & Preventive Action (CAPA): Automation diminishes human mistakes and leads to greater accuracy via standardized sample preparation and processing. Data processing relies on computer algorithms and advanced statistical methods to identify and correct systematic errors. However, despite these technological advancements, certain fundamental concepts around the discipline of measurement, and measurement science also known as metrology, have not altered with time, for every measurement, accuracy and precision are the core parameters to qualify the quality of measurement, no matter how advanced the analytics technology is utilized. In industry, regulation, and research, the economic consequences of measurement accuracy and precision are far-reaching. In the manufacturing domain, analytical methods that are accurate and precise yield narrower production specifications which translates to less waste and consistent quality products. In the case of traded commodities, a correct determination of composition or purity has direct consequence on fair pricing and contract adherence. Within the measure of regulatory compliance, poor measurement, can result in costly false positives (rejecting acceptable materials) and false negatives (non-compliance materials left undetected) Analytical data are used by research institutions and pharmaceutical companies as they make multi-million dollar

investment decisions; any inaccuracy or inexactness in measurement might lead to wasted resources in pursuit of false leads or abandonment of promising avenues, and can be used by others to achieve at the required merit or personal credit levels in fields as academic as a lab setting or as entrepreneurial as a corporation. It is therefore necessary to weigh the economic risks with the costs of attaining high degrees of accuracy and precision, such as those attributable to instrumentation, reference materials, trained personnel, quality systems, etc.

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### Unit 4 Sources of Error in Analytical Measurements

Analytical measurements provide the necessary quantitative data for scientific investigation, enabling drawing meaningful conclusions. But no measurement is perfect; every analytical method is prone to different errors that influence the quality of the results. Scientists and analysts must be aware of these error sources to adequately assess data, design strong experimental protocols, and report values with the right stir of confidence. The types of errors in analytical measurements can be generalized into 3 types: systematic errors (bias), random errors (or precision errors), and gross errors (or blunders). All these error types have different traits, and they need to be identified, minimized, and corrected using different approaches for these systems. Systematic errors or determinate errors cause the measured values to deviate from the true value in a consistent fashion. Such errors lead to biased results and affect the precision of measurements. Systematic errors, on the other hand, cannot be lowered by increasing the number of measurements unlike random errors. Instrumental bias, methodological flaws, environmental factors, and personal bias are common sources of systematic errors. The second example is instrumental bias, which occurs from poorly calibrated or damaged instruments. For example, a balance consistently reading



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0.02 g too heavy would lead to systematically high mass measurements. In the same flavor, an incorrect calibration of a spectrophotometer in terms of the wavelength will always yield absorptions that would be incorrect. Calibration validation of analytical instruments is of vital importance to control these errors. Calibration consists of the following process: Comparing the responses of given instruments with reference standards that have known values; Establishing the correlation between the response of the instrument to that of the true value; Adjust the instrument accordingly. A second important source of systematic error concerns methodological flaws. At this level, the bias may be generated by the analysis itself. This encompasses incomplete extraction of an analyte from a sample matrix, incomplete chemistry, interference from sample components, losses during sample preparation steps such as filtration or transfer between containers, etc. "Method validation is the process of determining the accuracy of an analytical procedure using samples of known composition, which facilitates identification and quantification of these errors. Once identified, methodological errors can often be addressed by altering procedures, implementing blank correction, or the addition of standards to quantitative analysis. Systematic errors can also arise from environmental factors such as temperature, pressure, humidity, and electromagnetic interference. For instance, volumetric glassware is usually calibrated at 20°C use it at significantly different temperatures without taking any appropriate corrections, and you'll likely end up with systematic volumetric errors. Likewise, electronic instruments can drift with changes in temperature or be influenced by electromagnetic fields around them from adjacent equipment. By using controlled laboratory conditions and applying the necessary corrections for environmental variables, these types of errors can be limited. Personal bias is a type of systematic bias that is introduced by the analyst's methodology or judgment. These include some systematic errors in reading of analog scales (such as always reading

between graduation marks on a burette) and parallax errors when judging the liquid height, or subjective discretion when deciding the color change endpoint. Standardized protocols and automation, training, and automation can help reduce personal bias. Random errors, or indeterminate errors, cause measurements to vary while fluctuating randomly about the true value. These errors impact measurement accuracy in the form of indeterminate or stochastic disturbances inherent in the measuring process. Random errors are statistical, and can be minimized by taking a greater number of measurements, unlike systematic ones.

Random errors have many sources: electronic noise in instruments, fluctuations in temperature and humidity of the laboratory, sample handling differences, limitations of measuring devices, etc. For instance, electronic noise in a potentiometer could introduce slight potential variability while pipetting slight differences in technique may lead to systematic errors in volume measurements. The amount of random errors is usually described as statistical parameters like: standard deviation, relative standard deviation or confidence intervals. Analysts can minimize the influence of random mistakes and obtain a more accurate estimate of the true value by raising the number of replicate measurements and applying relevant statistical methods. The central limit theorem of statistics tells us that the mean of the measurements will converge to a normal distribution given enough data points taken, and that the standard error of the mean will decrease proportional to the square root of the number of points. We call such mistakes gross errors, or blunders, as these are significant errors that lead to results miles away from the actual value. These errors are usually caused by human error, equipment cycle failure or unforeseen circumstances. This includes things like misusing a reagent, reading an instrument incorrectly, recording data incorrectly, or computational errors. Gross errors, in contrast to

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systematic and random errors (which are inherent to the measurement process), are preventable and should be eliminated through proper laboratory practice. Finding gross errors usually means sorting through data for outliers those values that jump so far from other measurements in the series. Statistical tests e.g. Dixon's Q-test or Grubbs' test which help decide whether a potential outlier should be rejected according to statistical criteria. Outliers must be reproached were not with a suspect without study as they may to point import phenomena, or problems in the method used to analyze. Apart from these broad categories, a number of particular sources of error are notable in analytical chemistry; Sample-based errors happen during the sampling, storage, and preparation. Such factors include non-representative sampling, contamination of the sample, and degradation of the sample during storage, and matrix effects. As an example, an analysis of a small subset of a heterogenous mixture may not reflect the actual bulk composition of the mixture. There may also be loss of volatile analytes in sample preparation or matrix effects affecting the analytical method. The accuracy of spectroscopic and chromatographic data is dependent on proper sampling techniques, sample preservation, and sample preparation protocols to minimize these errors. Unmetallo errors are the uncertainties in the standards used for calibration (reference material errors). Reference material is never well defined and the uncertainty in its known value propagates to the analytical results. Correct measurements rely on high-quality certified reference materials with reliable uncertainty evaluated. These errors happen while processing the data; they might be as simple as basic arithmetic errors or as complex as errors associated with the algorithms used in the instrumental data processing. Modern analytical instruments typically utilize complex software for data acquisition and processing, adding



potential sources of error during different steps. The most serious pitfalls can be avoided through computational method validation and careful comparisons of calculations. There are several ways to identify and reduce a variety of sources of error. Method validation: the process of systematically evaluating the method performance characteristics - accuracy, precision, selectivity and robustness. This process enables the identification of potential areas of uncertainty and assesses if the method is suitable for intended use. These include the analysis of blank, duplicate, spiked, and control samples with known concentrations, allowing for continued monitoring of method performance and the identification of potential systematic errors. Charts for statistical process control can monitor method performance over time, allowing for early detection of drift or other systematic issues. Consensus values are obtained through interlaboratory comparison studies, in which multiple laboratories analyze exactly the same samples, thereby revealing laboratory-specific biases. Such studies are especially useful for assessing the transferability of a method and for identifying systematic errors that may not be detected in a single laboratory. Error propagation analysis focuses on how the uncertainties in different steps of the measurement process contribute to the uncertainty in the final result. This analysis informs targeted method improvement efforts by identifying the steps that have the largest contribution to total uncertainty. Thus, it is a combination of the theory and practical experience along with critical thinking to learn about these sources of errors and also to avoid these errors at utmost. Analytical chemists must balance accuracy and precision with time, cost and resources. Analysts generate reliable data on which reasonable scientific conclusions and decisions can be made by systematically recognizing, quantifying, and mitigating sources of error;

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**Unit 5 Presentation of Data Using Significant Figures**

Not only is the collection of analytical data valuable, but its presentation as well. Significant figures (or significant digits) are a more universal means that expresses a numerical value to a certain degree of confidence based upon the precision of the means that are used to make the measurement. Significant figures are the number of digits in a measurement that carry meaning regarding its precision. In a number, the significant figures are the digits that carry specific measurement with meaning. These represent all known digits with certainty and one additional digit with a degree of uncertainty. For example, if a mass reads 23.47 g, it means we are confident about the tens, units, tenths and hundredths places, but are somewhat uncertain on the hundredths place (maybe it would be 6 or 8 in place of 7). There are several rules for determining which digits are significant in a number. You are correct that all non-zero digits are always significant. For instance, you must consider all four digits in 1234. Zeros between non-zero digits are also significant. All four digits in 1002 are significant; the zeros sit between nonzero digits. Requiring additional concern is how leading and trailing zeros are treated. Leading zeros (those that come before any other non-zero digit) are only place holders and thus never significant. In 0.0025, for example, only the 2 and the 5 matter; the trailing zeros are only telling the reader where the point is. Trailing zeros (the zeros that follow any non-zero digits) of a number that does not have a decimal point are ambiguous; according to tradition, they are not considered significant unless they are explicitly marked as such. In the case of 1300, for instance, it's not clear if just the 1 and 3 are considered significant or if part of the zeros are significant too. To eliminate this ambiguity,

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scientific notation is used. Scientific notation expresses a number as a coefficient between 1 and 10, multiplied by 10 to an appropriate power. The coefficient includes only the digits that are significant. For instance, 1300 with 3 significant figures would be expressed as  $1.30 \times 10^3$  and 1300 with 4 significant figures would be  $1.300 \times 10^3$ . In this notation, the number of significant figures is made clear. For example, the trailing zeros after the decimal point are significant digits as they represent actual measured values, not placeholders. For example, the number 12.00 has four significant digits because it was measured to the nearest hundredth. When calculating with measured values, the output (result) needs to reflect these limitations of the input data in terms of significant figures. There is a different rule for different mathematical operations. If using multiplication or division, the result should have the same number of significant figures as the measurement with the fewest significant figures. So, for instance, multiplying 3.14 (with three significant figures) by 2.5 (with two significant figures) yields a product that should be reported using only two significant figures, such as 7.9. The full calculation may well produce 7.853589743589648619, but to report this would suggest (false) precision greater than is warranted by the input data. For addition and subtraction, the answer should have as many decimal places as the measurement with the fewest decimal places. Take, for instance, adding 12.52 and 1.7; the second number has just one decimal place, so the answer should have one decimal place too: 14.2. While the precise total is 14.22, reporting the second decimal place would imply precision that does not exist. For logarithmic functions, the mantissa (the decimal part) of the logarithm has a number of significant figures equal to the number of significant figures in the original number. For instance,  $\log(2.50 \times 10^2) = 2.398$ ,



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but since  $2.50 \times 10^2$  has three significant figures,  $\log(2.50 \times 10^2) = 2.40$ . The rounding process is critical when applying rules of significant figures. According to the usual rounding rules, if the digit discarded is less than 5, the last digit kept is unchanged; if the digit discarded is greater than 5, the last digit kept increases by 1; if the digit discarded exactly equals 5 followed only by zeros or contains no digits, the last digit kept rounds up if odd and stays the same if even (the “round to even” rule, which reduces systematic rounding error). In analytical chemistry, the ideas of significant figures are closely tied to uncertainty in measurements. All measurements have a corresponding uncertainty, and significant figures provide a simple way to describe the same. The last digit used indicates an uncertainty of about  $\pm 1$  in that place. For example, when data is reported as 25.1 mL it indicates some uncertainty on the order of  $\pm 0.1$  mL.

Significant figures are used to convey a level of precision, but for more precise conveys of uncertainty the format of the value followed by “ $\pm$ ” and the uncertainty is preferred. Venue-specific Guidance: 25.1  $\pm$  0.2 mL (providing explicit estimates of uncertainty) This gives more information than significant figures alone provides and is preferred for higher precision work. In science writing, significant figures are a form of shorthand for communicating precision of measurement. Many journal guidelines directly address how to report numerical values and breadth of application, including the number of significant figures. Yet even as modern science, deliberately, often insists on stating uncertainties, this is a far fuller provision of information about the quality of measurement. Digital instruments pose particular problems for significant figure conventions. For example, when we say that an electronic balance displays a mass of 25.472 g, we mean that all digits displayed are significant. But this may not always capture the actual potential uncertainty of the measurement,

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which can vary depending on the current calibration state, environmental conditions, and any intrinsic limitations of the instrument. Analysts will need to know the performance limits of their instruments, rather than just trusting the digits displayed. Applying significant figures incorrectly Attribution: NASA Common mistakes along with the significant figures are: Notisaac: Distinct numbers such as counting numbers or defined constants have an infinite amount of significant figures and so do not restrict calculations precision. In fact, as when converting from centimeters to millimeters ( $25.4 \text{ cm} \times 10 \text{ mm/cm} = 254 \text{ mm}$ ), the factor 10 is exact and does not limit the number of significant figures in the answer. Another frequent mistake is to confuse precision with accuracy. A measurement may be very precise (high precision and many significant figures), but due to systematic errors, it can still be far from the true value (low accuracy). Significant figures deal primarily with precision and not accuracy. For tabulated data, uniformity of significant figures adds to the readability. But, in intermediate steps, keep extra digits so rounding error doesn't accumulate, and only apply significant figure rules to the final answer. Summary statistics, extracted from measurements, always need careful consideration of significant figures. More digits than in the measurements themselves could be justified, for example, when calculating the mean from several measurements, provided that the standard deviation is small. On the other hand, a large standard deviation could mean you should be using fewer significant figures. In an era of computerized data analysis, in which most calculations are conducted at a precision of many decimal places, conscious decisions on what precision is appropriate in the final reported results are more important than ever. Even when software displays an abundance of digits, scientists should resist the temptation to report more than justified



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by the measurement process. The idea of significant figures is not limited to laboratory measurements. In environmental monitoring, for example, providing a measured contaminant concentration with the proper significant figures allows an authority to make decisions regarding compliance with standards. Teaching significant figures is a gateway skill in education that leads to students developing their ability to think critically about measurement uncertainty. Becoming aware that there is uncertainty associated with measurements gives students a more nuanced understanding of scientific data, prevents overconfidence and also leads to more realistic expectations. The conventions of significant figures have evolved through the history of measurement science. You have early analytical methods with large uncertainties needed few significant figures, whereas modern instrumental techniques can achieve incredible precision, thus justifying more significant figures. But the underlying philosophy is unchanged: reported precision must honestly represent measurement capability. Better methods of uncertainty analysis, e.g., as discussed in the Guide to the Expression of Uncertainty in Measurement (GUM), are available, framing uncertainty using more sophisticated (statistical) domains than significant figures. These methods account for different sources of uncertainty and how they propagate through calculations. That said, significant figures are a simple, even reasonable way of conducting day-to-day data reporting. Detecting significant digits applying a defined set of strict rules and following them accurately delivers true scientists their answers, stating that the result is imperfect and imprecise as every other figure they say because it is relevant to the whole array of measuring tasks. Although detailed uncertainty analyses are desiderata for high-stakes applications, significant figures remain a useful tool for quotidian scientific communication.

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### MCQs:

**1. Which of the following best defines analytical chemistry?**

- a) Study of atomic structure
- b) Study of chemical reactions
- c) Identification and quantification of substances
- d) Study of the earth's atmosphere

**2. What is the term for the process of selecting a representative portion of a material for analysis?**

- a) Analysis
- b) Sampling
- c) Titration
- d) Filtration

**3. Which of the following is NOT a source of error in analytical measurements?**

- a) Instrumental error
- b) Human error
- c) Temperature error
- d) Random error

**4. What does precision refer to in analytical measurements?**

- a) The closeness of a result to the true value
- b) The spread of results obtained in repeated measurements



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- c) The total amount of error in the measurement
- d) The ability to identify substances

**5. Which principle is used for presenting results in the form of significant figures?**

- a) Conservation of mass
- b) The law of multiple proportions
- c) Significant figures in measurement
- d) Dalton's atomic theory

**6. Accuracy refers to:**

- a) Reproducibility of measurements
- b) The closeness of a measurement to the true value
- c) The number of significant figures in a result
- d) The error in a measurement

**7. The value obtained in an experiment is affected by which factor?**

- a) Only temperature
- b) Only pressure
- c) Both temperature and human factors
- d) Only instrumentation

**8. Which of the following would most affect the accuracy of an experiment?**

- a) Incorrect calibration of the instrument
- b) Use of a standard solution

- c) Proper sample preparation
- d) Use of statistical analysis

**9. What is the importance of significant figures in presenting experimental data?**

- a) To ensure the data fits a theory
- b) To give precision to the measurements
- c) To hide errors in measurement
- d) To enhance readability of data

**10. Which of the following errors can be reduced by using proper calibration?**

- a) Instrumental error
- b) Random error
- c) Human error
- d) Sample error

**Short Questions:**

1. Define analytical chemistry.
2. What is the significance of sampling in analytical chemistry?
3. Explain the difference between accuracy and precision.
4. List common sources of error in analytical chemistry.
5. How are significant figures used in reporting experimental results?
6. What is the role of calibration in analytical measurements?
7. Define systematic error and give an example.

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## Notes

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8. How does random error differ from systematic error?
9. Why is precision important in an analytical experiment?
10. What is the relationship between accuracy and precision?

#### Long Questions:

1. Discuss the interdisciplinary nature of analytical chemistry and how it integrates with other fields.
2. Explain the concept of sampling and its importance in ensuring the reliability of analytical results.
3. How do errors affect the reliability of experimental data? Discuss types of errors and their sources.
4. What are significant figures, and why are they essential in presenting analytical results?
5. Explain how to minimize systematic and random errors in analytical chemistry.
6. Discuss the importance of accuracy and precision in scientific research.
7. Define calibration in analytical measurements and explain how it ensures accurate results.
8. What methods can be used to handle errors in the measurement process?
9. Explain the relationship between measurement uncertainty and significant figures.
10. How does the use of proper instrumentation affect the quality of analytical data?

## MODULE 2

### ANALYSIS OF SOIL AND WATER

#### Objective:

- To understand the composition and properties of soil.
- To introduce complex metric titration techniques for analyzing soil.
- To learn the techniques for analyzing water quality, including pH and oxygen levels.

#### Analysis of Soil and Water

#### Unit 6 Analysis of Soil

Soils are the very basis of terrestrial life, nurturing plants by supplying nutrients and a physical substrate for their growth, and offering an abode for innumerable microorganisms, many of which are key players in ecosystem processes. Soil chemistry and function in the soil matrix are critical to the productivity of any ecosystem, driving agricultural outputs, environmental quality, and biogeochemical recovery. Soil is a complex material with both physical and chemical properties.

#### Composition of Soil

Soil is a mix of minerals, organic matter, water, air, and living organisms that support life, including plant life and ecological duties. Soil composition also varies greatly based on geographic area due to climate, parent material, topography, biological activity and time. Knowledge of soil composition is critical in the assessment of soil fertility, agricultural practices, and environmental challenges.

#### Mineral Components

The mineral part of soil equals to about 45-50% of soil volume and it is derived from the weathering of parent rocks. These minerals differ in size and structure and this gives them different effects on



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soil properties; Sand grains are mostly quartz ( $\text{SiO}_2$ ) and feldspars (0.05-2.0 mm). They are large, creating spaces for water to drain and air to move, but with little surface area to hold nutrients. The dry periods lead to leaching of nutrients from sandy soils and drought stress. Sandy soils in spring warm quickly. Silt particles (0.002-0.05 mm) are an intermediate size fraction, with better water retention and nutrient-holding capacity compared to sand. These small particles are usually made up of quartz and different types of aluminosilicate minerals and contribute to soil fertility if present in balanced proportions. Clay (particles less than 0.002 mm) are minute, tabular sub-structures with a large surface area that help shape the chemical reactions in soil. Look, clays are negatively charged on their surfaces, which means they can attract retain positively charged nutrients (cations), including calcium ( $\text{Ca}^{2+}$ ), magnesium ( $\text{Mg}^{2+}$ ), potassium ( $\text{K}^+$ ), and ammonium ( $\text{NH}_4^+$ ). Kaolinite, illite, montmorillonite, and vermiculite are common clay minerals, and they have different structure and cation exchange capacity. Soil texture is a basic soil characteristic that controls water infiltration, drainage, aeration, nutrient retention, and workability, and is determined by the relative proportions of sand, silt, and clay. Soil textures are usually represented on the USDA soil texture triangle, where soils are classified into twelve textural classes, according to the distribution of soil particles based on size.

### **Organic Components**

Soil organic matter (SOM) occupies about 2-10% of the soil volume in mineral soils but individuals as the biological engine of soil fertility and functioning of the ecosystem. SOM includes living microorganisms, fresh organic matter, active decomposition products, and stable humus compounds that

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do not decompose any further. SOM is composed of a stable fraction called humus characterized by an array of covalent carbon-rich polymeric compounds created by microbial degradation and subsequent transformation events of organic residues. Humic substances are classified into humic acid, fulvic acid, and humin, based on their molecular weight, functional groups and solubility properties. These complex organic molecules play vital roles in soil structure, nutrient cycling, and contaminant retention. The biotic portion of SOM consists of a wide range of microorganisms (bacteria, fungi, protozoa, and nematodes) and macroorganisms (earthworms, arthropods and small mammals) which are involved in organic matter decomposition, nutrient cycling and soil structure formation. While microbial biomass only makes up a small fraction of total soil mass, it acts as an active nutrient store and driver of biochemical transformations taking place in soil.

### Soil Pore Space

The other 50% of soil volume is pore spaces that contain either water or air, depending on the moisture conditions of the soil. This pore network governs some key soil functions, such as:

- Water retention and movement, impacting plant water availability, nutrient transport and hydrological processes  
Gaseous exchange needed for root respiration and aerobic microbial processes  
Habitat space for soil organisms  
Root penetration and exploration
- The size distribution of the pores plays an important role in carrying out these functions, with macropores ( $>0.08$  mm) better for drainage and aeration, mesopores ( $0.03$ - $0.08$  mm) being more suitable for plant-available water retention while micropores ( $<0.002$  mm)



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- Metal ion size and charge: Greater ionic charge and smaller ionic radius tend to enhance chelate stability.
- Properties of the chelating agent: The strength of binding is dependent on the number and type of donor atoms, the size of the chelate rings, and steric factors
- The stability of chelates can be highly dependent upon solution conditions such as pH, ionic strength, temperature and the presence of competing ions.

### Complexometric Titrations

Complexometric titrations are a type of volumetric analysis used to determine the concentration of metal ions in a solution by forming stable, water-soluble complexes with a chelating agent. The most commonly used chelating agent in these titrations is ethylenediaminetetraacetic acid (EDTA), which can bind to metal ions in a 1:1 ratio, forming strong and stable coordination complexes. One of the most significant applications of complexometric titrations is in the determination of water hardness, where the concentration of calcium ( $\text{Ca}^{2+}$ ) and magnesium ( $\text{Mg}^{2+}$ ) ions is measured using EDTA. The process involves adding an indicator, such as Eriochrome Black T, which changes color to signal the endpoint of the titration. This method is also widely used in industrial applications, environmental monitoring, and quality control of water and food products. In addition to determining hardness, complexometric titrations are used for the quantitative estimation of metal ions such as iron ( $\text{Fe}^{2+}$  and  $\text{Fe}^{3+}$ ), copper ( $\text{Cu}^{2+}$ ), zinc ( $\text{Zn}^{2+}$ ), lead ( $\text{Pb}^{2+}$ ), and aluminum ( $\text{Al}^{3+}$ ) in different samples. By adjusting the pH and using selective masking agents, the technique can differentiate between different metal ions present in a mixture.

### Chelation

Chelation is a chemical process in which a ligand (chelating agent) forms multiple coordinate bonds with a metal ion, effectively “trapping” it in a stable complex. This process is crucial in soil and water analysis, as it allows scientists to extract and measure metal ions with high accuracy. In soil analysis, chelation is used to determine the presence of essential nutrients such as iron ( $\text{Fe}^{2+}$ ), manganese ( $\text{Mn}^{2+}$ ), copper ( $\text{Cu}^{2+}$ ), zinc ( $\text{Zn}^{2+}$ ), and magnesium ( $\text{Mg}^{2+}$ ). These metals are required for plant growth, and their availability in soil influences agricultural productivity. Chelating agents like EDTA help in assessing soil fertility and the bioavailability of these micronutrients. Additionally, chelation is used to detect and quantify toxic heavy metals such as lead ( $\text{Pb}^{2+}$ ), cadmium ( $\text{Cd}^{2+}$ ), and mercury ( $\text{Hg}^{2+}$ ), which can contaminate soil due to industrial waste and pollution. In water analysis, chelation is widely used for monitoring water quality and contamination levels. One of the most common applications is the determination of water hardness, which is caused by the presence of calcium and magnesium ions. By using EDTA as a chelating agent in a titration process, the concentration of these ions can be accurately measured. Chelation is also essential for detecting heavy metal pollution in water sources, including rivers, lakes, and groundwater. The presence of toxic metals such as lead, mercury, and chromium can pose serious health risks, and chelation-based analysis helps ensure compliance with environmental and drinking water standards. Overall, chelating agents play a crucial role in environmental monitoring and resource management by providing a reliable method for analyzing soil fertility and detecting harmful contaminants in water.

### **Concept of pH and pH measurement**

#### **Wide pH range stability**

## **Analysis of Soil and Water**



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**Can complex virtually all metal cations, except alkali metals**

The formation of metal-EDTA complexes is highly pH-dependent as both EDTA protonation and metal hydrolysis are pH dependent. Metal ion complexation by EDTA is thus affected by the pH of the solution: at low pH, EDTA's donor groups may be protonated, decreasing EDTA's complexing power, while at high pH, formation of metal hydroxides may take precedence over EDTA's complexation.  $K'$  is a conditional stability constant that is defined to account for these pH effects:  $K' = K \times \alpha_Y \times \alpha_M$  Where  $K$  is the absolute stability constant,  $\alpha_Y$  is the fraction of the EDTA in the fully deprotonated form and  $\alpha_M$  is the fraction of the metal in the free ionic form. The disodium salt (Na, H, Y•2H, O) of the EDTA is used for analytical applications, which is soluble in water. EDTA solutions are usually standardized against primary standards of calcium carbonate or zinc metal.

**DCTA (1, 2-Diaminocyclohexanetetraacetic Acid)**

Like EDTA, DCTA has four carboxylate and two nitrogen donor groups but features a cyclohexane ring providing increased conformational rigidity. This change in structure yields:

- Many metal complexes have higher stability constants than EDTA.
- Selective for specific metals to a greater degree
- Novel pH-dependency profile for binding complex formation
- DCTA is used in the determination of calcium and magnesium in the presence of interfering ions.
- CDTA (trans-1,2-Diaminocyclohexane-N,N,N',N'-tetraacetic Acid)

CDTA contains a cyclohexane ring with trans-oriented amino groups, which gives the chelate a flexible, but still rigid character, similar to the DCTA. This configuration offers:

- Stability constants ICD:1860100 (really high for many of the transition metals)
- Enhanced selectivity in complex matrices
- Because there are many interferons' that can be present in environmental samples, CDTA is very useful for metals that need to be analyzed when there are multiple interferons.

### **Diethylenetriaminepentaacetic Acid (DTPA)**

DTPA has an extra nitrogen donor and carboxyl ate group compared to EDTA structure and acts as a octadentate ligand. Its features include:

- More complete encapsulation of metal ions due to higher denticity
- Tighter binding for large metal ions
- Increased selectivity for some elements such as rare earth metals

Therefore, in soil analyses DTPA (inM DTPA/triethanolamine/calcium chloride) is used as an extractant for determining plant-available micronutrients rather than a titrant.

### **NTA (Nitrilotriacetic Acid)**

As a tetra dentate ligand with three carboxyl ate groups and one nitrogen donor, NTA forms less stable complexes than its relative EDTA, yet has advantages such as:

- Faster complexation kinetics

## **Analysis of Soil and Water**





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- Diverse selectivity profiles
- Biodegrades better compared to EDTA

Although NTA is used less frequently as a titrant, it has significant applications in selective extractions and as a masking reagent for certain determinations.

#### Chelating Agents

Complexometric titrations use ligands that have multiple donor groups that can coordinate with metal ions. Commonly used chelating agents for soil analysis include:

One such chemical is EDTA (Ethylenediaminetetraacetic Acid)

The most widely used and popular chelating agent in soil analysis and analytical chemistry in general is EDTA. This ligand forms 1:1 complexes with most metal ions due to its four carboxylate and two nitrogen atoms acting as coordinating sites for metals in a hexadentate fashion.

Structural characteristics of EDTA that enhance its analytical utility incorporate:

- Several dedicant groups supply strong metal binding (usually make five 5-membered chelate rings)
- Water soluble (high) (as sodium salt)

#### Use of Indicators

In complex metric titrations, completion of target metal ion complexation is parametrically determined via visual or instrumental detection of the endpoint. The most widely used method for soil analysis are metallochromic indicators.

#### Metallochromic Indicators

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The organic dyes interact with metal ions forming colored complexes, where the color of metal-indicator complex is different from that of free indicator. How it works is:

- Which a colored complex (In) formed with metal ion (M):  

$$M + In \rightleftharpoons MIn$$
- At titration, the chelating agent (Y) binds the metal ions preferentially because of its higher stability constant:  $MIn + Y \rightleftharpoons MY + In$
- When free metal ions run out at the endpoint, the chelating agent starts to kick metal off the indicator complex, resulting in a color change.

The main metallochromic indicator characteristics are:

- A colored metal-indicator complex is formed
- Stability constant of metal-indicator complex (11)
- Metal-indicator complex: Wine red
- Endpoint: Vertically balanced virulent transition from wine-red to pure blue

EBT works in the pH range 8-10, usually maintained by ammonia-ammonium chloride buffer. Limitations include:

- Progressive degradation in solution, need to prepare fresh
- Inhibition due to copper, manganese and other transition metals

### Calmagite

Calmagite serves as an alternative indicator for calcium and magnesium determinations, similar in structure to EBT but with better stability in solution:



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- Free indicator: Blue (alkaline conditions)
- Metal-indicator complex: Red
- Target: Transitioning from red to blue
- Pros: Longer shelf-life in solution form, slightly higher sensitivity in some sample matrices.

#### Murexide

Especially valuable for calcium quantification in the top of magnesium, Murexide displays notable color changes:

- Indicator free: Purple ( $\text{pH} > 11$ )
- Calcium-indicator complex: Pink
- Color Change: Pink to purple

Murexide operates best at  $\text{pH} > 11$  (commonly with NaOH); at such pH, only calcium is determined, since magnesium hydroxide precipitates. In a new study, a PAN (1-(2-Pyridylazo)-2-naphthol) was synthesized and modified with Titania by grafting method.

For transition metal determinations, PAN gives very colored complexes with many metals:

- Free indicator: Yellow
- Metal-indicator complex: Red to violet (varies with metal)
- Boundary Condition: Change to yellow

PAN operates over a broad pH range and displays high sensitivity, thus it is a powerful agent in trace metal measurements.

#### Instrumental Endpoint Detection

In addition to visual cues, instrumental approaches offer objective endpoint detection and often improve sensitivity:

- **Potentiometric detection:** The metal ion activity was monitored during titration using ion-selective electrodes (especially calcium-selective electrodes), and the inflection point in the titration curve was used to identify the endpoint.
- **Non-invasive detection:** Spectrophotometric monitoring of the absorption of the metal-indicator complex or measuring the metal-EDTA complex directly gives a perfect detection at the end point (although suitable for automatic systems).
- **Conduct metric detection:** Measurement of the conductivity of the solution developed during the titration. The only possible endpoint is based on the mobility changes when the excess free metal ions are complexed.

## **Analysis of Soil and Water**

Given that soil extracts can be colored, instrumental approaches are particularly useful for soil analysis purposes when a more accurate measurement is desired, especially for research purposes.

### **Determination of pH of soil samples**

Soil pH measurement is the simplest routine analysis in soil science and is an important information for agriculture, environmental assessments and research applications. A few basic steps in the procedure are implemented to obtain reproducible results.

### **Soil pH Determination: Standard Procedure**

Typical steps of soil pH determination are:

- Materials and Methods Sample Collection and Preparation
- Collect representative soil samples following established sampling protocols, often including multiple subsamples from the area of interest.
- Two samples were air-dried at room temperature to terminate biological processes and to standardize moisture conditions.



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Do not oven dry because high temperatures may change some soil chemical properties.

- To remove visible plant debris, stones and other non-soil materials.
- Gently crush soil aggregates (do not grind mineral particles) and pass through a 2 mm sieve to obtain the fine earth fraction for analysis.
- Before sub sampling for analysis, homogeneously mix the sieved soil.

#### Suspension Preparation

Place a known mass of prepared soil into an appropriate container (usually 10-20 g). The volume of the selected solution must then be added in order to reach the soil: solution ratio sought. Common approaches include:

- 1:1 soil: water ratio (i.e. 10 g soil + 10 mL water)
- Soil: Water ratio (e.g., 10 g soil + 25 mL water) o 1:2.5
- 1:5 soil: solution ratio (i.e., 10 g soil + 50 mL solution)
- For measuring pH of salt solutions: Prepare suspensions using
- 0.01 M CaCl<sub>2</sub> solution (represents soil solution ionic strength)
- 1 M KCl solution (indicates possible acidity through replacement of exchangeable hydrogen and aluminum)
- Vortex the suspension, usually by mechanical shaking for 5-30 minutes.

Let the suspension equilibrate for a specific time (typically 30–60 min.), stirring occasionally (to ensure contact between soil particles and solution).

## Measurement with pH Meter

- pH Calibration the pH meter with certified buffer solutions within the expected pH range of soil samples. Common buffers are pH 4.01, pH 7.00, pH 10.01.
- Use a stable quality control sample of known pH to verify the accuracy of the calibration.
- A homogenous soil suspension is ensured by stirring before taking the measurement.
- Insert the electrode into the upper part of the settled suspension or supernatant, ingest soil without contacting settled soil particles when possible.
- After few minutes, allow the reading to stabilize (usually 30-60 seconds) and then record the pH value to the nearest 0.1 unit.
- Wash the electrode with distilled water between samples and periodically check calibration with many samples.

## Reading the Soil pH Report

Soil pH measurements must be interpreted in analytical context and in the short- and long-term agricultural or environmental implications thereof: To process and track relevant changes in soil pH requires a sufficient degree of precision and accuracy. Method context: Different measurement methods lead to systemtically different values for the same soil:

- $\text{pH}(\text{H}_2\text{O}) > \text{pH}(\text{CaCl}_2) > \text{pH}(\text{KCl})$ ; difference of 0.5-1.0 units
- Report the method used without exception

## Agricultural interpretation:

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- pH 7.5: Alkaline, possible micronutrient deficiencies, suggests calcareous soil

### Environmental interpretation:

- Make sure that the pH is appropriate for your system.
- Microbial community diversity and composition are affected by pH
- Biogeochemical cycling process affected by pH

pH determination, as part of a full soil analysis, should always be complemented by other analyses like buffered pH (for lime requirement determination), electrical conductivity (for salinity) and specific ion concentrations.

### Estimation of Calcium and Magnesium ions as Calcium carbonate by complex metric titration

For the same reason, the amount of calcium and magnesium is an important characteristic in soil fertility, because the divalent cation is responsible for many properties of the soil, such as structure, pH buffering, and nutrient availability. Direct complex metric titration with EDTA has been developed as a reliable and low-cost method to measure these elements in soil extracts, with some studies reporting the results to give results in calcium carbonate equivalent for agricultural purposes.

### Principles and Chemistry

The complex metric determination of calcium and magnesium relies on the formation of stable 1:1 complexes with EDTA at alkaline pH. The general reactions can be represented as:



Where  $H, Y^{2-}$  represents the partially deprotonated form of EDTA predominant at the titration pH.

The procedure typically involves:

1. Sequential determination:

- Total hardness ( $Ca^{2+} + Mg^{2+}$ ) by titration at pH 10
- Calcium alone by titration at pH 12-13 (where magnesium precipitates as  $Mg(OH)_2$ )
- Magnesium calculated by difference

2. Direct titration using metallochromic indicators:

- Eriochrome Black T for total hardness
- Murexide or calcein for calcium alone

3. Back-titration approaches for colored or turbid samples:

- Addition of excess standardized EDTA
- Back-titration of unused EDTA with standard magnesium or zinc solution

### **Detailed Procedure for Soil Analysis**

The determination of calcium and magnesium in soil typically follows these sequential steps:

### **Extraction of Exchangeable Cations**

1. Prepare extraction solution based on analytical purpose:

- 1 M ammonium acetate (pH 7.0) for exchangeable cations
- 0.5 M acetic acid for available nutrients

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- 1 M potassium chloride for exchangeable calcium and magnesium
2. Combine soil with extractant (typically 5 g soil with 50 mL extractant) and shake for 30-60 minutes.
  3. Filter the suspension through filter paper, collecting the clear extract for analysis.
  4. For calcareous soils containing calcium carbonate, acid dissolution may be performed to determine total calcium content.

#### Total Hardness Determination

1. Pipette an aliquot of soil extract (typically 5-25 mL depending on expected concentration) into a conical flask.
2. Dilute to approximately 50 mL with distilled water.
3. Add 5 mL of ammonia-ammonium chloride buffer (pH 10) to establish optimal conditions for the indicator and complexation.
4. Add 2-3 drops of Eriochrome Black T indicator, producing a wine-red color in the presence of calcium or magnesium.
5. Titrate with standardized EDTA solution (typically 0.01 M) until the color changes sharply from wine-red to pure blue, indicating complete complexation of calcium and magnesium.
6. Record the volume (V ) of EDTA consumed.

#### Calcium Determination

1. Pipette a fresh aliquot of soil extract into a clean conical flask.
2. Dilute to approximately 50 mL with distilled water.
3. Add 2 mL of 4 M sodium hydroxide solution to raise pH above 12, causing magnesium to precipitate as  $\text{Mg}(\text{OH})_2$ .
4. Add 30-50 mg of murexide indicator (solid or freshly prepared solution).
5. Titrate immediately with the same standardized EDTA solution until the color changes from pink to purple-violet.
6. Record the volume ( $V_1$ ) of EDTA consumed.

## Analysis of Soil and Water

### Calculations

1. Calculate calcium concentration:  $[\text{Ca}^{2+}] \text{ (meq/L)} = V_1 \times M \times 1000 / V_{\text{aliquot}}$  where M is the molarity of EDTA solution and  $V_{\text{aliquot}}$  is the volume of soil extract used
2. Calculate magnesium concentration (by difference):  $[\text{Mg}^{2+}] \text{ (meq/L)} = (V_2 - V_1) \times M \times 1000 / V_{\text{aliquot}}$
3. Convert to mg/L if desired:  $[\text{Ca}^{2+}] \text{ (mg/L)} = [\text{Ca}^{2+}] \text{ (meq/L)} \times 20.04$   
 $[\text{Mg}^{2+}] \text{ (mg/L)} = [\text{Mg}^{2+}] \text{ (meq/L)} \times 12.15$
4. Express as calcium carbonate equivalent if required:  $\text{CaCO}_3 \text{ equivalent (mg/L)} = ([\text{Ca}^{2+}] + [\text{Mg}^{2+}])$

### Unit 7 Analysis of Water

Water is best described as the universal solvent due to the fact that it dissolves more substances than any other liquid. It designates the purest water it is possible to define as such, and explains the innumerable processes that make it possible to sample, purify and analyze it. Knowledge of water quality is essential for public health,



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environmental protection, and sustainable management of water resources.

#### Definition of Pure Water

Theoretical pure water is the simplest molecular substance purely made up of hydrogen and oxygen atoms with a 2:1 ratio: the chemical formula is  $H_2O$  for pure water molecules, even theoretically pure water would not contain anything else but water. But that kind of purity is impossible because water is such a powerful solvent. Even “pure water” of laboratory grade still has trace amounts of dissolved gases and other substances. Depending on the context, pure water is rather a more practical and regulative definition adhering to its specific quality standards. For example, potable water quality is defined by health regulatory agencies such as the World Health Organization (WHO) and Environmental Protection Agency (EPA), which set maximum contaminant levels (MCLs) for several chemicals. These standards are meant to ensure that water will not harm human beings, not to achieve chemical purity. Physically, unadulterated water is a colorless, flavorless, odorless fluid at normal temperature and weight. Its freezing point and boiling point are at  $0^{\circ}C$  ( $32^{\circ}F$ ) and  $100^{\circ}C$  ( $212^{\circ}F$ ), respectively, at sea level. An anomalous property of water is that it achieves maximum density at  $4^{\circ}C$  ( $39.2^{\circ}F$ ), so ice floats atop water, insulating the liquid underneath and allowing aquatic life to survive during freezing temperatures. Pure water has a neutral pH of 7.0 at  $25^{\circ}C$ , reflecting an equal ratio of hydrogen ions ( $H^+$ ) and hydroxide ions ( $OH^-$ ). This neutrality is a hallmark of an important reference point in acid-base chemistry. Natural waters generally have ionic concentrations in the millimolar or micromolar range of various components, leading to specific electrical conductivities ranging from 100 to 200  $\mu S/cm$ , while pure water has even lower conductivity, specifically 0.055  $\mu S/cm$  at  $25^{\circ}C$ . However, pure water has low conductivity because it lacks

dissolved ions to carry on electrical current. Many grades of water purity are known in laboratory and industrial affairs, such as Type I (ultrapure), Type II (pure), and Type III (laboratory) water. The highest standard of water is ultrapure water that is capable of having a resistivity at 25°C up to 18.2 MΩ•cm, and low to negligible levels of organic and inorganic impurities, and therefore is used for sensitive analytical procedure and pharmaceutical applications.

## **Analysis of Soil and Water**

### **Sources responsible for contaminating water**

Water pollution originates from an extensive variety of sources, both natural and anthropogenic, that introduce materials that change the physical, chemical or biological characteristics of water. The knowledge on these contamination sources is crucial to enact adequate water quality management strategies to safeguard public health. Natural water polluters include geological formations that in turn contain minerals and elements including arsenic, fluoride, iron, and manganese. As groundwater moves through these formations, it can dissolve such substances, which can find their way into water supplies. Sulfur compounds as well as heavy metals might leach into water bodies through volcanic activity. Another source is natural organic matter derived from the decay of plant material and animal waste, which can also color and taste water and affect its odor and precursors to disinfection byproducts within the water during treatment, in which chlorine or other disinfectants are employed. Agricultural practices are an important anthropogenic source of water contamination. When fertilizers, both mineral and organic, that are rich in nitrogen and phosphorus are used, limited periods of nutrient runoff into surface water lead to nutrient enrichment and eutrophication, a process of excessive biomass and algal growth, where algal blooms which produce chlorophyll grow rapidly in aquatic systems and consume oxygen, resulting in many poorly or even anoxically functioning bodies of water with



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subsequent damage to water ecosystems. These pesticides and herbicides used on growing crops can also find their way into surface water and groundwater, contaminating drinking water with persistent organic pollutants that cannot be eliminated by traditional water treatment processes. Animal farming includes operations where the animals generate waste that contains pathogens, hormones and antibiotics that can reach nearby water bodies through runoff or leaching. Industrial effluents with heavy metals, organic chemicals, solvents, and other pollutants are a major cause of water/emerging pollutants through discharging industrial processes. Particularly major contributors are the mining, metals processing, paper mill and petrochemical industries. Even when regulated, accidental leaks and historical pollution from industrial sites remain a major source of water quality problems in many countries. Urbanization adds diverse pollutants to water systems. Pollutants like oil, grease, heavy metals and manner of pollutants are sent directly from pavement surfaces through storm water runoff into water bodies. Household wastewater contains detergents, pharmaceuticals, personal care products, and pathogens that can inundate treatment facilities during heavy rain and causing sewage flooding. Unlawful dumping of common household hazardous waste paints, solvents and batteries can contaminate groundwater. Another major source of water pollution comes from landfills. Leachate a liquid containing dissolved and suspended matter from the waste forms when precipitation percolates through the waste. In older facilities, the absence of landfill liners leads to leachate that can pollute groundwater with a variety of organic and inorganic substances, including volatile organic compounds (VOCs), heavy metals, and persistent organic pollutants if the liners fail. Water pollution also occurs via

## **Analysis of Soil and Water**

atmospheric deposition wherein pollutants, transported through the atmosphere from upstream sources such as industrial emissions or automotive exhaust, settle on lakes, rivers and watersheds during rain. It is responsible for the acidification of lakes and streams in regions downwind from industrial centers and the distribution of persistent organic pollutants around the world, even in remote areas. One key global health challenge facing water supplies is microbial contamination by human and animal waste. Pathogens like bacteria, viruses and protozoa can enter water through sewage overflows, malfunctioning septic systems or animal waste runoff. This type of contamination is a major problem in underdeveloped regions where sanitation infrastructure is lacking and is a leading cause of outbreaks of waterborne diseases. Emerging contaminants are new threats to water quality. Chemicals such as pharmaceuticals, endocrine-disrupting compounds, microplastics, and nanomaterials, as well as per- and polyfluoroalkyl substances (PFAS). Many traditional water treatment methods were not developed to eliminate these chemicals, which are being found with growing frequency in water supplies around the world. Little is known about their long-term health and ecological impacts, and research on them is ongoing and raising concerns. Climate change makes water contamination worse in many different ways. Higher temperatures can speed up chemical reactions as well as biological processes in water bodies, which may increase the toxicity of some pollutants. In addition, by inundating wastewater infrastructure, more frequent and extreme precipitation events can create conditions for combined sewer overflows, which allow untreated sewage to be discharged directly into receiving waters. With shrinking water bodies, droughts can also concentrate toxins; sea-level rise threatens coastal aquifers with saltwater intrusion.



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### **Water Sampling Methods**

Water sampling is the central first step in the evaluation of water quality, forming the basis for all subsequent analyses and interpretations. Realistic detection of target parameters in any water sample rests on the adequacy of the sampling methodologies employed, which necessarily require selection of appropriate sampling methodologies that most closely represent the water body being studied. Grab sampling (also known as spot or discrete sampling) is the practice of collecting water at a given location and time point. This approach gives a contemporary overview of water quality status delineates the momentary condition of water, and works well for checking conformity with standards as per rules, inquiry of effluents or perception of static water bodies. Grab samples can be taken by hand using bottles, bailers or special sampling equipment. Grab sampling is relatively simple to implement, but can result in missing temporal differences in water quality, particularly in dynamic systems that are impacted by variability in inputs (including pulsed or intermittent inputs) or environmental conditions. To overcome this limitation, composite sampling is used, wherein a composite is made by taking multiple samples over a period in time or region in space. Time-composite samples are formed by combining an aliquot size of water taken at regular time intervals over a known time period to create an average value of water quality at a point in time. This approach is useful for characterizing wastewater discharges, industrial effluents, or surface waters where diurnal variations are well-established. Flow-proportional composite sampling attempts to improve upon this method by changing the volume of each aliquot served based upon flow rate, ensuring that periods of higher flow contribute to the final composite in proportion to their flow. This approach is especially crucial when estimating pollutant loads for systems with variable flow, such as storm water runoff or effluent from a



wastewater treatment facility. Depth-integrated sampling is required to characterize the elements of a water body with vertical stratification like lakes, reservoirs and oceans. This acquisition technique is designed to collect water at different depths of the water column as discrete samples, or as a continuous sample that is collected by raising or lowering the sampling device at a constant rate. Dedicated samplers such as Kemmerer bottles, Van Dorn samplers, or integrated depth samplers are used to collect the samples. The analysis of these samples provides mean values for the physical/chemical parameters at various depths, which can be significant in large mass water bodies, e.g. due to thermal stratification, light penetration, or density changes. The adoption of automated sampling has been a game changer for water quality monitoring, allowing for near continuous data collection without the need for on-site personnel. These devices can be set to periodically collect samples at specified intervals or in response to specific conditions like changes in level of water, flow or analytics of water quality. These systems are usually made up of a pump, distribution system, sample containers, and programmable controller. Automated samplers have obvious advantages in regards to temporal resolution and event capture, but they require regular maintenance, can be destroyed by vandals or wildlife when deployed in remote areas and may introduce biases into the sample due to sample degradation during storage.

Passive sampling provides an alternative that does not rely on power or mechanical components. Passive samplers exploit principles of diffusion, adsorption, or absorption to integrate analytes in water over long deployment times (days to months). These include semi permeable membrane devices for hydrophobic organic compounds, diffusive gradients in thin films for metals and polar organic chemical integrative samplers for polar organic contaminants. These devices yield time-weighted

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average concentrations and can detect compounds that may be at parts per billion and lower concentrations that could be eluted by grab sampling. Passive samplers must be calibrated, are influenced by environmental conditions such as temperature and water velocity, and are unable to provide information on short-term fluctuations or peaks. Biological sampling is complemented by physical and chemical sampling, which evaluates the quality of the water based on its direct interactions with living organisms. These could be samples of benthic macro invertebrates, fish, algae, or microbiological samples. The presence, abundance, and health of some species or communities indicate water quality and specific aspects of ecosystem health; these indicators can reveal cumulative or interactive impacts of multiple stressors that may not be detected from chemical metric alone. No matter the sampling method used, the sample handling and preservation should be done properly. It is important to preserve the sample properly to prevent decomposition and contamination by external substances. These can use common preservation methods like refrigeration, acidification, chemical preservatives, filtering, or blocking light. Comprehensive chain-of-custody documentation establishes the integrity of samples from collection, through analysis and reporting. QA/QC are critical components of any water sampling program. C These may include field blank samples, which are used to identify any contamination that may have occurred during the sample collection or transport process, duplicates to determine the precision of sampling, equipment blanks to confirm cleaning procedures, and field spikes to measure analyte recovery. Standardized sampling and sampling instruments, trained field personnel, and regular calibration of sampling equipment also improve data quality and the ability to compare samples. Selection of suitable sampling locations should be made with the study objectives in mind as well as characteristics of the water body, potential contaminant sources and locations, accessibility and

safety considerations. River and stream sampling locations are typically located upstream and downstream of suspected pollution sources, tributary confluences, and other ecologically or recreationally significant areas. In lakes and reservoirs, sampling often occurs horizontally and vertically to represent spatial heterogeneity. Water samples are taken as per hydro geological conditions and groundwater flow directions (Jose et al. 2018), as well as the placement of existing or purpose-drilled monitoring wells as part of groundwater monitoring (Ning et al. 2020). Water sampling capabilities are expanding due to innovative technologies. Continuous real-time monitoring systems containing multi-parameter sondes can measure temperature, pH, dissolved oxygen, turbidity, and electrical conductivity. Remote sensing technologies, such as satellite imagery and drone-based systems, allow extensive evaluation of specific water quality indicators over large landscapes. Environmental DNA (eDNA) sampling captures genetic material that organisms shed, and can provide information regarding the presence of species regardless of direct observation or capture.

### **Water Purification Methods**

Water purification is a multilingual range of processes to make water suitable for human consumption and a variety of industrial applications. These approaches rely on a variety of mechanisms that eliminate contaminants—physical, chemical, and biological—at a range of scales, from home filters to municipal treatment works. Methods of physical purification are based mainly on mechanical processes for the removal of contaminants according to their physical properties. Screening is the simplest type, using mesh or perforated barriers to remove large debris, vegetation and visible particles. Sedimentation uses gravity to

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pull suspended solids from port water in large basins where heavier particles settle to the bottom to form sludge, which can be periodically removed. Commonly employed as a pre-treatment to improve this process are coagulation and flocculation, in which chemicals (aluminum sulfate or ferric chloride) are added to neutralize negative charges on colloids, allowing aggregation into larger aggregates, or flocs that settle more easily and quickly. Filtration builds on these processes, passing the water through a porous media that capture progressively smaller particles. In traditional rapid sand filtration, suspended solids are removed by passing water through layers of sand and gravel, and slow sand filtration is a biological treatment because a biologically active layer (schmutzdecke) forms on the sand surface which assists in removing contaminants. Advanced filtration technologies, such as multimedia filtration, use different constituents (with differing densities and materials) to optimize the contaminant removal at particle sizes. Membrane filtration processes, including microfiltration, ultra filtration, nanofiltration, and reverse osmosis, are a continuum of processes with increasing selectivity, enabling removal of particulates, bacteria, viruses, dissolved organics, and, in some cases, ions. Reverse osmosis, the most selective of these processes, uses pressure to counter osmotic pressure and push water through a semi permeable membrane that keeps out most dissolved substances, including salts. It is commonly used in desalination, and for producing ultrapure water used in pharmaceutical and semiconductor processing. (In chemical purification methods, contaminants are changed through chemical reactions or interactions, for example.) The most common chemical treatment, disinfection, inactivates pathogenic microorganisms by means of oxidising agents or other mechanisms. Chlorination, with chlorine

gas, sodium hypochlorite, or calcium hypochlorite, has been historically the main disinfection of drinking water not only because it is effective and cheap, but also provides residual protection against recontamination. However, while effective at killing pathogenic microorganisms, chlorine can also react with naturally occurring organic matter to generate a class of contaminants called disinfection byproducts (DBPs) including trihalomethanes and halo acetic acids with known human health risks. Other disinfection methods include chloramination, which results in the formation of more stable and less reactive disinfectants by binding chlorine to ammonia; ozonation, which creates the highly reactive and unstable ozone gas that rapidly oxidizes contaminants without forming halogenated disinfection by-products (DBPs); and ultraviolet (UV) irradiation, where microbial genetic material is damaged to avoid reproduction. There are unique advantages and disadvantages in relation to efficacy against various pathogens, byproduct generation, cost, and complexity in operations for each approach. The oxidation processes go beyond disinfection to reach organic substances, taste and odor compounds, and some inorganic species. Potassium permanganate and hydrogen peroxide are oxidants that are often used. These reactions obtain oxidants, catalysts, and energy sources such as UV light or ultrasound to generate highly reactive hydroxyl radicals, referred to as advanced oxidation processes (AOPs). These processes can break down recalcitrant organic contaminants that are resistant to conventional treatment, including pharmaceuticals, pesticides and industrial chemicals. Adsorption uses high surface area and specific affinity adsorbents. (This is correct; activated carbon, which is made by thermally treating carbonaceous materials, removes organic compounds, chlorine, and some

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dissolved gases through surface adsorption. In this method, granular activated carbon (GAC) is used in disposable columns, while powdered activated carbon (PAC) can be directly add in water. The other adsorbents that are being used as adsorbents in the removal of contaminants from water include zeolites, clay minerals, and specialized engineered media that targets specific contaminants such as arsenic or fluoride.

In Ion exchange, synthetic resins replace unwanted ions of water with more desirable. For water softening, sodium-loaded cation exchange resins are used to replace hardness ions (calcium and magnesium) in solution. Nitrate, per chlorate, uranium, and other negatively charged contaminants can be removed using anion exchange resins. The technique combines cation and anion exchange, and removes essentially all ionic species, producing extremely purified water for laboratory and industrial use. Biological purification processes utilize microbial metabolism to degrade pollutants. Well, slow sand filtration also provides biological treatment as mentioned before. Biologically activated carbon combines adsorption with biodegradation, where microorganisms form on the carbon surface and degrade adsorbed organics, prolonging the effective life of the medium. In biological filtration, contaminated water is passed over media (e.g. anthracite, sand, or specialized plastic media) in which biofilm can form as a means of removing contaminants. Wastewater treatment for release into natural waters uses more extensive biological processes. When organic matter is abundant, however, it can rapidly be consumed and microbes accumulate, leading to a decline in the process performance due to limited contact between the microbes and organic matter. The biological nutrient removal process focuses on nitrogen and phosphorous removal using a combination of aerobic, anoxic, and anaerobic

zones that specialty microbial processes, including nitrification, gentrification, and enhanced bio-logical phosphorylation removal. More passive biological treatment systems refer to constructed wetlands and lagoons, which use natural ecosystem processes to purify water. Natural purification techniques allow for the use of environmental processes and materials. In this strategy, river water infiltrates neighboring aquifers and is subsequently pumped for water supply, where natural filtration and biological activity occur in soil and sediment. Constructed wetlands: these technologies are ecological structures that simulate wetland environments to enhance the treatment processes of sedimentation (the removal of suspended solids), filtration (removal of particulates as they pass through media), adsorption (attachment of contaminants onto a substrate), plant uptake, and microbial degradation. 31 Solar water disinfection (SODIS) involves the use of sunlight to induce inactivation of pathogens in clear containers through UV radiation and thermal effects and serves as a simple household treatment option in limited-resource environments. New technologies will further improve our ability to purify water. Forward osmosis uses osmotic pressure gradients instead of hydraulic gradients to permeate water across semi permeable membranes and could thereby reduce energy costs in some applications. Capacitive deionization (CDI) entails the application of an electrical potential across porous carbon electrodes to extract ionic species from water. Photo catalytic processes involve light-activated catalysts (most often titanium dioxide) that produce reactive species which subsequently decompose contaminants. Using nanotechnology-based approaches (i.e., using nano-enhanced membranes, nanoadsorbents, and nanophotocatalysts) provides unique selectivity and efficiency for pollutant removal. Point-of-use solutions are particularly relevant here, as many regions lack centralized household treatment infrastructure. These consist of

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ceramic filters, biosand filters, chlorination products, flocculant disinfectant powders, and a variety of commercial filtration devices. Each comes with varying levels of capability, cost and operating requirements that affect its suitability in particular contexts. Combined integrated water treatment systems integrate a number of processes in series to remove a wide range of contaminants and meet the targeted water quality. Coagulation, flocculation, sedimentation, filtration, and disinfection are standard processes in conventional drinking water treatment. Activated carbon adsorption, ozonation, or membrane filtration processes may be included as needed, depending on source water quality and treatment objectives. System design must consider source water characteristics, treatment goals, regulatory requirements, waste management, energy efficiency, and sustainability.

### **Determination of pH, acidity and alkalinity of a water sample**

pH, acidity and alkalinity are fundamental chemical properties of water that describe the potential for interactions with both natural and engineered systems. These parameters represent the hydrogen ion activity and acid-base neutralization capacity of water and affect everything from aquatic ecosystem viability to water treatment processes and infrastructure stability. The pH value is the negative logarithm (base 10) of hydrogen ion activity, describing the acidic or basic nature of water on a standard scale ranging from 0 to 14, where 7 indicates neutrality at 25 °C (Hoag et al., 2004) and is a basic determinant of water chemistry by impacting chemical equilibria, reaction rates and speciation of dissolved matter (Cameron et al., 2020). The pH controls many biological processes in aquatic ecosystems; the majority of freshwater organisms develop in specific ranges, generally pH 6.5 to 8.5. Extreme deviations outside these ranges can be stressful or fatal to sensitive species, and can change an ecosystem's structure and function. The conventional method



for determining pH is electrochemical measurement using a pH meter which is accurate, rapid, and convenient. In this technique, there is a combination electrode consisting of a sensing electrode (usually glass membrane) and a reference electrode. The physical sensor, the sensing electrode, generates an electrical potential that is dependent on hydrogen ion activity, which is measured against the stable potential found in the reference electrode. Contemporary pH meters automatically translate this potential difference into pH units and correct for the effects of temperature on electrode performance, as well as on the pH scale per se. Accurate pH measurements reliably require careful calibration, using standard pH buffer solutions of known pH (where two or more standard pH buffers are used to bracket the expected sample pH). Examples of common buffer systems are potassium hydrogen phthalate (pH 4.01), potassium dihydrogen phosphate/disodium hydrogen phosphate (pH 7.00), and sodium tetraborate (pH 9.18). Quality measurement practices include allowing adequate equilibration time, gentle stirring without creating vortices that may entrain atmospheric carbon dioxide, and regular maintenance of the electrodes to ensure proper function. Colorimetric methods are alternative techniques for measuring pH that are used in field applications or wherever electronic instrumentation is otherwise unavailable. These techniques rely on acid-base indicators — compounds that change color at certain pH values as a result of structural changes in their molecules. Means of pH measurement for flat surfaces pH indicator papers soaked in mixtures of indicators give accurate readings of pH by comparing the color with standardized indicators. Liquid indicators such as phenol red, bromthymol blue, or universal indicator solutions can be added to specific volumes of water for visual observation. These methods are less precise than electrochemical approaches, but

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they are simpler and also require little equipment. Acidity determination measures a water sample's ability to neutralize bases, which is in part related to dissolved carbon dioxide, mineral acids, hydrolyzable metals, and organic acids. A common distinction is made between two types of acidity; Strong acid or mineral acidity is defined as protons provided by strong inorganic acids and some metal ions at pH less than 4.5 and weak acid or total acidity includes additional contribution from weak acids, particularly carbonic acid, which is measured to an endpoint of pH 8.3. The usual approach to evaluate the acidity is through titration in which a known concentration base, usually sodium hydroxide (NaOH), is added in measured intervals to a precise volume of water sample until a particular endpoint is reached. For mineral acidity, visual endpoint indicators are methyl orange and bromcresol green, which change around the color pH of about 4.5. For the determination of total acidity, phenolphthalein is used, as it changes from colorless to pink at pH 8.3. By knowing the volume of base needed to get to the endpoint, and by knowing the concentration of the calcium carbonate ( $\text{CaCO}_3$ ) alone, it is possible to calculate the acidity, which is usually expressed as milligrams per liter (mg/L) as  $\text{CaCO}_3$  equivalent.

Potentiometric titration is a good alternative that does not rely on observing the solution color (used in a visual titration), but continuously monitors the pH level during the addition of the base. This method allows the accurate specification of equivalence points and therefore will indicate the presence of multiple acid components when the indicators are observed as inflection points in a titration curve. This is especially useful for colored or turbid samples where visual cues may be hard to see. Measure of Water Sample's Capacity To Neutralize Acids Alkalinity is the measure of a water sample's capacity to neutralize acids; it primarily reflects the concentration of bicarbonate, carbonate, and hydroxide ions in the sample, but it can also be influenced by smaller concentrations of borates,

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phosphates, silicates, and some organic bases. This parameter gives an indication of the buffering or resistive capacity of a water body to resist the pH changes associated with the addition of acids a crucial parameter critical to maintaining the status of aquatic ecosystems and on the design of processes in water treatment. As for acidity, alkalinity is usually measured by means of a titration with a standard acid solution, typically hydrochloric acid (HCl) or sulfuric acid ( $H_2SO_4$ ). Two major endpoints need to be identified during the titration that corresponds to two different alkalinity components (1) Phenolphthalein alkalinity measured at pH 8.3, or hydroxide alkalinity +  $1/2$  carbonate alkalinity; (2) Total alkalinity measured at pH 4.5, includes all alkalinity components. Combining the contribution of pH data with these gives the distribution of hydroxide, carbonate, and bicarbonate alkalinity (the difference between these values). Gran titration is a more advanced method for determining alkalinity, which solves problems with poorly defined endpoints when analyzing waters with high color or low alkalinity. This procedure examines the linear segment of the titration curve following the equivalence point and extrapolate back to determine the actual equivalence point to a fine accuracy. The emergence of digital titrators and autotitrators has eliminated complexities associated with measuring alkalinity in the lab or the field, enhancing accuracy while minimizing operator variance. Chemical equilibria control the relationship between pH, acidity, and alkalinity, especially the carbonate system in natural waters. Atmospheric exchange and biological processes pump carbon dioxide into water, where it interacts to form carbonic acid that partially dissociates to bicarbonate and carbonate ions, depending on pH. Independent pH Buffering System This system provides inherent buffering that inhibits the change in pH within specific ranges. These relationships are necessary for interpreting water quality data,



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and predicting how water bodies will respond to acidic or basic inputs. Some of these parameters have far-reaching environmental and practical impacts. When it comes to drinking water treatment, pH adjustment is important for proper coagulation, disinfection and corrosion control. Low pH or alkalinity can contribute to the corrosion of water distribution systems and leach metals, such as lead and copper, into drinking water. An elevated pH can impair disinfection and lead to scale formation both in pipes and heating systems. Short Answer: In the treatment of wastewater, alkalinity is needed for biological workings, especially nitrification, which alkalinity is consumed during when oxidizing ammonia to nitrate. pH and alkalinity reflect the properties of watersheds and possible pollution for natural waters. Waters from limestone-dominated stream watersheds tend to have greater alkalinity and pH than those from granite or other non-fossiliferous rock dominated streams. Acid rain, mine drainage, and some industrial effluents can lower pH and alkalinity and injure aquatic organisms. Some agricultural practices and wastewater discharges can raise alkalinity and pH. These long-term records of these parameters help identify trends that may indicate changes within the watershed or potential water quality issues.

#### **Determination of dissolved oxygen (DO) of a water sample**

Dissolved oxygen (DO) is one of the most important parameters in water quality monitoring, indicating water's capacity to support aquatic organisms and a crucial variable affecting an array of biogeochemical processes. Factors such as temperature, atmospheric pressure, salinity, organic matter content, and biological activity, affect the concentration of dissolved oxygen in the water. Four Dimensions of Water Quality Dissolved Oxygen<sup>2026</sup> In freshwater bodies, the availability of oxygen is a determining factor in what can live in any given biome. Minimum DO values for duration essential for survival are between 4-5 mg/L for most fish and higher

for cold-water species like trout where 7 mg/L concentrations are typically required for long term survival. Benthic macro invertebrates are differing in their tolerances to low oxygen, so the composition of the benthos within a given stream reach may also act as a long-term indicator of oxygen bioavailability. When dissolved oxygen (DO) drops below 2 mg/L and hypoxic conditions develop, most aquatic organisms react with strong stress response, and prolonged hypoxic conditions can completely modify ecosystem structure and functioning. Dissolved oxygen also regulates lots of chemical processes in water, indirectly affecting biology. It affects the oxidation state and bioavailability of metals, including iron, manganese and several trace elements. Redox-sensitive nutrients such as nitrogen and phosphorus are subjected to heterogeneous transformations (e.g., aerobic and anaerobic processes) dependent on oxygen concentrations, which will impact their cycling and ultimate fates in aquatic systems. Under anaerobic conditions, decomposition processes can produce hydrogen sulfide, methane and other reduced compounds that contribute to undesirable smells and toxic water quality. Numerous analytical methods have been developed widely for the determination of DO, each protocol featuring several advantages and limitations. Since its description in 1888, the Winkler titration method is the reference standard. This method consists of adding manganese (II) sulfate, followed by alkaline potassium iodide to a water sample. The dissolved oxygen oxidizes manganese (II) to higher oxidation states which further oxidizes iodide to iodine in acidic solutions. The liberated iodine is titrated with a standard solution of sodium thiosulfate, using starch indicator near the end-point to enhance the visibility of the titration. The volume of thiosulfate that is needed is directly proportional to the amount of oxygen found in the sample. Where many of these interferences for different water classes are corrected, it is done by means of slight variations of the pure

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Winkler method. Azide modification removes interferences from nitrite that can oxidize iodide and cause DO overestimation. The permanganate modification avoids these interferences from ferrous iron, sulfite and organic matter by a preliminary step of oxidation with potassium permanganate. Alum flocculation modification facilitates sample cleanup of the highly turbid samples by removing suspended material that can consume iodide or potentially interfere with endpoint detection. Titration has largely been replaced for routine DO measurement, in part due to the convenience and versatility of electrochemical methods that allow real-time, in-situ measurement.

Polar graphic sensors (Clark-type electrodes) are made up of a gold (or platinum) cathode and a silver anode separated by an oxygen-permeable membrane from the sample. When a polarizing voltage is applied, oxygen that diffuses through the membrane is reduced at the cathode, producing a current that is proportionate to the concentration of the oxygen presented. These sensors all need their membranes to be replaced on a regular basis, and to ensure sufficient flow of the sample across the membrane so as not to deplete the oxygen, but also need correcting for temperature, salinity and atmospheric pressure. Optical DO sensors are a newer technology that works on a model of luminescence quenching. These sensors carry a luminophore a substance that, when stimulated by light of a certain wavelength, gives off light of longer wavelengths. In oxygen, this luminescence is quenched, and the extent of this quenching is proportional to oxygen concentration. The lack of consumable components, lower maintenance demand, and increased stability in harsh conditions are driving the use of optical sensors in continuous monitoring applications, even though they are generally more expensive to install in comparison to a polarographic sensor. Field measurement of DO should be performed carefully to minimize sources of error. In an effort to

avoid biological consumption of oxygen or diffusion with the atmosphere, samples should be analyzed immediately after collection. If analysis cannot be performed immediately, samples are chemically preserved (for Winkler method) or kept in airtight full containers, without air bubbles. Regular calibration with air saturated water, or the water saturated air method, or Winkler titration, should be performed on electronic instruments. Because oxygen solubility is strongly influenced by temperature, with cold water holding more dissolved oxygen than warm water, all DO calculations must be compensated for temperature. Temporal and spatial gradients of dissolved oxygen concentrations contain important information about ecosystem functioning. In productive waters, diurnal (daily) cycles of oxygen are common, with concentrations increasing through the day due to photosynthesis and decreasing at night due to respiration continuing without photosynthesis. The scale of these variations reflects the equilibrium between primary production and ecosystem respiration. Lakes and reservoirs have vertical profiles of oxygen that may show stratifications later in the season, where bottom waters (hypolimnion) can become depleted due to decomposition pathways and limited atmospheric O<sub>2</sub> replenishment during summer stratification. Dissolved oxygen (DO) is only one of two measures of aquatic oxygen availability; the second is oxygen saturation, which is the percentage of the maximum possible oxygen concentration given the temperature and pressure, and this provides context for interpreting DO results. Values outside the equilibrium, and greater than 100%, indicate super saturation, and can occur from rapid photosynthesis or physical processes such as dam spillways entraining air. Undersaturation (severely impaired waters, direct aeration could be an alternative for rehabilitation by mechanical systems such as surface aerators, diffused air systems or oxygen injection. In summary, dissolved oxygen is a key parameter in assessing water quality, affecting

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the ecological health, chemical processes, and management decisions in a wide variety of aquatic environments. Well based measurement and its intelligent interpretation provide fundamental knowledge regarding ecosystem functioning and human effects on water resources. Anthropogenic pressures intensify the changes caused by climate change on aquatic systems worldwide, yet our understanding of and efforts to monitor dissolved oxygen dynamics receive little attention compared to other physical–biogeochemical factors, despite key contributions of oxygen dynamics to sustainable water resource management.

**MCQs:**

**1. What is the primary component of soil?**

- a) Air
- b) Water
- c) Organic matter
- d) Minerals

**2. Which of the following is an example of a chelating agent?**

- a) Sodium chloride
- b) EDTA
- c) Nitric acid
- d) Sulfuric acid

**3. How is pH of soil typically measured?**

- a) By titration
- b) Using a pH meter
- c) By visual inspection

d) Using chromatography

**4. Which ions are determined in soil through complexometric titration?**

- a) Sodium and Potassium
- b) Calcium and Magnesium
- c) Chlorine and Sulphur
- d) Nitrogen and Phosphorus

**5. Which method is used to purify water?**

- a) Filtration
- b) Chromatography
- c) Distillation
- d) Precipitation

**6. What is the primary source of contamination in natural water bodies?**

- a) Organic pollutants
- b) Industrial discharge
- c) Rainfall
- d) Both a and b

**7. What is dissolved oxygen important for?**

- a) Supporting aquatic life
- b) Determining the water's pH
- c) Measuring water hardness
- d) Purifying water

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## Notes

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**8. What is the unit typically used to measure pH?**

- a) Grams per liter
- b) Moles per liter
- c) Dimensionless
- d) Centimeters

**9. Which of the following is a common method for determining acidity of water?**

- a) Titration with NaOH
- b) Measuring the turbidity
- c) Spectrophotometry
- d) Membrane filtration

**10. What does the process of chelation help in soil analysis?**

- a) Improving soil texture
- b) Removing toxic metals
- c) Enhancing soil pH
- d) Increasing water retention

#### **Short Questions:**

1. Define the composition of soil.
2. What is the significance of pH in soil analysis?
3. Explain the role of chelating agents in complexometric titration.
4. What is the method used to determine the presence of calcium and magnesium ions in soil?
5. What is the definition of pure water?

6. Name two common water purification methods.
7. How is the pH of water measured?
8. What are the main sources of water contamination?
9. Explain how the dissolved oxygen content affects water quality.
10. Describe the methods used for water sampling.

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### **Long Questions:**

1. Discuss the process of complexometric titration and its application in soil analysis.
2. Explain the importance of determining pH in soil and water samples.
3. Describe different methods of water purification and their advantages and disadvantages.
4. Explain the role of dissolved oxygen in aquatic ecosystems and its measurement.
5. How can contamination in water bodies be controlled, and what are its environmental impacts?
6. Describe the concept of chelation and its use in environmental chemistry.
7. What are the various methods used to determine the acidity and alkalinity of water?
8. Discuss the significance of water quality analysis in maintaining environmental health.
9. How is the determination of calcium and magnesium ions helpful in soil quality assessment?
10. Explain the significance of water sampling techniques in accurate water quality analysis.



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**MODULE 3**

**ANALYSIS OF FOOD PRODUCTS**

**Objective:**

- To introduce the concept of food analysis and its significance in determining the nutritional value.
- To understand food processing, preservation, and adulteration techniques.
- To identify common adulterants in food products and how they can be detected.
- To analyze preservatives and coloring agents in food items.

**Unit 8 Analysis of Food Products**

Food analysis is a diverse discipline that uses analytical chemistry, biochemistry, microbiology and sensory analysis to describe the composition, quality, safety and authenticity of foodstuffs. Food analysis is crucial for food manufacturers, regulatory authorities, researchers, and consumers. This in-depth assessment assists in ensuring that food products adhere to quality standards, align with regulatory requirements, and fulfill consumer expectations. Various methods of analysis can be used in food analysis, including classical wet chemistry techniques and modern instrumental techniques. The chemical analysis is the messenger, which provides you the status of all the essential components of food proteins, carbohydrates, lipids, vitamins, minerals and moisture content. The physical analysis looks at things such as texture, viscosity, density, and color. Microbiological analysis detects and quantifies microorganisms that can work against the safety and life of the food product. Thanks to modern instrumental techniques, food analysis is now more accurate, more rapid and more complete than ever. Chromatographic methods such as high-performance liquid

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chromatography (HPLC), gas chromatography (GC), and thin-layer chromatography (TLC) are used to separate and identify a complex mixture of individual compounds from food matrices. Ultraviolet-visible (UV-Vis) spectroscopy, infrared (IR) spectroscopy, nuclear magnetic resonance (NMR) spectroscopy, etc., describing the information for food molecules. Mass spectrometry allows for extremely sensitive detection of trace compounds, contaminants, and adulterants. A fundamental food composition procedure is proximate analysis, which measures the content of the dominant components: moisture, ash (mineral content), crude protein, crude fat, crude fiber, and carbohydrates (usually calculated by difference). This analysis delivers a foundational nutritional profile and a point of departure for the detailed investigations to follow. Moisture content measurement is vital since it influences the stability of food, the potential for microbial growth, and the textural characteristics. Ash content represents the total mineral content, whereas individual mineral analyses describe specific elements, such as iron, calcium, sodium, and potassium. Protein analysis is usually based on the Kjeldahl method that quantifies total nitrogen content by conversion to protein based upon a factor ratio (typically 6.25, but varies by food type). Biuret method, Lowry method and Bradford assay are alternative methods with also specific applications and sensitivity ranges.

Soxhlet extraction is commonly used for fat analysis, but alternative rapid techniques, such as the Gerber method, or instrumental methods, such as nuclear magnetic resonance, are available. Sugars, starches and dietary fibres; carbohydrates analysis Colorimetric methods, HPLC, or enzymatic assays are commonly used for simple sugars analysis. Starch is usually hydrolyzed to glucose which then is determined by traditional methods, and dietary fiber is determined by the enzymatic–gravimetric method simulating human digestion. Micronutrient analysis is equally important as macronutrient analysis



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is important for nutritional labeling and quality assurance. Methods of analyzing vitamins differ based on whether the vitamin is water, fat, or other types of soluble, with HPLC frequently used for a range of water-soluble vitamins and fat-soluble vitamins needing to be extracted prior to analysis. Minerals are commonly assayed via atomic absorption spectroscopy (AAS), inductively coupled plasma (ICP) techniques, or colorimetric methods for specific elements. Another important element food safety analysis, which involves identifying, isolating, and quantifying possible hazards. Tests include checks for pesticide residues, residues of veterinary drugs, natural toxins, heavy metals and microbial contaminants. These advances in analytical chemistry have also brought about the capability to test for these compounds at lower and lower concentrations, allowing for more stringent food safety regulations. With increasing fears of food fraud, the market for authenticity testing has grown. DNA-based methods, isotope ratio analysis, and metabolomic profiling are examples of successful techniques to authenticate the origin, processing methods, and authenticity of premium foods (e.g., olive oil, honey, wine, and seafood). New food analysis technologies are constantly emerging, including biosensors, electronic noses, portable analytical devices to perform analysis in situ, and hyperspectral imaging. In addition, more chemometric approaches and artificial intelligence applications are used to optimize the interpretation of complex analytical data, extract significant patterns, and construct predictive models of quality and authenticity of foods.

#### **The Nutritional Value of Foods**

Food nutrition is the ability of food to supply enough nutrients required for health and normal growth and development. These nutrients fall into macronutrients (proteins, carbohydrates, and

lipids) and micronutrients (vitamins and minerals), with different roles in human metabolism and health maintenance. Proteins are the basic building blocks of our body and are made of amino acids are joined together by peptide bonds. They are the fundamental building blocks of cells and tissues. Protein quality is defined by the composition of the amino acids, specifically the essentials that cannot be synthesized in the human body . Animal-derived foods like meat, eggs, and milk are good sources of complete proteins, which means they contain all essential amino acids in the limits required by the human body. Legumes, grains, nuts and seeds contain plant proteins that may be low in one or more essential amino acids, but then come together to complement each other when you eat them in combinations. Widely used standardized measures of protein quality in foods, include the protein sequential digestibility-corrected amino acid score (PDCAS) and more recently, the digestible indispensable amino acid score (DIAAS). Carbohydrates are the main energy source in most diets, providing 4 calories per gram. They include a broad array of compounds, from simple sugars (monosaccharides and disaccharides) to complex polysaccharides such as starch and dietary fiber. The glycemic index (GI) and glycemic load (GL) are indicators of the impact on blood glucose of foods containing carbohydrates. Foods with a low glycemic index, such as whole grains, legumes and most fruits, slowly raise blood glucose levels; whereas high glycemic index foods, like refined grains and sugary foods, rapidly do so. Dietary fiber, a non-digestible carbohydrate, supports gut health, regulates blood glucose and cholesterol levels, and aids satiety. Examples of fiber-rich foods are whole grains, legumes, fruits, vegetables, nuts, and seeds. Lipids are high-energy macromolecules, providing 9 calories/gram of energy, and are crucial for structural and regulatory roles. Dietary fats are categorized based on their fatty acid profile as saturated,

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monounsaturated, and polyunsaturated fats. Saturated fats which are mainly present in animal foods and tropical oils have been correlated with heightened cardiovascular risk if ingested in excessive amounts. Monounsaturated fats, which are found in olive oil, avocados and some nuts, have cardio protective effects. Essential fatty acids such as omega-3 and omega-6 belong to polyunsaturated fats, which must be obtained through diet. Omega-3 fatty acids from fatty fish, flaxseed and walnuts have anti-inflammatory properties and support brain health. Trans fatty acids, formed when vegetable oils undergo hydrogenation for the purpose of producing margarine and hydrogenated vegetable fats, raise cholesterol levels and increase the risk of cardiovascular disease; consequently, many countries have regulated or banned them. Vitamins are organic molecules that are needed in small amounts for normal physical function. Water-soluble vitamins are the B complex (thiamine, riboflavin, niacin, pyridoxine, folate, cobalamin, pantothenic acid, and biotin) and vitamin C; they usually act as coenzymes in metabolic reactions and should be ingested on a regular basis because they are not retained for long periods of time in the organism. Fat-soluble vitamins (A, D, E, and K) can be stored in adipose tissue and the liver and require dietary fat for absorption. Vitamin A promotes vision, immune function, and cellular differentiation; vitamin D is involved in the regulation of calcium homeostasis and bone health; vitamin E functions as an antioxidant; and vitamin K is required for blood clotting and bone metabolism. Lack of certain vitamins causes typical diseases such as scurvy (vitamin C deficiency), beriberi (thiamine deficiency), pellagra (niacin deficiency), and rickets (vitamin D deficiency).

Minerals are also inorganic elements necessary for different physiological functions. Macrominerals are those needed in large amounts: calcium, phosphorus, magnesium, sodium, potassium, and chloride. Microminerals or trace elements are required in low

amounts, such as iron, zinc, copper, iodine, selenium, and manganese. Calcium and phosphorus are integral to bone structure; iron is necessary for oxygen transport in hemoglobin; zinc is a cofactor in hundreds of enzymatic re-actions; and iodine is necessary for thy-roid hormone production. Specific mineral deficiencies result in health problems like iron-deficiency anemia (Fe), iodine deficiency disorders (I), and osteoporosis (calcium deficiency). Water is not a nutrient, strictly speaking, but it is essential to life, and accounts for approximately 60% of the human body. It is a solvent for biochemical reactions, a medium for transport and regulates temperature and is a structural component of cells. Basic hydration is a boon for maintaining physiological functions, and mere age, physical activity, climate, as well as conditions of health status diverge the minimal need of replenishment. In addition to these classical nutrients, foods are a source of many bioactive compounds with the potential to contribute to health. Plant foods contain phytochemicals, which include carotenoids, flavonoids, phytoestrogens, and glucosinolates, all of which are bioactive with antioxidant, anti-inflammatory, and anticancer properties. Probiotics are live microorganisms that provide health benefits when taken in sufficient quantities, especially for gut health. Prebiotics are defined as non-digestible food ingredients that promote the growth or activity of beneficial microorganisms in the intestine. Nutritional density is how much nutrient there is in food per calorie it contains. Nutrient-dense foods are those that deliver significant amounts of vitamins, minerals and other nutrients with relatively few calories. This includes vegetables, fruits, whole grains, legumes, lean proteins and low-fat dairy products. In contrast, energy-dense foods that are high in added sugars, refined carbohydrates or unhealthy fats provide calories with minimal nutrients. Dietary patterns capture complex relationships between foods and nutrients. Rich in fruits,

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vegetables, whole grains, olive oil, and moderate amounts of fish and wine, the Mediterranean diet has been linked with lower risk of cardiovascular disease, some types of cancer, and neurodegenerative disorders. Likewise, the Dietary Approaches to Stop Hypertension (DASH) diet focuses on fruits, vegetables, whole grains, lean proteins and low-fat dairy, while decreasing sodium, and has been shown to lower blood pressure.

**Unit 9 Idea about Food Processing**

Food processing refers to all steps involved in the transformation of raw agricultural commodities into consumable food products, and encompasses a wide range of physical, chemical, and biological & industrial processes. Nurtured through time, it has transformed from rudimentary methods of preservation into a complex industrial process that contributes to food safety, shelf-life extension, palatability, and convenience. Grasping food processing is foundational for tackling the pressing issues of global food security, nutrition, and sustainable food systems today. Food processing has come a long way since prehistoric times when humans realized certain treatments (drying, smoking, salting, and fermentation) could store food for relatively longer periods. These conventional techniques provided the basis for contemporary food processing technologies that were widely adopted during the Industrial Revolution and continued to accelerate throughout the 20th century as scientific and engineering achievements proliferated. Food processing today is a continuum from minimally (washed and packaged) to highly (ready-to-eat meal, snack foods and reconstituted) products. At this stage, raw agricultural goods are transformed into foodstuffs which are either ready for further processing or ready to be consumed. These are cleaning, grading, dehulling, milling and extraction operations performed on grains, oilseeds, fruits, and vegetables. Primary processing operations

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include the milling of wheat into flour, oil extraction from oilseeds and the processing of sugarcane to sugar crystals. They usually retain the most nutritional value of the raw materials, while they get rid of inedible or unwanted components. Secondary processing involves more complex operations that turn food commodities into ingredients or finished products. Secondary processing of raw food materials involves techniques such as mixing, forming, cooking, baking, extrusion, fermentation, etc. A good example of this level is making bread: mixing flour with other substances, allowing yeast to ferment, baking it. Similarly, dairy processing transforms raw milk into pasteurized milk, cheese, yogurt, and butter via several physical and biological changes. Thermal processing methods are a cornerstone of food manufacturing. Thermal treatments such as pasteurization, sterilization, blanching and cooking deactivate microorganisms and enzymes that cause spoilage, as well as change the physical and chemical properties of food. Ultra-high temperature (UHT) processing allows dairy products to be stored at ambient conditions, and commercial sterility of packaged foods is achieved via thermal processing, e.g. canning. On the other hand, thermal processes might cause losses of nutrients, especially heat-sensitive vitamins, and generate adverse compounds such as acryl amide in starchy foods exposed to high-temperature cooking processes. Alternatives that reduce the unwanted effects of heat treatment are non-thermal processing technologies. Techniques such as high-pressure processing (HPP), pulsed electric fields (PEF), cold plasma, and also irradiation can inactivate microorganisms while more effectively maintaining nutritional and sensory properties. Solar drying techniques are being used more often instead for fresh and minimally processed foods since their natural characteristics need to be kept as much as possible.

Fermentation is one of the oldest and most significant forms of food processing, in which microorganisms are used to convert raw



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materials into food products with improved stability, nutritional and sensory properties. Lactic acid fermentation produces yogurt, cheese, sauerkraut and kimchi; alcoholic fermentation wine, beer and spirits; and acetic acid fermentation vinegar. Fermentation can not only preserve food but also increase its bioavailability of nutrients, produce bioactive compounds, and generate unique flavors that are important to culinary traditions around the world. Single-screw extruder for cereals, snacks, and textured vegetable proteins. The process includes mixing, cooking, and forming, all occurring continuously with high temperature and pressure, resulting in products with novel texture and shape characteristics. Extrusion technology has also opened doors for the way in which opinion leaders consume on-the-go convenience foods and novel plant-based animal alternatives. Food formulation science blends diverse ingredients to deliver an expected functionality, stability, and sensory properties. Foreign Material A description of a material other than the required product. Ingredients The ingredients can be divided into (I) major ingredients, (II) minor ingredients, and (III) food additives; major ingredients are those that provide the main mass of the product, minor ingredients provide specific functional properties, and food additives provide technological or sensory characteristics. Proteins, carbohydrates, and lipids tend to determine many structural and textural properties and hydrocolloids (e.g. starches, gums, and proteins) serve as thickeners, stabilizers, and gelling agents. Food additives have a technological role in both processing and storage. Preservatives prevent microbial growth and oxidation; emulsifiers stabilize oil-in-water mixtures; acidity regulators modify pH; antioxidants prevent rancidity, and colorants improve visual appeal. Additives are subject to rigorous safety assessments before they can be used. However, consumer demand in favor of products with few, or no, additives, and “clean label” additives made from natural sources, is growing. Processing can

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have quite a variable effect on the micronutrient content of food depending on the food in question and type of processing. While some processes can lead to a reduction of specific nutrients (as is the case in the treatment of water-soluble vitamins during blanching), others may even increase the nutritional value. For example, heat treatment of tomatoes enhances lycopene bioavailability, and fermentation can increase protein digestibility and vitamin levels. Such fortification and enrichment adding nutrients to food products target specific nutritional deficiencies in populations, such as iodine in salt to prevent goiter or iron and folate in flour to prevent anemia and neural tube defects. Food packaging is a critical component of processing as it not only provides protection and containment, but also information and convenience. The polymer industry offers various types of packaging materials such as glass, metal, paper or several polymers with different barrier, mechanical and environmental functionalities. MAP (modified atmosphere packaging) and active packaging technologies help enhance shelf-life by modifying the gaseous environment around food and encapsulating active compounds that act by removing oxygen or excreting antimicrobials. Food quality assurance includes systematic approaches to instill confidence that food products meet established specifications regarding safety, composition, and sensory attributes. They also describe safety plans to monitor and prevent contamination (Hazard Analysis Critical Control Point (HACCP)) at points in the process where contamination can occur. Statistical process control tracks variability of processing parameters; sensory evaluation investigates consumer sensitivity to food attributes. Sophisticated analytical approaches chromatography, spectroscopy, and molecular techniques assure compositional



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specifications and inspect for contaminants. Emerging technologies and changing consumer preferences are shaping the future of food processing. 3D food printing can provide personalized nutrition and unique textures, nanotechnology can improve transport of bioactive compounds, while digitalization enabled by Internet of Things (IoT) and artificial intelligence can enhance processing efficiency. At the same time, consumers are demanding more minimally processed, “natural” foods with clean labels, fueling innovation in milder preservation technologies and in plant-based alternatives to animal products.

**Unit 10 Food Preservation and Food Adulteration**

Preservation of food and prevention of food adulterations have been of paramount importance for food safety, quality, and accessibility across the ages. These fields, which continue to transform through advancing technology, scientific understanding, and regulatory frameworks for protecting human health and economic interests, are active domain development and research articles. Food preservation is a broad term that refers to a wide range of methods used to keep food for longer periods of time by preventing the growth of bacteria, termering, and fungi as well as delaying the oxidation of fat in food. Basic preservation technologies rely on regulation of temperature, moisture, oxygen, pH, and the addition of preservatives. Sensible choosing and employing of these plans rely on a detailed characteristics of the food, the required service life, quality concern and consumer preferences. Among those, thermal preservation methods are still one of the most common strategies. High-temperature treatment methods like pasteurization and sterilization: Inactivate microorganisms and enzymes via protein denaturation and other cellular injuries. Pasteurization, a mild heat treatment (e.g., 72 °C for 15 s in HTST pasteurization of milk) commonly used for liquids (e.g., milk and fruit juices), kills the pathogens but retains most sensory and nutritional characteristics.

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Commercial sterilization, carried out using canning processes at temperatures above 100°C, destroys all reproducing life forms (specifically, all fungi, bacteria, and end spores) that can reproduce at ambient temperature, therefore allowing storage of such products at ambient temperatures for extended time frames. A brief heat treatment known as blanching denatures enzymes in fruits and vegetables before freezing or other methods of preservation, preventing quality degradation during storage. Low-temperature preservation — refrigeration and freezing — slows metabolic reactions and microbial growth with less thermal energy. Refrigeration (0-7°C) increases the shelf life of highly perishable goods from days to weeks, by reducing microbial growth and enzymatic reactions. Freezing (typically -18°C or below) turns water into ice, removing it from circulation to the benefit of microbial growth, at the same time significantly decreasing the kinetics of reactions. Although freezing is an excellent method of preserving most of the nutritional aspects of food, it can alter the texture of many foods, especially those with a cellular structure like fruits and vegetables, by forming ice crystals. Techniques for flash freezing that limit ice crystal formation minimize these effects. One of the oldest preservation methods, dehydration, increases shelf life by extracting water, resulting in an increased osmotic pressure and reduced water activity ( $a_w$ ) (typically  $<0.6 a_w$ ), below the level that can sustain microbial growth. Sun drying, which is still utilized for a few commodities, has been largely replaced by controllable drying techniques such as hot air drying, spray drying, freeze drying, and osmotic dehydration. Another drying method, freeze drying (lyophilization), involves the removal of water as ice by sublimation at vacuum conditions and results in better preservation of structural integrity and nutritional quality but results into higher costs. Dried fruits like dried apricot, apple etc. and some other bakery products have intermediate moisture between 0.6 and 0.85 wherein our good friend's humectants like glycerol



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or sorbitol are used to lock up water between molecules yet keep palatability to the consumer. Substances that afford preservation by several means that inhibit microbial growth are known as chemical preservative. Organic acids (e.g., acetic lactic, benzoic, and sorbic acids and their respective salt forms) have wide application for their antimicrobial effects with specificity for yeasts and molds. These compounds are most effective when in an undissociated form (which is capable of permeating microbe cell membranes) in acidic environments. Nitrites and nitrates from cured meat products inhibit *Clostridium botulinum* growth and develop indicative color and flavor. However, due to potential nitrosamine formation, its usage levels have decreased and alternatives have been explored. Sulfites are applied to combat enzymatic and non-enzymatic browning one hand and microbial growth on the other hand and are widely used for dried fruits, wine, and some vegetable products, but poses health risks for sulfite-sensitive individuals.

Fermentation is a biopreservation method that uses the controlled growth of beneficial microorganisms to produce compounds (most often organic acids, alcohols, and bacteriocins) that target spoilage and pathogenic microbes. This ancient method converts fresher ingredients into goods with unique tastes and longer shelf lives, including yogurt, cheese, sauerkraut, kimchi, wine and beer. Today, many applications use selected starter cultures in order to achieve reproducible results and desired properties. Interest in the use of naturally occurring preservatives, especially the bacteriocins, antimicrobial peptides synthesized by particular bacteria, has been fostering. Both modified atmosphere packaging (MAP) and controlled atmosphere storage (CAS) change the gaseous environment around food in order to slow deterioration. Common adjustments are: lowered oxygen levels to limit oxidation and aerobic microbial growth, increased carbon dioxide levels for antimicrobial properties, and controlled ethylene levels to delay ripening of



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respiratory (climacteric) fruit. These technologies are applied to fresh produce, meat, bakery products, etc., mainly combined with refrigeration to create a synergistic preservation effect. Food irradiation, or treating food with ionizing radiation (gamma rays, X-rays, or electron beams), inactivates microorganisms and insects through DNA damage with reduced thermal effects. When applied at appropriate doses, irradiation is effective in reducing pathogen loads, extending shelf life and controlling insect infestation. Even though there are extensive safety validations for these, consumer acceptance remains limited due to misconceptions about radioactivity and potential quality impacts in many regions. Radura symbol used for irradiated foods, the use of which is required by law in many states. Emerging non-thermal preservation technologies are also able to achieve microbial inactivation with less detrimental effects on food quality attributes. High-pressure processing (HPP) can be used to treat packaged foods, subjecting them to pressures in the range of 300-600 MPa, which disrupts the cellular structure of microbes but generally preserves the food's sensory and nutritional properties. Pulsed electric field (PEF) processing is a technique where short, high-voltage pulses are applied to stimulate and compromise cell membrane integrity. This consists of reactive species created upon food surfaces and exerting its antimicrobial effect. Some food categories are now commercially using these technologies, such as juices, ready-to-eat meats, and seafood. Food Adulteration means introducing or adding all those ingredients to the food which are not safe but increase its quantity or avoiding the use of the best ingredients. Such deceptive practices fall under the category of food fraud, eroding consumer trust and endangering public health. Adulteration can be either direct (foreign substances are added), indirect (valuable constituents are removed) or concealed (enhancing of appearance to cover the defect). The discovery of egregious





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adulteration in the past, including the use of dangerous substances such as lead compounds to color candy or the watering down of milk with water and chalk in the 19th century, led to the development of early food regulations. These days, adulteration is more subversive, most commonly involving the replacement of more costly ingredients with inexpensive ones that can be hard to identify through standard inspection. Examples include the adulteration of extra virgin olive oil with less expensive vegetable oils, the stretching of ground meat products with plant proteins, and the replacement of high-value fish species with lower-value substitutes.

High-value food commodities are especially susceptible to economically motivated adulteration. Honey might be cut with corn syrup or sugar syrups; spices like saffron and vanilla could be watered down with similar-looking materials; and dairy products could be stretched with vegetable fats. In many cases, these adulterations are crafted to get past standard quality control checks while maximizing profit margins. China's 2008 melamine poisoning of milk products, leading to the deaths of infants and thousands of illnesses, illustrates the dire public health implications of economically driven adulteration. Detection of adulterants can be through a variety of analytical methods based on the food matrix and suspected adulterant. Traditional methods involve physical inspection, microscopy, and wet chemical tests that can detect gross adulterations but are not sensitive enough to pick up sophisticated frauds. Now, modern instrumental techniques allow more precise detection. In chromatographic methods (HPLC, GC, TLC) foreign compounds can be separated and identified; procedures based on spectroscopic techniques (IR, NIR, Raman, NMR) give a molecular fingerprint useful for authentication, while mass spectrometry permits the

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detection of trace contaminants. Techniques based on DNA analysis have transformed the identification of species present in processed meat, fish, or plant products, and the analysis of isotope ratios is also able to distinguish certain geographical origins or production methods for specific commodities, such as wine and honey. The regulatory frameworks addressing food adulteration across the world may differ in structures, terminologies and processes, yet usually they set legal delimitations for food standards, banned practices and mechanisms of enforcement. In the USA, the FDA and USDA enforce the Food, Drug, and Cosmetic Act that prohibits the adulteration or misbranding of food products. For the food safety and authenticity principles, the European General Food Law lays down general principles of food law, which is supplemented for specific products by specific Regulations. International standards established by the Codex Alimentarius Commission offer harmonized guidelines, and organizations such as the Global Food Safety Initiative (GFSI) encourage private certification schemes incorporating anti-fraud measures. The food sector has various initiatives to reduce adulteration, such as supplier qualification programs, vulnerability assessments, testing plans, and traceability systems. Emerging technologies like block chain and other trustworthy distributed ledger technologies facilitate transparent records of the food chain<sup>8</sup>, and rapid screening methods using portable instruments enable more frequent and extensive monitoring. Fake practices are also prevented by consumer awareness and education about quality indicators.



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**Unit 11 Identification of Adulterants in Common Food Items:**  
**Coffee Powder, Asafoetida, Chilli Powder, Turmeric Powder,**  
**Coriander Powder, Pulses**

Food adulteration is a menacing challenge to the safety of food, market integrity, and consumers trust globally. In this section, we explore the commonly found adulterants with specific food commodities and the analytical methods used for their detection and quantification. It is therefore imperative that regulatory authorities, food processors, traders and consumers are aware of these food adulterants along with the methods for their identification to guarantee the authenticity and consumption safety of food. Coffee powder is a worldwide traded commodity with high demand from consumers; therefore it is prone to various types of adulteration, owing to its relatively high cost and complex supply chain. Common adulterants are chicory; cereal grains, especially roasted corn, barley, and wheat; date pits; fig seeds; and caramelized sugar. Undeclared or exceeding stated proportions of chicory added (frequently only described as being a blend) is fraudulent. Microenvironment surveys are common detection approaches for coffee adulterants based on identifying unique cellular structures from foreign ingredients. The aquarium test — honest coffee particles float, while adulterants like chicory sink because of their different fat content — yields a quick screening approach. More advanced analytical methods make use of chromatographic methods such as high-performance liquid chromatography (HPLC) for the identification of target marker compounds, including chlorogenic acids and caffeine, whose concentration varies significantly between coffee and potential adulterants. Near-infrared (NIR) spectroscopy coupled with chemometric analysis is a fast and nondestructive technique for the simultaneous screening of several adulterants. With respect to

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coffee beans, DNA-based methods have been established to authenticate between coffee species (Arabica vs Robusta) and to detect individual non-coffee plant materials based on unique eigen studies. Asafoetida (*Ferula asafoetida*) a resinous gum with a distinctive flavor used in South Asian cuisine fetches premium prices due to limited cultivation and labor-intensive harvesting. This can be adulterated with inexpensive variations such as gum resins, talc, starch, soapstone, and earthy materials. Some adulterants just dilute the product, while others could introduce toxic elements. Identification of asafoetida adulterants is initiated by sensory evaluation since the authentic one has a distinct strong sulfurous smell that is diminished with adulteration. For instance, you can use a simple water solubility test (pure asafoetida dissolves in water to some extent, but many mineral adulterants remain (almost) insoluble) or an alcohol test (authentic asafoetida is largely soluble in alcohol) for analysis. The iodine solution is also used in the detection of starch adulterants by the blue-black coloration. For detailed analysis, thin-layer chromatography (TLC) and gas chromatography-mass spectrometry (GC-MS) may be used to identify specific compounds found only in true asafoetida such as ferulic acid derivatives and sulfur-containing compounds. The authenticity of asafoetida was successfully assessed using X-ray fluorescence spectroscopy with the elemental compositions of authentic asafoetida being inconsistent with that of any of the mineral adulterants. One of the most common adulterated spices is chili powder, which comes from dried and pulverized hot peppers of the genus *Capsicum* and is prone to its adulteration because of its bright color, signature pungency and abundant use in cuisines worldwide. Brick powder, sawdust, artificial colors especially Sudan dyes and low grade pepper varieties are some of the commonly found adulterants. Synthetic capsaicin may also be added for positive perceived



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quality adulteration. Foreign particle detection is often possible through visual examination using magnification, which can help find particles with an irregular shape and texture. One way to screen out the fakes is the float test, where real chili powder forms a temporary suspension in water while heavier mineral “adulterants” settle to the bottom immediately. Paper chromatography and thin-layer chromatography, which separate compounds according to their rates of migration, are chemical methods to identify artificial colors. Other methods include high-performance liquid chromatography with detection by UV, fluorescence, mass spectrometry, etc. for definitive identification and quantification at parts-per-billion levels of Sudan I-IV and related dyes. ASTA color value, which measures extractable color, is useful for determining overall quality and identifying certain types of adulteration. HPLC analysis for capsaicin content, or the Scoville heat test (albeit subjective) can facilitate product identification with artificially enhanced or depressed pungency that is inconsistent with state types.

Turmeric powder, obtained from the rhizomes of *Curcuma longa*, is well-known for its unique yellow color, flavor, and alleged health benefits from curcuminoids. Its relatively high price and powdered form make it vulnerable to economically motivated adulteration. Common adulterants are yellow-colored compounds Ly lead chromate, metanil yellow and Sudan dyes; starchy materials such as rice flour, wheat flour, and cornstarch; talc; and chalk powder. Other adulterants can be highly detrimental to health, most notably lead chromate, known to produce neurotoxicity and nephrotoxicity. Simple home detection methods include the water test, in that pure turmeric gives a vivid yellow solution that quickly settles while adulterants may display varying patterns and colours. A simple chemical test would be to treat turmeric suspected of being tainted with

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metanil yellow with hydrochloric acid, which will turn magenta if metanil yellow is present. Starch Test: A blue black coloration indicates a positive test (iodine test) Advanced laboratory methods are UV-visible spectrophotometry for quantitative determination of curcuminoid content in phytocomplexes; HPLC for separation and quantization of coloring compounds; and atomic absorption spectroscopy or inductively coupled plasma mass spectrometry (ICP-MS) for detection of heavy metal contaminants. AOAC International has described validated methods for the determination of curcuminoids that will detect products with low levels of active compounds that are representative of adulteration. Coriander powder (*Coriandri fructus*), prepared from the dried fruits of the plant *Coriandrum sativum*, adds unique flavor to various cuisines and is often adulterated with less expensive materials. Sand, dirt, starch, sawdust and dung powder are common adulterants. Indian ethics imposes a higher degree of food safety and purity in the name of religion. Microscopy reveals the characteristic structure of coriander fruits and any adulterants, and flotation in water can detect denser mineral adulterants that drop quickly. Chemical tests involve the ash test, where the presence of mineral adulterants is signalled by excessive ash content, and the acid-insoluble ash test, which is used to specifically detect siliceous material (such as sand). Determination of volatile oil content by distillation gives a quality assessment since, generally, adulterants lower the concentration of essential oil down to substandard levels. Profiling and characterizing volatile oil from coriander by gas chromatography reveals compounds such as linalool that could be present in certain proportions in authentic coriander. Coupling near-infrared spectroscopy with chemometric approach provides a rapid screening method for a multitude of adulterates.



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Pulses, which are the edible seeds of leguminous plants such as lentils, chickpeas, pigeons, and various beans, are a dietary staple in several regions and are extensively adulterated. Common adulterants include foreign seeds, artificially colored inferior varieties, stones, and toxic seeds such as *Lathyrus sativus* (grass pea) that contains neurotoxins. Adulteration of other pulses with kesari dal (*Lathyrus sativus*) is especially harmful in South Asia because it can lead to lathyrism (neurodegenerative disease) on consumption. Features such as size, shape, and color uniformity are by their nature different between mixed or artificial products, so large image datasets can be used to train neural networks to detect such differences using visual inspection. The pH test identifies artificially colored pulses, for pulps that have been artificially colored with dyes have scary pH values when compared to the untreated variety. Microscopic detection of certain common structural features of various pulse types can be used to (i. Specific chemical tests are used to confirm contamination with *Lathyrus* by detecting the neurotoxin  $\beta$ -N-oxalyl-L- $\alpha,\beta$ -diaminopropionic acid ( $\beta$ -ODAP). Its clinical applications also led to the development of experimental tests such as the modified detection test of *Lathyrus sativus* (LSDT) using cupric ions and the dinitrophenylhydrazine test. Further methods use High-Performance Liquid Chromatography, capillary electrophoresis, or mass spectrometry for unambiguous typing of pulse species based on either protein or DNA profile. Next-generation sequencing of metagenomic DNA can detect multiple species in pulse mixtures simultaneously and is a powerful adulteration detection method. Technologies have been significantly evolved in adulteration detection. Though based on physical examination alone, simple chemical tests, and microscopy, standard procedures are still valuable screeners, especially in resource-limited settings. These approaches have been augmented by instrumental techniques delivering higher sensitivity, specificity, and



throughout. Non-destructive, rapid analysis through techniques such as NIR, MIR as well as Raman spectroscopy enables high-throughput screening. Mass spectrometry coupled with chromatographic techniques detects trace amounts of adulterants and identifies compounds unequivocally. Although species authentication is traditionally carried out through morphological examination, it is particularly challenging in multifaceted food matrices; however, DNA-based techniques such as polymerase chain reaction (PCR), DNA barcoding, and next-generation sequencing have transformed the field of species authentication in these matrices. Metabolomic profiling, which evaluates the entire small-molecule complement of a food to develop fingerprints for authenticity, and proteomics, which analyzes characteristic profiles of proteins, are emerging approaches to adulteration detection. Handheld NIR spectrometers and Smartphone-based analytical platforms are breaking the laboratory barrier and enhancing the testing capabilities with portable and field deployable instruments. Moreover, that the integration of multiple analytical techniques and advances in data analysis through the implementation of machine learning and artificial intelligence are further improving detection of ever more elaborate forms of adulteration.

## **Unit 12 Analysis of preservatives and colouring matter**

### **Introduction**

Food additives have been a key feature of human food systems throughout history; techniques for the preservation of food such as salting, smoking and fermentation have been around for millennia. But modern food production systems depend upon a complex set of these chemical additives to improve product quality to extend shelf life, and to make the product look better. Preservatives and coloring agents are two of the most dynamic

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and compromised categories among such additives. The fundamental role of preservatives is to inhibit these biologically mediated spoilage processes which may lead to oxidative spoilage hence prolonging the shelf-life of food products and minimizing food waste at different stages of the supply chain. If our methods of preservation were not efficient, the whole global food distribution system would be unrealistic leaving behind large economic losses and food security nightmares. Likewise, coloring agents bring both aesthetic and practical value, making foods more alluring to consumers and serving as part of product quality and consistency signals. Food colorants play a very important role in the consumer acceptance and marketability of food and it's too much related to the psychology of food consumption, which is related to visual perception. Preservatives and coloring agents, despite their utility, have come under scrutiny from consumers, regulatory agencies and health researchers alike for potential adverse health effects as well as environmental impacts. It includes food preservatives and coloring matter, taking into consideration analytical data, aspects, its chemical composition, food technical properties, regulations, safety of food preservatives and coloring matter with future trends. Looking at these additives through a scientific, regulatory, and consumer lens can provide additional clarity to their place in the food system and the balance of food safety, need for technology, and public perception.

### History of Food Additives

Proven techniques for extending the shelf life of food have existed since the prehistoric ages when humans figured out how to dry, smoke and salt food. Although people have used herbs and spices for flavouring since antiquity, ancient

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Egyptians used spices and herbs, not only for flavouring but also because of their antimicrobial properties whereas Romans are said to have used saltpeter (potassium nitrate) for meat preservation (early use of what is now known as a chemical preservative). Natural colorants — including saffron, turmeric and other plant extracts — have also been used since antiquity for shading foods in ancient civilizations throughout Asia, Africa and Europe. In culinary traditions, these natural substances patrolled over decorative and over in some cases symbolic utilities. The introduction of synthetic food additives led to the various types of chemicalization food. The more systematic approaches to food additives emerged during this period, when chemical preservatives, such as benzoic acid and synthetic dyes from coal tar, were developed. In the late 19th century, however, growing concerns about the adulteration and safety of foodstuffs led to early food regulation, such as the 1906 Pure Food and Drug Act in the United States, which specifically targeted the use of chemical preservatives and artificial colors. Rapid advances in food chemistry and food manufacturing technology precipitated the widespread use of synthetic additives throughout the 20th century, designed to have specific functional properties to fulfill the requirements of mass production and international distribution. Meanwhile, the science of food safety developed, providing the knowledge to create more thorough regulatory regimes and advanced testing programs to assess additive safety. The second half of the 20th century saw greater consumer awareness and concern about artificial additives, prompting research on natural alternatives and more stringent safety evaluations. This account serves isn't just a historical progression of how common additives were developed — but rather a glimpse into the ongoing tensions that existed and continue to exist between the desire for food innovation, food safety and the whims of consumers.



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**Preservatives: The Chemical Classification**

Food preservatives can be categorized into: Antimicrobial agents, which reduce microbial growth (bacteria, yeasts, molds) & antioxidant agents that prevent oxidation degradation of fats and oils. Antimicrobial preservatives work in a number of ways, including but not limited to: disrupting cellular membranes, blocking metabolic enzymes, and interrupting genetic material. The most common antimicrobial preservatives are various organic acids and their salts: benzoic acid, sorbic acid, propionic acid, and sodium and potassium salts of them. These compounds work particularly well in acidic such as those found in soft drinks, jams and pickled foods. In their undissociated form, these acids can easily cross microbe cell membranes and interfere with intracellular pH homeostasis, making them optimal for use in preserved substrates and hence, an avenue for transligand because of its effectiveness (although the evidence is largely indirect). Another important class of antimicrobial preservatives is the nitrites and nitrates, which are mainly employed in cured meat products. These compounds inhibit the growth of *Clostridium botulinum*, the bacterium that causes botulism, and give cured meats their bright red color and distinctive flavor. Nitrites have several mechanisms of antimicrobial action, including the generation of reactive nitrogen species which inactivate key microbial enzymes. Another major class of preservation substances with an antimicrobial and antioxidant activity is the sulfites — sulfur dioxide and several sulfite salts. They are especially active against yeasts and molds, so they can be useful in wine making and also for preserving dried fruits. The second major category works by inhibiting oxidation reactions that cause rancidity, off-flavors, and also nutrient degradation (oxidative preservation) - these are known as antioxidant preservatives. Examples of synthetic antioxidants used

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in practical applications include butylated hydroxyanisole (BHA), butylated hydroxytoluene (BHT), and tertiary butyl hydroquinone (TBHQ), wherein free radical scavenging is key to terminate lipid oxidation chain reactions. These compounds are especially advantageous for oil-based articles, such as edible oil products, due to a primary oxidative stability challenge. Natural antioxidants (like ascorbic acid (vitamin C), tocopherols (vitamin E), and different plant extract rich in polyphenolic compounds) present comparative mechanisms for preservation with additionally nutritional value. These compounds often act together with synthetic antioxidants or chelating agents such as ethylenediaminetetraacetic acid (EDTA) that chelates metal ions, which would otherwise promote oxidation reactions. Preservatives have diverse chemical properties, which mirror the complex challenges with food preservation in terms of product categories (dairy, meats, baked goods, pressing, and so on), pH levels, water activities, and target microorganisms.

### **Brands and their properties**

Preservatives have a major role to maintain safety of food by preventing or delaying the growth of pathogenic and spoilage microorganism. Preservatives have differing spectra of antimicrobial activity, from broad-spectrum agents that act against multiple classes of microbes to agents that act against specific groups. For example, sorbates are quite effective against fungi but not against bacteria, and propionates show good activity against molds, but not against yeasts. For a preservative to function effectively in food, the pH, water activity, temperature, and the composition of the food is very significant. Many preservatives are most



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effective at certain conditions; for instance, benzoic acid and sorbic acid are both most effective in acidic ( $\text{pH} < 4.5$ ) environments and will exist largely in their undissociated form. On the other hand, certain preservatives such as sodium nitrite are effective over a wider pH range, allowing their application to low-acid products such as meat. Many food preservatives provide secondary benefits to food products beyond their primary antimicrobial functions. For instance, sulfites can not only limit microbial growth but also prevent enzymatic oxide browning and non-enzymatic oxidative browning in fruits, vegetables, and wines, allowing for the maintenance of surface appearance and taste. Likewise, nitrites in cured meats do double duty by inhibiting *Clostridium botulinum* while facilitating the development of pink coloration via reactions with myoglobin. These substances halt the chain reactions of free radicals present in oxidation, thus safeguarding sensory quality and retention of nutritional value. Formulation requires consideration of the threshold of functionality for preservatives, or the concentration at which they retain effectiveness but do not contribute off-flavors or odors. While this functional use of preservatives is most commonly thought of in relation to nutrients, it is important to note that their corresponding effective concentrations may result in the presence of noticeable flavor notes that should be balanced within product development. Hurdle technology, a modern approach to food preservation, takes advantage of multiple preservative factors operating at sub-fatal levels to produce the desired microbe-killing effect with minimum concentrations of individual preservatives. This concept utilizes synergistic interactions among various preservatives or a preservative along with physical conditions (such as pH, water activity, and temperature) to achieve more natural preservation systems with lower chemical loads.

## **Chemical Classification of Food Colorants**

Food colorants comprise a wide variety of substances, which can be classified into synthetic (artificial) colors and natural colors, as well as color additives exempt from certification (nature identical colorants). The synthetic food colors belong to a class of highly purified and chemically defined colorants that have been developed for coloring. In the U.S., these are known as certified food colors, and the FDA batch certifies these to ensure purity and safety. The synthetic colors in common use are FD&C Red No. 40 (Allura Red), FD&C Yellow No. 5 (Tartrazine), FD&C Blue No. 1 (Brilliant Blue), and FD&C Yellow No. 6 (Sunset Yellow). Most synthetic food colors, chemically, belong to the category of azo dyes consisting of one or more azo groups ( $-N=N-$ ) linking up the aromatic rings or trihydroxytriphenylmethane derivatives. These compounds are very stable to pH variation, light, heat, and oxidation, and yield a stable coloration at different processing conditions and storage times. These pigments are economical due to their high tinctorial strength permitting coloration at low concentrations. Chemical diversity of the alkaline water-plant solution is greater than natural colorants (animal, vegetable, or mineral). Anthocyanins, which give many fruits and vegetables their red, purple and blue colors, are water-soluble flavonoid compounds whose color depends very much on the pH. Carotenoids-such as beta-carotene, lycopene, and lutein-give yellow to red colors as lipid-soluble terpenoid compounds. With the exception of chlorellins, a group of green porphyrin compounds containing magnesium, the green pigments in plants are in the form of structurally complex compounds. Other significant natural colorants are betalains (from beets), carminic acid (from cochineal insects)

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and curcumin (from turmeric). Such natural compounds are usually multifunctional ingredients with not only color, but also other functional properties such as antioxidant activity. Nature-identical colorants are synthetically produced versions of naturally occurring compounds like beta-carotene and riboflavin. These provide the benefits of chemical form to natural products, with greater stability, consistency, and cost. Inorganic pigments, which are less prevalent in food, can include such materials as titanium oxide (white), iron oxides (yellow to red to black), and carbon black. Most of these compounds act instead as surface colorants or opacifiers, not soluble dyes. Their chemical structure will govern their solubility (water-soluble or oil-soluble), stability in a range of processing conditions, intensity, hue, and reactivity with other food components, critical factors in their intended application.

### **Food Colorants as Functional Compounds**

Food colorants are mainly used to give, restore or standardize the appearance of food products, but their use is also beyond aesthetic purposes. The color provides a vital clue as to flavor, quality, and freshness, with many studies showing appearance influences flavor perception to a huge extent and the overall sensory experience. For example, consumers have a clear connection between a color and a potential flavor (red - cherry or strawberry; yellow - lemon or banana) and when the product does not match the expectation, this product is rejected even when the flavor is good. In processed foods, colorants are used to address natural variations in the color of raw materials, giving consistency when it comes to the consumers' expectations of batch-to-batch uniformity. They also help restore color lost during processing, because many natural pigments can degrade under the heat, light or pH changes that occur in manufacturing. In certain products, colorants also act as quality indicators; for example, the pink color development of cured meats indicates correct curing with nitrites, while the browning reaction in



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baked products indicates enough baking. In addition to these visual functions, many natural colorants also provide other properties to food systems. Antioxidant activity in the form of anthocyanins, carotenoids, and curcuminoids can also improve product stability and health benefits. Some colorants offer functional behavior as well; for example, paprika extract imparts a red-orange color and flavor compounds, and beet powder provides color along with bulking functions in some scenarios. Colorants are affected by many factors such as pH, temperature, light exposure, metal ions and interaction with other components of food. Some, like anthocyanins, have a dramatic chameleon effect with pH, that turns them red in acidic conditions, blue as it increases. Carotenoids are just as susceptible to oxidation and isomerization in the presence of heat and light and those reactions have been shown to lead to fading of color. Synthetic colorants have demonstrated greater stability under a variety of processing conditions and are therefore still used in place of natural colorants even when consumers demand they be replaced. Application of colorants differs for food systems and may involve the mixing of colorants directly with a certain product, spraying or dusting them on surfaces, or adding them to edible films or coatings. Because modern color formulations often have stabilizers, dispersants, or encapsulation systems to protect sensitive pigments and ensure uniform color distribution throughout the product, these color formulations may also be harmful to the skin. Colorant selection and use is ultimately a compromise between the desired color (and to some regard additional sensory aspects of the product), processing needs, stability requirements, cost, and more recently clean label requirements.

### **Regulatory Framework for Food Additives**

The regulation of food additives (things like preservatives, including colorants), although it differs a lot from one region to another, generally comes under the principle that an additive should be proven





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to be safe until proven to be harmful before they can enter the market. References Federal Food, Drug, and Cosmetic Act Food Additives Amendment of 1958 Color Additives Amendments of 1960 Food additive regulations in the United States The laws also created the category of something known as “generally recognized as safe” (or just GRAS) substances, which was excluded from the formal approval process both on the grounds of their long history of safe use or scientific consensus on safety. Manufacturers of such substances must provide scientific evidence of safety, including toxicological studies, descriptions of exposure assessments, chemical specifications, and manufacturing process details, to obtain formal approval. The ability to be made from pure compounds Gudrunassa et al., (2016) identified 38 different synthetic color additives used in the US, which must also be batch certified to assure purity and conformity to specifications. Within the context of food additives, the European Union is regulated by the provisions in Regulation (EC) No 1333/2008 on food additives, itself implementing a community list of approved additives and their conditions of use. The European Food Safety Authority (EFSA) is the authority responsible for scientific risk assessment of proposed additives, and the European Commission is responsible for risk-based regulatory decisions. The primary difference between EU and US approval lies in the fact that the EU system uses the precautionary principle more extensively than the US system, which can lead to stricter approvals depending on a situation; this was most especially true when compared for certain food additives such as synthetic colors. E-numbers in the EU, or similar identification systems elsewhere, help indicate approved additives, to aid international trade but without compromising regulatory approval status. Acceptable Daily Intake (ADI) values, derived from toxicological evaluation and the implementation of safety factors, play an essential role in regulatory systems globally.

It is these values, usually expressed as milligrams per kilogram of body weight per day, that describe how much of the additive could be consumed daily over a lifetime with little or no risk to health. From these class maximum permitted levels (MPLs) are set on the basis of technological need, but also by ensuring total potential exposure from all foodstuffs remains below the ADI. Additionally, data from each country is assessed, allowing for the evaluation of potential differences in exposure to certain additives between sensitive populations, such as children, with respect to body weight as well as differences in sensitivity to specific compounds. This has resulted in further restrictions being placed on additives in foods designed for heavy consumption by children, or even mandatory warning labels, especially in the case of specific synthetic colours that have been linked to behavioral effects. With the emergence of new scientific evidence, evolving consumption patterns, and changing consumer attitudes, regulatory requirements evolve over time, and are increasingly focused on the re-evaluation of already approved food additives through the application of updated toxicological assessment techniques and exposure data.

### **Preservatives: Health and Safety Considerations**

However, the safety evaluation of preservatives requires extensive toxicological evaluation, including acute, sub chronic, and chronic toxicity studies, as well tests for genotoxicity, carcinogenicity, reproductive toxicity, and developmental effects. Although these substances undergo thorough pre-market safety evaluations, some preservatives remain topics of continuous concern for consumers and in scientific research. Sulfites are effective preservatives, particularly for wine and dried fruits, but can prompt severe allergic reactions in those who are

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sensitive to them especially people with asthma. While these reactions can be as harmless as mild irritation, they can also be life threatening (anaphylaxis), and led to rules that require sulfite presence to be labeled when 10 parts per million or higher are present. The path physiology of sulfite sensitivity is incompletely understood but appears to be mediated by irritation of the respiratory tract and possibly immune-mediated mechanisms. Nitrites and nitrates, both important for preventing botulism in cured meats, have come under scrutiny for their potential to convert into nitrosamines, many of which are carcinogenic. Most nitrosamine formation happens at high temperature, when nitrites come into contact with secondary amines hence recommendations not to overcook bacon and other nitrite-cured products. More modern formulations contain either ascorbic acid or erythorbic acid, which inhibit the formation of nitrosamine by preferentially reacting with nitrites. The health effects of benzoates have been studied and there is special interest in their ability to form benzene in the presence of ascorbic acid, especially upon prolonged storage at elevated temperatures. This possible reaction has resulted in the reformulation of certain beverages and more careful monitoring of products that contain benzoate. So, benzene derivatives are reported to be associated with hypersensitivity reactions and could provoke symptoms in a subgroup of children with attention-deficit /hyperactivity disorder (ADHD), but evidence is still inconsistent. With synthetic antioxidants including BHA and BHT, the main issues are as an endocrine disruptor and/or possible carcinogenicity at high doses based on studies in animals. However, human exposures from the food source are usually several orders of magnitude lower than hazard levels of concern identified in toxicological evaluations. The idea of combined exposure to several preservatives—the ‘cocktail effect’—is a developing area of toxicological research, as traditional safety

evaluations generally consider compounds in isolation rather than in combination. Studies have suggested both antagonistic and synergistic interaction potential, which add to the complexities of evaluating the safety of food additives in combination with other additives. These concerns aside, preservative risks need to be set against their positive roles in preventing food borne illness and reducing food waste. Lack of proper preservation means higher risk to public health due to microbial growth, possible formation of mycotoxins, food lipid oxidation, and nutrient degradation. Dr. Kameyama's presentation highlighted that modern approaches to preservative safety increasingly recognize not just hazards, but risk-benefit analysis that takes into account potential adverse effects, as well as the implications of not using preservatives, technical need, and viable alternatives.

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### **Food Colorants: Health and Safety Considerations**

Synthetic food colorants are a specific group of food additives that have been surrounded by controversy concerning adverse health effects, particularly concerning possible associations with child behavior and hypersensitivity reactions. The Southampton study (2007) indicated that children exhibited increased hyperactivity with the administration of mixtures of some of the synthetic colours (Tartrazine, Quinoline Yellow, Sunset Yellow, Carmoisine, Ponceau 4R, and Allura Red) and the preservative sodium benzoate. This research led to the European Union's decision to require warning labels on foods containing these colors, saying they "may have an adverse effect on activity and attention in children." Yet later assessments by scientific bodies, including the European Food Safety Authority (EFSA) and the F.D.A., have challenged the study's methodology and the clinical significance of its findings. Criticism have focused on the use of mixtures of colorants rather than individual substances, co-administration with sodium benzoate, and the small effect sizes discovered. Scientific uncertainties



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notwithstanding, consumer concern has induced a significant market shift toward natural colorants, despite the worldwide approval for use of synthetic colors. In addition to behavioral effects, some synthetic colors have been claimed to be associated with hypersensitivity reactions and allergic reactions in sensitive individuals. Tartrazine (FD&C Yellow No. 5), has gained notoriety for the potential of causing a variety of reactions in sensitive individuals, including asthmatic reactions, urticaria, and angioedema, particularly in sensitive individuals with aspirin sensitivity. These concerns have resulted in requirements in many countries for the specific labeling of Tartrazine. Although natural colorants are often considered safer alternatives, they still may have potential human health concerns. Carmine (cochineal extract), which is made from insects, can cause severe allergic reactions (such as anaphylaxis) in some people. This results in mandates for precise labeling, instead of permitting listing in broad strokes as “natural colors.” Annatto extracts are safe for most people when taken by mouth but have been linked to irritable bowel symptoms, and hypersensitivity reactions. Finally, some plant-based colorants contain bioactive compounds that might theoretically elicit physiological effects when consumed in high concentrations, but in practice, dietary exposure is generally far removed from a level of concern. Potential contaminants in some natural color sources, especially heavy metals in mineral-based pigments or mycotoxins in plant-derived extracts, have also raised concerns. These factors underscore the need for standardization and quality control of natural dye, which is often more heterogeneous than synthetic dye. Labeling is intended to identify food components with potential effects on human health, and long-term carcinogenicity studies have been conducted on major synthetic colorants; most have shown no evidence of carcinogenic potential at relevant exposure levels.

## **Preservatives: Analytical Methods**

The detection and quantification of preservatives in food matrices represent a significant challenge that has evolved in line with evolving analytical methodologies. HPLC analysis methods of preservatives usually use reversed-phase columns coupled with different detection systems, tailored to specific analytes. Benzoates, sorbates, and p-hydroxybenzoates are often characterized by ultraviolet-visible (UV-Vis) detection, because they are chromophoric compounds and light-absorbing in the UV region. For preservatives with weak UV absorption (propionates), detection can be based on refractive index detection or derivatization after introducing UV-absorbing groups. LC-MS with mass spectrometry (MS) detection has grown in importance for the analysis of preservatives, providing significantly better sensitivity and specificity than the conventional detectors. Tandem mass spectrometry (MS/MS) provided with sensitive identification and quantification capabilities at ultra-low levels according to this maintaining a drug catabolic system for separating co-eluting compounds may interfere with other increasing detection. GC is especially favorable for volatile and thermally stable preservatives, including some organic acids which become volatile after derivatization. Gas chromatography, in combination with mass spectrometric detection (GC-MS), can give high sensitivities for compounds such as BHA, BHT and some parabens but also yield spectral data for identification of the compounds. Capillary electrophoresis (CE) has been developed as an alternative separation technique that offers several advantages such as little or no sample pre-treatment, low sample volume requirement, and fast analysis time. CE, particularly the charged organic acid salts, is an effective separation technique and has been successfully used in simultaneous determination of

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multiple preservatives in liquid foods such as beverages. Sample preparation is an important step in preservative analysis, and approaches differ according to food matrix and target analytes. Organic leaching is still widespread for extracting preservatives from aqueous food, but solid-phase extraction (SPE) has benefits including reducing solvent use and enabling automation. In the case of complex matrices, such as high-fat foods, additional clean-up processes, for example dispersive solid-phase extraction (d-SPE) or use of the QuEChERS methodology (Quick, Easy, Cheap, Effective, Rugged, and Safe), may be required to remove interfering compounds. General method validation parameters for preservatives analysis often consist of evaluation of linearity, precision, accuracy, limits of detection and quantization, and matrix effects. Whenever possible, certified reference materials are useful tools to verify accuracy, whereas proficiency testing programs ensure that laboratories can rely on their analytical results. Analytical trends for preservatives involve the development of multi-residue methods that can be used to determine several preservatives and/or food additives simultaneously, reducing analysis time and cost. Various methods inspired by green analytical chemistry include supercritical fluid extraction and micro extraction methods to minimize solvent use and environmental impact. High-resolution mass spectrometry (HRMS)-based, non-targeted screening strategies are increasingly applied within food control, potentially revealing the presence of undeclared or unspecified preservatives and transformation products that may develop during food processes or storage.

### **Analytic Methods for Food Colourants**

The wide variety of chemical structures for the colorants, possible interactions with food matrices, and low concentrations of their use present particular challenges when analyzing food colorants.



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Spectrophotometric methods are the easiest tools for colorants' analysis, especially for simple food matrices. Such analytical methods take advantage of the distinct absorption spectra associated with colorants in the visible region, where specific wavelengths of maximum absorption provide identification markers (Schwind et al., 2000) while the Beer-Lambert law establishes that absorption intensity is proportional to concentration (Skoog et al., 2018). However, if multiple colorants are present, spectrophotometric methods typically do not have sufficient selectivity and more elaborate separation methods are required. The routine analysis of colorants has routinely been accomplished by high-performance liquid chromatography (HPLC) with diode array detection (DAD) as the gold standard technique, as HPLC is based on the excellent separation of water- and oil-soluble colorants. Normal-phase systems may be preferred for the fat-soluble colorants, e.g., carotenoids, whereas for synthetic water-soluble dyes, reversed-phase HPLC using C18 columns is the method of choice. The specific retention time and spectral properties data offered by DAD contribute to trustworthy identification, and the multi-wavelength ability enables polyphenolic and different colorants at optimal wavelengths to be co-monitored in one analysis. For more challenging mixtures or when confirmation analysis is needed, liquid chromatography with mass spectrometry (LC-MS) provides a higher resolution degree and sensitivity. For synthetic azo dyes containing sulfonate groups, negative electrospray ionization (ESI) has been shown to be effective, whereas atmospheric pressure chemical ionization (APCI) has been used for non-polar natural colorants. The higher accuracy of mass measurements, in conjunction with the fragmentation patterns, also further enhance the capability for identifying unknown colorants or degradation products using high-resolution mass spectrometry (HRMS). A viable alternative separation technique specifically for ionized colorants is capillary electrophoresis (CE). CE methods possess several advantages such as straightforward analysis times,





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low sample volume requirements, and high resolution of structurally similar synthetic dyes. However, the most effective separation is achieved when CE is coupled with mass spectrometry (CE-MS) for the identification of complex mixtures of water-soluble dyes. Based on food matrix, sample preparation for food colorant analysis can differ significantly. Liquid foods can be subject to dilution or simple extraction, whereas solid foods demand a homogenization step and a subsequent extraction in liquid. Extraction techniques using wool or polyamide for synthetic water-soluble dyes utilize the affinity of these same synthetic dyes for protein fibers, allowing their selective separation from food components. Detergent extraction is one of the methods commonly used to release the bound forms of natural colorants (especially carotenoids and chlorophylls) and remove the interfering lipids. Recent sample preparation trends focus on miniaturization and automation, with having many procedures such as micro extraction or pressurized liquid extraction being popularized due to their capacity of using low amounts of solvent and high efficiency. Particular challenges related to extraction-induced degradation, matrix-dependent recoveries, as well as the variability of natural colorant compositions need to be overcome in method validation for colorant analysis. Because of these and other entities in the digestion or extraction matrix that can affect absorbance reads, standard addition methods are often needed; and stability tests during the sample processing of labile colorants (e.g., anthocyanins and chlorophyll faces). Novel approaches for the analysis of colorants encompass a number of methods from non-targeted fingerprinting approaches employing advanced chemometric tools for the recognition of colorant fingerprints in complex matrices to

portable spectroscopic devices for the rapid screening of foods in either the field or at the industrial level.

### **Some added flavors like natural alternatives and clean label trends**

A strong consumer demand for cleaner, more recognizable labels has propelled innovation in the form of natural alternatives to synthetic preservatives and colorants. This “clean label” movement is part of a larger consumer interest in food products that are less processed and more like what food preparation was historically. In preservative domain, natural based antimicrobial systems obtained from plant source have attracted significant interest(39). Essential oils and their constituents like thymol, carvacrol, eugenol, and cinnamaldehyde have broad-spectrum antimicrobial effects, which involve disrupting cell membranes and interfering with important enzymatic systems. While effective against various pathogens in vitro, integration of bacteriophages in food systems is not straightforward as their extensive sensory attributes might modify flavor of products, they display a volatile behavior during processing and their activity can be greatly influenced by food composition. Another promising class are fermentation-derived preservatives, in which organic acids produced by lactic acid bacteria can work as both preservatives and flavor enhancers. These include well-known compounds such as lactic and acetic acids but also more specialized metabolites like bacteriocins (antimicrobial peptides with specific activity toward certain groups of bacteria). Bacteriocins such as nisin have been approved for use in many countries and have the advantage that they exert activity at lower concentrations than many traditional preservatives. Plant-based compounds with antioxidant properties, such as polyphenolic compounds can be responsibly used in food systems to conserve its integrity, with rosemary extract being notably effective at filling this role in meat and oil-containing

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products. These extracts possess antioxidant activity due to various phenolic substances such as carnosic acid and carnosol that scavenge free radicals and demonstrate limited antibacterial effects. In contrast to synthetic antioxidants, these natural alternatives sometimes introduce further flavor notes which can be beneficial or difficult depending on the application. The move to more natural options has been even clearer in the colorant space, with food companies reformulating products to eliminate the use of synthetic colors in favor of colorants derived from plants and other natural sources. Anthocyanins derived from grape skin, elderberry, and purple sweet potato produce red to blue hues, based on pH, and betanin from beet roots supplies bright red pigmentation. Carotenoid-rich extracts derived from annatto, paprika, and saffron provide yellow to orange colors, and chlorophylls and copper chlorophyllins provide green colors. Among natural colorants, spirulina extract, which contains the protein-bound pigment phycocyanin, has stood out as a new natural blue colorant to meet a specific need in the natural color spectrum. As attractive as they are, natural colorants generally have lower tinctorial strength, lower stability and higher price than their synthetic counterparts. The color intensity and stability of phenolic compounds can be strongly influenced by pH, temperature, light, oxygen and interactions with other components of the food. In response to these challenges, several approaches aim to overcome them (e.g., microencapsulation to protect sensitive colorants from adverse conditions and enhance stability, co pigmentation to improve color intensity and stability, and emulsification to enhance the distribution in the complex food matrices). There has also been reassessment of labeling practices and regulatory frameworks inspired by the clean label movement. Words such as “natural,” “clean label” and “minimally processed” have no accepted definitions, which makes it a challenge to communicate consistently with consumers. While certain jurisdictions

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have started to create guidance regarding the use of such terms, industry consortia have put forward voluntary standards to encourage transparency and avoid misleading claims. Transition to natural alternatives often requires holistic reformulation of the complex of products used because individual ingredient replacement rarely delivers comparative functionality. Rather, successful clean label formulations often use multiple hurdle strategies that blend together combinations of natural preservatives with modified packaging technologies, processing innovations and sometimes reformulation to create inhospitable environments for microbial growth.

### **Technology Challenges and Solutions**

Of course, the switch toward nature-based preservatives and colorings offer major directions in new technologies, and has produced a great deal of innovation across the food landscape. Natural preservatives, on the other hand, face a primary challenge that stems from their generally lower antimicrobial strength relative to synthetic counterparts, which in turn requires higher usage levels that can undermine sensory properties or economic viability. As effective antimicrobials applied in isolation, essential oils and plant extracts regularly lose activity in complex food matrices as they get bound or neutralized by other components such as fats and proteins in the food matrix. Additionally, their typical pungent odors and tastes hinder usage in other foods where such sensory properties would be unwelcome. Novel delivery systems, including nanoemulsions, liposomes, and cyclodextrin complexes, have been proposed to overcome these limitations by promoting the dispersion of hydrophobic natural antimicrobials, while possibly masking sensory effects. Such delivery systems are capable of releasing active compounds in a controlled manner, prolonging their activity over the product shelf



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life. Particularly for natural colorants, stability challenges are especially acute. Anthocyanins display to dramatic color changes with pH in addition to decomposition with heat and mild remedy, whilst carotenoids are prone to oxidation and isomerization that cause loss of colour. Betalains are unstable towards light, oxygen and some metal ions and chlorophylls are easily transformed to pheophytins at acidic pH, leading to the formation of unwanted olive-brown colours. Novel stabilization strategies involve the use of co-pigmentation, which use anthocyanins with colorless phenolic compounds to increase color stickness and stability via the formation of molecular complexes. In addition, metal chelation (for example, with chelants such as EDTA or phytic acid) can inhibit the catalytic breakdown of sensitive pigments, while antioxidants (for example, ascorbic acid) can protect against oxidative color loss in carotenoids and other oxidation-sensitive colorants. Spray-drying, freeze-drying, complex coacervation and similar microencapsulation technologies can afford physical barriers to environmental factors that could otherwise lead to colorant degradation. Use of natural colors in particular food sectors brings unique technical obstacles. Anthocyanins, however, which undergo pH-driven color shifts in water-based applications with high acidity (think of beverage applications), and high-fat applications (which may need special formulation work to incorporate water-soluble natural colorants), can be problematic. When used in baked goods and extruded products, colorants can be subjected to high temperatures that degrade many natural pigments, which makes heat-stable alternatives or application methods that minimize thermal exposure necessary. Plant breeding and agricultural biotechnologies are two other areas that can help enhance natural additives. Conventional breeding and genetic engineering approaches have been used to develop varieties

of plants with higher pigment content, superior stability characteristics, or lower concentrations of off-notes. Comparable developments in the bioengineering of microbial production systems based on fermentation technology have allowed for more consistent production of specific colorants (e.g.  $\beta$ -carotene and lycopene) with lesser reliance on variable agricultural systems (SHRIWANAND et al., 2021). Indeed, processing advances are also key to solving technical problems. Using gentle extraction methods, such as enzymatic and supercritical CO<sub>2</sub> extraction, natural colorants with higher purity and stability can be obtained, and more advanced separation methods (e.g. membrane filtration and chromatography) can separate natural synergetic compounds with high accuracy from heterogeneous natural extracts. Innovative preservation techniques that rely on high pressure processing, pulsed electric fields and cold plasma technology can entirely diminish the need for chemical preservatives when applied to heat-sensitive components, as they inactivate microorganisms both pathogenically and non-pathogenically without thermal degradation. In future, the incorporation of raw materials improvement, processing refinement, formulation exploration and alternative preservation methods, also represents the best avenue with which to overcome the technical barriers of natural food additives.

### **Educating About the Consumer Perception**

In recent decades, consumer perception regarding food additives, especially preservatives and colorants, has changed dramatically, informed by modifications in perceptions regarding processed foods, the increasing availability of information to the consumers, and greater emphasis on health consciousness. Survey data show that for many consumers, synthetic additives rank among the most worrisome food ingredients, and that “artificial colors” and “preservatives” frequently appear on lists of unwanted ingredients.

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**MCQs:**

**1. Which of the following is a key factor in determining the nutritional value of food?**

- a) Color
- b) Size
- c) Chemical composition
- d) Shape

**2. Food adulteration refers to:**

- a) Cooking methods
- b) The addition of harmful substances to food
- c) The process of food preservation
- d) The chemical analysis of food

**3. Which of the following food items is commonly adulterated with starch?**

- a) Asafoetida
- b) Coffee Powder
- c) Chilli Powder
- d) Turmeric Powder

**4. What is the primary purpose of food preservation?**

- a) To increase the nutritional content
- b) To enhance flavor
- c) To extend shelf life and prevent spoilage
- d) To reduce food cost

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**5. Which of the following is an example of a common preservative used in food products?**

- a) Acetic acid
- b) Sodium chloride
- c) Sodium benzoate
- d) Starch

**6. Which substance is used as a coloring agent in food products?**

- a) Turmeric
- b) Sodium benzoate
- c) Glucose
- d) Vinegar

**7. What is a common adulterant in chilli powder?**

- a) Sugar
- b) Salt
- c) Brick powder
- d) Turmeric

**8. The adulteration of pulses is commonly done with:**

- a) Wheat
- b) Starch
- c) Soapstone
- d) Plaster of Paris





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**9. Which of the following tests is used to identify adulterants in coffee powder?**

- a) Iodine test
- b) Starch test
- c) Benedict's test
- d) Nitrate test

**10. Which chemical analysis is commonly used to identify preservatives in food?**

- a) Chromatography
- b) Titration
- c) Gravimetric analysis
- d) Conduct metric analysis

**Short Questions:**

1. What factors determine the nutritional value of a food product?
2. Define food adulteration and give examples of common adulterants.
3. Explain the role of food preservatives in extending shelf life.
4. How is food coloring used in food products, and what are its benefits and risks?
5. What is the significance of food processing in maintaining food quality?
6. Name common adulterants found in coffee powder.

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7. How can the presence of starch in food be detected?
8. Discuss the role of preservatives in preventing microbial growth in food.
9. What are the main adulterants found in turmeric powder?
10. How is the analysis of food preservatives conducted?

### **Long Questions:**

1. Discuss various methods used to analyze the nutritional content of food products.
2. Explain the process of identifying and detecting food adulterants with examples.
3. How do food processing and preservation techniques influence food safety and quality?
4. Discuss the impact of food adulteration on health and the methods used to prevent it.
5. Explain the importance of analyzing preservatives and coloring agents in food and their potential health impacts.
6. What are the different techniques used for the preservation of food? Explain their advantages and limitations.
7. How is chromatography used in the detection of food additives and preservatives?
8. Discuss the legal regulations around food adulteration and how they are enforced.
9. How can consumers ensure the authenticity and safety of food products in the market?
10. What methods can be employed to test for the presence of harmful chemicals in food products?



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**MODULE 4**

**CHROMATOGRAPHY**

**Objective:**

- To introduce chromatography as an analytical technique for separating and analyzing compounds.
- To learn different chromatography methods such as Paper Chromatography, Thin Layer Chromatography (TLC), and Ion-Exchange Chromatography.
- To apply chromatography for separating metal ions and analyzing paint samples.
- To determine the ion-exchange capacity of resins.

**Unit 13 Introduction to Chromatography**

Chromatography is one of the most powerful and most versatile analytical techniques of modern chemistry, changing the way how scientists separate and/or identify and quantify components in a complex mixture. The word “chromatography” was first used in the early 1900s by the Russian botanist Mikhail Tswett in his pioneering studies of separating plant pigments. The word comes from the ancient Greek words “chroma” (color) and “graphein” (to write), literally meaning “color writing” a fitting description of the colorful bands he saw forming as various pigments separated over columns of calcium carbonate. All chromatographic techniques are based on the principle of distribution of components between two phases, a stationary phase and a mobile phase. When a mixture is introduced into the chromatographic system, each component will reach a specific equilibrium between the two phases depending on its physical and chemical properties. As a result, components with more affinity for the mobile phase is eluted more quickly through the system while components with more affinity for the stationary phase is eluted more slowly. This differential migration

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induces separation permitting both qualitative identification, and quantitative allotment of the individual components. Chromatographic techniques, however, are divided into groups according to various criteria such as the physical state of the mobile phase (gas, liquid, or supercritical fluid), the nature of the stationary phase (solid or liquid immobilized on a material), and the separation mechanism (adsorption, partition, ion exchange, size exclusion, or affinity). This classifies a multitude of techniques including gas chromatography (GC) high-performance liquid chromatography (HPLC) ion chromatography (IC) size exclusion chromatography (SEC) paper and thin-layer chromatography, which may seem simple, but work really well. Various disciplines were transformed with the development of chromatography.

In the realm of analytical chemistry, it stands as an essential tool for both the qualitative and quantitative analysis of intricate samples. Chromatographic-based techniques are used by biochemists for the purification of proteins, nucleic acids, and other biomolecular as well as by pharmaceutical researchers for isolation and characterization of drug compounds and their metabolites. Environmental scientists apply chromatography for the identification and quantification of pollutants in air, water, or soil samples, often at trace levels. Chromatography itself is strewn through the spectrum of science from forensic analysis to food testing, petrochemistry, and clinical diagnostics. There are various reasons that attribute to the unique versatility of chromatography. It has incredible sensitivity, first and foremost, detecting molecules at levels as low as parts per trillion in some cases. Second, it shows excellent selectivity enabling the separation of compounds that are structurally similar and might not be resolved using other analytical techniques. Thirdly,



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chromatography is non-destructive in many implementations, allowing separated components to be recovered for additional analysis or use. Fourth, it can capture both volatile gases and high-molecular-weight bimolecular, polar inorganic ions and non-polar organic compounds. Also, the chromatographic techniques can be easily automated and coupled with numerous types of detectors enabling high-throughput and multilayered analyses. And even though chromatography is highly sophisticated and commonly used in cutting-edge analytical laboratories, the underpinning concepts of chromatography can be nicely illustrated with relatively simple techniques, such as paper chromatography and thin-layer chromatography. The minimal instrumentation required by these approaches clearly demonstrates the primary principles behind differential migration and retention. They are excellent exploratory techniques for students just entering the field of analytical chemistry and separation science, with concrete examples of physical and chemical principles like polarity, intermolecular forces and partitioning behavior. Paper chromatography and thin layer chromatography — their principle, processes and applications will be discussed in the upcoming sections. We shall cover some details of the specific applications such as the separation of metal ions on paper chromatograms for paper chromatography and paint sample comparison by thin layer chromatography, showcasing the effectiveness of these intuitive techniques, Table 1 presents some practical applications.

### **Paper Chromatography**

One of the most ancient and simplest chromatographic techniques is paper chromatography, which is still an important technique used in laboratories especially for educational purposes and some analysis. Established in the 1940s by British chemists Archer Martin and Richard Synge (a pair eventually awarded the Nobel Prize for their work on partition chromatography), this method uses a common

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piece of filter paper as the stationary phase, against a number of solvents or solvent mixtures as the mobile phase. The basic concept which explains paper chromatography is the partition chromatography which states that the members of a mixture segregate between two immiscible liquid phases based on their partition coefficients. In paper chromatography, the cellulose fibers in the filter paper hold water molecules through hydrogen bonding, thus forming a thin layer of water which serves as the stationary phase. The mobile phase (usually an organic solvent that contains some water) travels through the paper by capillary action. As such, compounds in the sample partition and distribute themselves between the two phases, according to their relative solubilities, resulting in differential rates of migration and hence separation. Despite the simplicity of paper chromatography, the physicochemical processes are quite sophisticated. The most efficient separation relies on the several factors such as polarity of the compounds to be separated, composition of the mobile phase, filter paper type and grade, temperature, and development method. Analysts can optimize the separation of certain compounds or classes of compounds by manipulating these variables.

**PRINCIPLE OF PAPER CHROMATOGRAPHY** The first step of the process of paper chromatography is the preparation of stationary phase, generally a strip or sheet of filter paper, made from cellulose. A tiny drop of the sample is put as a condensed dot about 1-2 cm from one end of the paper, called the origin line. The paper is then placed in the development chamber, which is filled with a shallow pool of the mobile phase with the origin line above the solvent. The chamber is then sealed so that the solvent is pulled through it in a vapor-saturated environment for even solvent migration. In ascending development, as the mobile phase moves up the paper by the mechanism of capillary action or in descending development it moves down through gravity, it transports the sample mixture components at varying velocities. You go further



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from the origin if you're more attracted to the mobile phase, and you'll go slower if you have more attraction to the water-cellulose stationary phase. Once the solvent front has traveled the desired distance, the paper is removed from the chamber and dried. The separated species can be inherently colored (e.g., plant pigments), be fluorescent activity with ultraviolet, or need to be visible through chemical treatment, such as ninhydrin (used to see amino acids), iodine gas (used to detect organic compounds), or various reagents (used to detect specific analytes). When visualized, the components look like separate dots at different locations on the paper.

In paper chromatography quantitative analysis uses an  $R_f$  value which is the distance traveled by the compound in relation to the solvent front from the origin line.  $R_f$  value (dimensionless number in the range from 0–1) is a specific to a given compound under the chromatographic conditions used and is used as an identification parameter. Some noteworthy advantages of paper chromatography are as follows. It needs simple equipment and relatively small sample volumes, which make it more accessible to educational purposes and field analysis. Unlike other separation techniques, this one does not destroy samples, so separated parts can be recovered for further testing. It also has an extensive tolerance for differing compound types, including amino acids and sugars, plant pigments, and inorganic ions when suitable solvent systems and visualization techniques are used. But paper chromatography has limitations as well. It typically offers lower resolution than more powerful chromatographic methods, leading to splits of complex mixtures. Development time is slow by comparison, taking anywhere from 30 minutes to a few hours. It's not always reliable, though, with recalls possible because of the condition of the paper, humidity, and temperature. Moreover, the quantitative aspect is more imprecise

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compared with instrumental chromatographic techniques. Although it has these drawbacks, paper chromatography still has its uses. Intended for educational purposes, it illustrates basic mechanisms of chromatography and molecular interactions. Botanists use the technique to analyse plant pigments and secondary metabolites. Forensic scientists use paper chromatography in the initial analysis of inks, dyes and other color-related substances. Its simplicity makes it useful and suitable for screening amino acids in biological fluids in clinical laboratories. Moreover, in resource-poor settings, paper chromatography offers an inexpensive alternative for some analytical processes. The latest developments have opened new possibilities for paper chromatography. In the case of complex mixtures, using two-dimensional paper chromatography with solvent systems of different characteristics in a perpendicular orientation will improve the separation between the mixtures. In some applications, circular paper chromatography, where a sample is placed in the center of a circular paper and the solvent moves outward radially, has advantages over direct spray methods. This also has led to the development of paper-based microfluidic devices, which are a sophisticated version of paper chromatography, where complex, multi-step assays can be performed on one single paper device. Paper chromatography is among the simplest chromatographic techniques and an excellent tool for learning the fundamentals of larger-scale techniques, but it has its own place among analytical methods where simplicity, accessibility, and cost are critical factors.

### **Unit 14 Thin Layer Chromatography ( TLC)**

Thin Layer Chromatography (TLC) is a step forward compared to paper chromatography but it remains simple and inexpensive. Invented in the 1950s, TLC quickly became an important analytical tool with the benefits of paper chromatography in addition to better resolution, speed and versatility. Its widespread use in many branches





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of science reflects its extraordinary utility as a qualitative and semi-quantitative analytical technique. TLC consists of a thin and uniform layer of adsorbent material (stationary phase) coated on rigid backing such as glass, aluminum, or plastic. The most notable advantages of this technique when compared to paper chromatography is that in column chromatography the stationary phase can be changed depending on the nature of compounds that need to be separated. Some popular stationary phases used for chromatography are silica gel ( $\text{SiO}_2$ ), alumina ( $\text{Al}_2\text{O}_3$ ), cellulose, polyamide, and some chemically modified versions of silica gels carrying specific functionalities. The most common adsorbent is, and still is, silica gel with a polar silanol-rich surface ( $\text{Si-OH}$ ), providing a versatile adsorbent which can effectively separate a wide range of compounds. Unlike ordinary paper chromatography where separation is generally based on the partition between the two phases, TLC usually operates by adsorption chromatography where separation takes place by the differential adsorption of constituents onto the surface of the stationary phase of the carrier material. Depending on the specific stationary phase and applied conditions, partition, ion exchange, and size exclusion mechanisms may also play a role in separation. Elution in TLC (same as with paper chromatography) involves a single solvent or a solvent mixture tailor-made to elute target compounds efficiently. The TLC procedure commences with the TLC plate preparation, you may use from 5 to 20 cm long plates. When not pre-manufactured, a mixture of the adsorbent substance and a suitable binder to produce a slurry is uniformly spread up on the backing material which is then activated by heating to eliminate moisture. A few microliters of samples are applied as small spots about 1–2 cm from the bottom edge of the plate using capillary tubes, micro syringes, or commercial spotters that deliver defined amounts. The plate is then inserted into a development chamber, which has the mobile phase, and the spots of

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the sample should be above the level of the solvent. The mobile phase climbs up the plate via capillary action, moving the sample components at different rates depending on their affinity to both phases. Particles that have higher affinity to the stationary phase, thus move slow and particles that have higher affinity to the mobile phase move fast. Following the passage of the solvent front over an appropriate distance (typically 75-90% of the plate length), the plate is removed and dried. Different approaches can be used to visualize separated components based on the type of analytes. Many compounds are colorful or fluorescent, because they can be viewed directly with visible or ultraviolet light. Which non-visible compounds need to be chemically visualized by reagents like iodine vapor, sulfuric acid spray, ninhydrin to identify amino acid molecules or some other specific reactions to specific functional groups. Modern TLC plates frequently utilize fluorescent indicators that fluoresce under UV light except where compounds absorb UV light, leaving dark spots on a bright background.

As in paper chromatography, TLC is also utilized for quantitative analysis using the retention factor ( $R_f$ ) to identify compounds. Semi-quantitative analysis can be achieved by visual comparison of the spot intensity to that of standards, or with greater precision using densitometry, which measures absorbance or fluorescence intensity of the spots in the service or directly on the plate. These advantages are boosted by High-Performance Thin-Layer Chromatography (HPTLC), an advanced version of TLC, where more finely divided stationary phases and advanced instrumentation improves the quantitative ability of this technique. TLC provides several benefits that have helped cement its place in analytical labs. It requires less expensive equipment and usually does not require complex sample preparation. The



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output is rapid (15-45 minutes normally) and with good sensitivity (nanogram to microgram level). The method allows for processing of multiple samples at once, enabling direct comparison in identical conditions. Moreover, TLC is versatile, as it can be adapted to different compound classes by selected proper stationary and mobile phases, and it's more cost-effective than instrumental chromatographic methods. In particular, two-dimensional TLC, which separates components in two orthogonal directions using different solvent systems, increases resolution for more challenging separations. While there are benefits to TLC, it has drawbacks as well. The resolution is greater than that of paper chromatography but is still lower than many of the column-based instrumental techniques, in particular HPLC. Quantitative analysis is not as precise or accurate as in dedicated quantitative methods. These factors may significantly impede reproducibility, especially when humidity and temperature play a role; the method also is insufficient to resolve very complex mixtures without additional adaptations. TLC is used in many different scientific fields. It is used in pharmaceutical analysis for identity testing, purity assessment, and stability studies of drug substances and formulations. TLC is used by organic chemists to monitor the progression of reactions to track product formation and monitor purification of products. Researchers in natural products use the technique to screen extracts of plants to identify bioactive compounds. Forensic scientists use TLC for examining drugs, inks, explosives, and other evidence materials that have been confiscated. TLC is used in clinical laboratories to screen for metabolic disorders by analyzing biological fluids. These chemicals are used by environmental scientists to identify and measure pesticides, polycyclic aromatic hydrocarbons, and other pollutants within environmental

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samples. Recent developments have extended TLC applications beyond their traditional uses. Ultra-thin layer chromatography (UTLC) utilizes very thin adsorbent layers ( $d \approx 10 \mu\text{m}$ ), leading to faster separations and lower solvent usage. Overpressured layer chromatography (OPLC) is an evolution of this practice where external pressure is applied in order to facilitate the flow of mobile phase through the stationary phase, leading to efficiency and resolution improvements. This is achieved through automated multiple development (AMD), whereby solvent strength is gradually increased during development to allow for improved separation of complex mixtures. In addition, interfacing TLC with mass spectrometry by several means allows for the direct identification of separated species, thus greatly expanding the analytical potential of this basic technique. Analytical Chemistry is one of the most prominent journals of the field and are including more papers presenting TLC results, even if we result shall be in our scope only in cases where it is not finding in the appropriate journals.

### **Metal Ion Separation by Paper Chromatography ( $\text{Fe}^{3+}$ and $\text{Al}^{3+}$ )**

In paper chromatography, this separation and identification of metal ion is a significant application, and also proves that it is used for more than just separating organic compound. With metal ion chromatography, the dominant chemical interactions—ion exchange, complex formation, and adsorption—illustrate the ratio of these interactions needed for a good separation. As a general overview of metal ion separations using paper chromatography, separation of ferric ( $\text{Fe}^{3+}$ ) and aluminum ( $\text{Al}^{3+}$ ) ions provide a suitable example because, despite chemical similarities, the two ions display distinct chromatographic properties. Iron(III) and



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aluminum(III) have a number of chemical properties in common: both are trivalent cations with comparable ionic radii; both precipitate as insoluble hydroxides at neutral pH, and both engage in complex formation with a variety of ligands. Such similarities make their separation difficult by conventional methods like precipitation. Related products were also reported using paper chromatography, effectively separating metal ions based on subtle differences in coordination chemistry and interactions with the stationary and mobile phases despite very similar metal ions under identical conditions. Metal ion separation in paper chromatography is a result of various processes occurring simultaneously. Besides partition between the aqueous and organic phases, a major contributing factor for separation includes ion exchange with the cellulose matrix that contains carboxyl groups functioning as cation exchangers, and complex formation with mobile phase components. Migratory behaviors are also influenced by hydrolysis reactions, especially for  $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$  that readily generate hydroxo complexes. The exact contribution of each mechanism is dependent on the chromatographic conditions resorted, such as pH, presence of complexing agents, and composition of the solvent. The process for separating  $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$  starts with sample preparation, which commonly includes the dissolution of the metal salts (e.g., nitrates or chlorides) and in dilute acid to avoid hydrolysis. Apply the solution as a small spot on the chromatography paper (2 cm from the bottom edge). Reference standards of known  $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$  solutions are spotted independently to enable comparative identification. The paper is placed then in a development chamber with an appropriate mobile phase after drying the spots of applications.

Separation efficiency is highly dependent on the choice of mobile phase. There are a few efficient solvent systems have been proposed for  $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$ . The most widely used system is n-butanol

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saturated with dilute hydrochloric acid (3M HCl) to maintain an acidic environment and inhibit the precipitation of metal hydroxides while allowing the differential formation of complexes. Alternative combinations are acetone-concentrated hydrochloric acid-water in different volumes or organic solvents with organic acids such as formic, acetic acid, which act as complexing agents. In the development process it takes 1-3 hours for the mobile phase, containing metal ions in various implementations, rise up paper by capillary action. After development, the paper is taken out of the chamber and baked to evaporate the solvent. Given the lightest ions ( $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$ ) are colorless under aqueous conditions ( $\text{Fe}^{3+}$  is cannot appear faintly yellow at significant concentrations), a certain reagent is required to be able to be helpful to identify their presence, that is to state, create colored complexes. Certain visualization reagents have been successfully employed for the detection of these metal ions. Potassium ferrocyanide gives a distinctive Prussian blue color for  $\text{Fe}^{3+}$ , and ammonium thiocyanate produces a blood-red complex. In slightly alkaline conditions, Aluminon (aurin tricarboxylic acid) or Alizarin Red S than forms red-violet complexes with  $\text{Al}^{3+}$ . A useful reagent that can detect both  $\text{Al}^{3+}$  and  $\text{Fe}^{3+}$  ions at the same time is 8-hydroxyquinoline (oxine), which under UV has a green fluorescent complex with  $\text{Al}^{3+}$  and a yellow-green complex with  $\text{Fe}^{3+}$ . Or, if spotted chromatograms (Fig. 1a) are sprayed with a universal metal indicator, e.g. dithizone, which reacts with metal ions forming complexes of different colours, the distribution of several metal species can be visualized in one image.

In most cases,  $\text{Fe}^{3+}$  is more mobile (larger  $R_f$  value) than  $\text{Al}^{3+}$  in butanol-HCl based chromatographic systems. This differential migration is due to  $\text{Fe}^{3+}$  more readily forming soluble chloro complexes (e.g.  $[\text{FeCl}_4]^-$ ) that are less tightly bound to the stationary phase. In comparison,  $\text{Al}^{3+}$  generates weaker chloro



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complexes and has a stronger interaction with the cellulose matrix via ion exchange and adsorption mechanisms, leading to slower migration. The exact migration behaviour will vary based on chromatographic conditions, and the relative order of  $R_f$  values can be altered by changing the composition or pH of the mobile phase. Paper chromatography is a semi-quantitative method, and a quantitative determination of  $Fe^{3+}$  and  $Al^{3+}$  cannot be performed. Nevertheless, rough concentrations may be assessed by comparing sizes and intensities of the spots to those of standards chromatographed concurrently. For more accurate quantification the spots can be eluted from the paper and the resulting solutions can be analyzed using spectrophotometric methods that are tailored to each metal ion. In paper chromatography, the  $Fe^{3+}$  and  $Al^{3+}$  can be separated from one another as such, and it has a number of advantages. The method makes use of basic animal-based materials and low-cost reagents, which makes it also feasible to be used in teaching institutions/low resource laboratories. It does so by distinguishing between these chemically similar ions by subtle differences in their coordination chemistry. In addition, the method allows the simultaneous processing of multiple samples, making it applicable for comparative studies and high-throughput screening. Yet, there are some limitations that need acknowledging. The resolution might not be sufficient for samples containing other metal ions with close chromatographic behavior. Certain environmental factors, including temperature and humidity, may influence reproducibility and thus, quantitative analysis. The method is less sensitive in comparison to instrumental techniques such as atomic absorption spectroscopy or inductively coupled plasma mass spectrometry, making it suitable for samples containing moderate to high concentrations of metals. Nevertheless, based on these constraints, the paper chromatographic separation of



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$\text{Fe}^{3+}$  and  $\text{Al}^{3+}$  can be a practical setup for diverse settings. In secondary educational laboratories, it teaches principles of coordination chemistry and separation science effectively. It also offers a portable approach towards preliminary screening of environmental samples for metal contaminants in field analysis. In geology, it helps characterize the mineral compositions. As a simple method of detecting metallic impurities, it is used in the quality control of certain chemical products. Whether in environmental monitoring or food safety, the New ArboLCM apparatus applies the very supportive benefits of chemical safety and low cost to metals with recent adaptations for paper chromatography. The selectivity towards specific cations can be altered by pre-impregnating the paper with complexing agents including EDTA or specific ligands. In the second dimension method with a different solvent system, the resolution of complex metal mixtures can be improved. By using digital imaging and analysis software, the color intensity and hue of the visible spots on the chromatograms could be used for further quantification, leading to greater quantification accuracy. The findings from paper chromatographic studies of metal ions also laid down the ground for the development of more advanced methods for metal speciation analysis such as ion chromatography and capillary electrophoresis. Hence, the paper chromatographic separation of  $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$  transcends a mere analytical technique; it exemplifies underlying coordination chemistry principles, showcases the adaptability of chromatographic methodologies, and serves as a springboard for understanding more sophisticated metal ion analytical approaches in modern analytical chemistry.

### Comparison of Paint Samples by TLC Method

Thin Layer Chromatography (TLC) lends itself well to this purpose and has become an important analytical tool in forensic science and art conservation. This application elegantly shows the ability





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of this technology to tackle complex analytical problems with fairly low-tech instrumentation. The study of paint provides an interesting case study because paints have many components pigments, binders, solvents, and additives—and each may be a contributor of unique chromatographic patterns that can be used as chemical fingerprints in comparison and identification. Forensic paint analysis has important applications for paint evidence in automobile related crimes such as hit-and-run, burglaries, vandalism and paint transfer during other types of crimes. Likewise, paint analysis is also a critical part of art conservation and authentication, revealing information about an artwork's composition, age, restoration history, and authenticity. In both cases, TLC is a cheap screening method that can be used prior to using a more sophisticated instrumental method. The TLC analytical approach to paint analysis starts with the sample preparation step, a crucial part to be thoroughly optimized depending on the paint type and components of interest. For the analysis of organic pigments and dyes in paint, small samples (1–5 mg) are extracted with suitable solvents or mixtures of solvents. Typical extraction solvents are acetone or methanol or ethyl acetate, toluene, or combinations thereof, chosen based on the suspected formulation of the paint. Sonication, heating, or mechanical agitation may be used to promote more efficient extraction. After extraction, insoluble fragments are separated from the solution by either filtration or centrifugation, and if necessary the clear extract is concentrated to achieve the required detection sensitivity. Where reference or gold standards exist, they are constructed in a similar manner to allow comparisons directly. These may consist of known paint samples obtained from suspected sources (e.g., a suspect's car in a hit-and-run), standard pigments and dyes, or reference materials from recognized repositories of commercial paints. Adding these standards the same TLC plate as the disputed sample allows

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for direct comparison under the same chromatographic conditions, making the analysis more convincing. The choice of TLC conditions is crucially important for the quality of separation, and therefore for the differentiating power of the analysis. Silica gel is still the most widely used stationary phase for paint analysis, as it can separate a wide range of organic compounds. On the other hand, one might want to resort to reversed-phase plates (C18-modified silica) for highly polar components or consider alumina plates to be superior for certain pigment classes. Precedent experiments to find the right mobile phase composition will have to be done to ensure good separation of the components found in the specific paint samples you are analyzing. Common mobile phases are mixtures of non-polar (hexane, toluene) solvents with moderate polar (dichloromethane, ethyl acetate) and/or polar (methanol, acetone) solvents in different ratios. Depending on the polarity of the target compounds, the exact composition is tuned to deliver the best resolution.

After application and development of the sample, various methods of visualization of separated pigments and dyes are used, depending on the type of pigments and dyes. Some organic colorants can be directly observed under ambient light, while others will require short or long-wave ultraviolet light (365 nm / 254 nm) in order to observe effects such as fluorescence or quenching. Additional components may be shown by chemical visualization reagents like iodine vapor, sulfuric acid spray or reagents specific to functional groups. Digital photography in different lighting conditions helps to capture the results for further comparison and archiving. Results of paint comparison by TLC are interpreted qualitatively and semiquantitatively. Qualitatively, the chromatographic patterns of questioned and known samples are compared according to several parameters: number of separated components, their respective  $R_f$  values, their color or



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fluorescence characteristics, and their relative intensities. In a semi-quantitative assessment, size measurement of spots or intensity values are recorded, or densitometric scanning can be used to achieve a more objective inter-sample comparison. The overall assessment of all parameters will ascertain whether the samples are indistinguishable, similar, or different from each other. If you are doing a TLC comparison of paint samples, two types of conclusions can be reached. The evidence of a similarity of chromatographic patterns in all the said parameters (in experimental gas chromatography variation) of questioned and known samples is a positive finding and means that these samples could possibly have a common source. This does not mean eternally proof identical origin but demonstrates that the different samples cannot be separated by the used TLC method. A negative finding, on the other hand, occurs when there is a clear difference in the chromatographic patterns indicating distinct compositions and thus different sources. The robustness of either of these conclusions hinges on the differentiating capability of the specific TLC system used and the degree of similarity in the paint formulations being analyzed. The TLC analysis of paint samples has several benefits in forensic and conservation contexts. The technique uses very small amounts of sample, protecting precious evidence or artwork material for future analyses. It enables simultaneous analysis of many samples under the same condition, making them easy to compare directly. Compared with the instrumental techniques, the method is relatively rapid and inexpensive, which can be used for preliminary screening of many samples. In addition, TLC does not need any sample derivatization, making it an easier analytical method as each color component is easily separated and visualized. But also some limitations need to be

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recognized. TLC has lower resolution than high-performance liquid chromatography (HPLC) and other instrumental methods which may limit its discriminatory power in complex paint formulations. This technique is mainly able to detect extractable organic components; therefore, it is not very informative regarding inorganic pigments or polymeric binders, which may be characteristic of some paints. Quantitative analysis is still difficult, which can make minor compositional differences difficult to place in context. Furthermore, degradation products within aged paints may impact chromatographic profiles, thus rationalizing comparison with fresh reference materials. In order to overcome the limitations of TLC analysis of paint, it is frequently supplemented with other analytical methods within an overall strategy. FTIR spectroscopy gives insight to the binders, and some inorganic. SEM-EDX is used to characterize inorganic pigments and fillers. Polymeric binders and organic pigments are simultaneously analyzed using pyrolysis–gas chromatography–mass spectrometry (Py-GC-MS). Raman spectroscopy provides a non-destructive mechanism of identification for both organic and inorganic pigments. In combination with various other complementary analytical techniques, this multi-analytical approach provides a more complete characterization than any individual technique alone.

Advances in TLC technology can assist in paint analysis. High-performance TLC (HPTLC) uses stationary phases of smaller particle size and more complex instruments for better resolution and reproducibility. The various interfaces also allow for direct coupling of TLC with mass spectrometric methods, leading to identification of separated components—thus considerably increasing the informative value of the method. The more objective comparisons of chromatographic patterns through extraction of color, algorithms of pattern recognition, and a statistical analysis



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of spot parameters have become possible with the advent of digital imaging systems with relevant software. Furthermore, in certain forensic laboratories, databases of commercial paints in the form of TLC databases have been constructed to allow for comparison of unknown samples by matching them to the patterns obtained. In a practical context, TLC comparison of paint samples has been useful for many forensic investigations and art authentication cases. In the field of automotive paint analysis, it has been possible to connect fragments of paint recovered from a crime scene to accurate makes, models and years of production based on TLC analysis of characteristic formulations used by manufacturers. In art investigation, the technique has helped identify anachronistic pigments in suspected forgeries, characterize restoration materials and establish links between works attributed to the same artist or workshop. In architectural research, TLC has been used to help identify the original color schemes of historic structures by analyzing layers of paint, which has guided accurate restoration projects. This side-by-side comparison of paint samples by TLC is an excellent example of how a simple analytical technique can be applied to solve complex problems in the real world. Because the engineer paint components migrate differently, depending on the physic chemist property, TLC affords an excellent basis for comparison and identification and therefore gives an important contribution to forensic and cultural heritage subjects. Although many more sophisticated instrumental methods are available, TLC is still relevant for use in the multifaceted analysis of paint materials, owing to its accessibility, versatility, and usefulness as a preliminary screen. From the basic models of chromatography to detailed applications such as the analysis of metal ions and comparison of paints, the techniques and applications described in this Module illustrate that the most basic of methods can be used to probe intricate chemical details through the relatively simple process of

differential migration. New applications of these chromatographic techniques continue to emerge, affording separation science exciting new opportunities in the pursuit of restatement science in many scientific disciplines.

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### **Unit 15 Ion-Exchange Chromatography**

Ion-exchange chromatography is an analytical and preparative technique that separates based on charge characteristics. This approach takes advantage of the ionic interactions between charged analytes and immobilized oppositely charged functional groups on a stationary phase. The principle is based on the ion-exchange reaction between a mobile phase and charged groups on the stationary phase. It was pioneered in the 1930s by Adams and Holmes, who found that crushed phonograph records could serve as ion exchangers. This fortuitous discovery led to the synthesis of ion-exchange resins, which was a game-changer in membrane technology and enabled new levels and types of separation of complex mixtures of ionic species. The first major application of ion-exchange chromatography came in the 1940s as part of the Manhattan Project, where it was used to isolate and purify rare earth elements and uranium isotopes. Contemporary ion-exchange chromatography employs stationary phases consisting of insoluble, cross-linked polymeric matrices that have been functionalized with charged groups. These matrices are generally polystyrene cross-linked with divinylbenzene, cellulose, agarose, or silica. The charged functional groups covalently bonded to these matrices can be divided into four prevalent categories: strong cation exchangers (e.g., sulfonic acid groups,  $-\text{SO}_3^-$ ), weak cation exchangers (e.g., carboxylic acid groups,  $-\text{COO}^-$ ), strong anion exchangers (e.g., quaternary ammonium groups,  $-\text{N}^+(\text{CH}_3)_3$ ), and weak anion exchangers (e.g., amino groups,  $-\text{NH}_2$ ). The process of ion-exchange occurs in multiple distinct steps. The stationary phase is



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first equilibrated with the counter-ions provided from the mobile phase. Upon introduction of a sample containing ionic compounds, the ions which retain stronger interaction with the stationary phase displace the original counter-ions, creating a new equilibrium. The state of this equilibrium naturally depends on both ion charge, ion radius, and hydration energy and is ultimately determined by the QSARs for the various ions in terms of their relative affinities to the various charged groups on the stationary phase of the column. A gradient of increased ionic strength or pH is then applied to sequentially elute the bound analytes. The selectivity in ion-exchange chromatography depends on a number of parameters such as nature and concentration of competing ions in the mobile phase, pH, temperature and type of ion-exchange resin. They provide an opportunity for the separation conditions to be optimized for individual applications by manipulating these parameters. As an example, pH modification changes the charge condition of weak acid or base functional groups present on both the analyte and stationary phase, and thus their electrostatic interactions and retention profiles. Ion-exchange chromatography has the remarkable feature of high loading capacity, and thus can handle large volumes of the sample. This property can be very advantageous for preparative applications where high amounts of purified material are needed. The technique also demonstrates superb resolution of similarly charged species, which are hard to separate by other chromatographic techniques. Ion-exchange chromatography is a widely used analytical method in many fields of science. In biochemistry, it is primarily used in protein purification, capitalizing on the amphoteric characteristics of proteins to separate on the basis of their isoelectric points. It is used by environmental scientists to quantify ionic species in water samples; by pharmaceutical researchers for quality control of drug substances; and for the removal of charged impurities. In clinical diagnostics, ion-exchange chromatography facilitates the



identification of abnormalities in hemoglobin variants and the assessment of glycated hemoglobin (HbA1c) concentrations for managing diabetes.

Improvements to ion-exchange chromatography Recent advances in technology have improved some of the functionality of ion-exchange chromatography. Monolithic columns with higher permeability have also been developed to reduce analysis time and enhance mass transfer kinetics. Hybrid materials, which draw on the mechanical stability of inorganic substrates and the chemical diversity of organic functional groups, showed improved pH range as well as temperature tolerance of ion-exchange media. In addition, ion-exchange chromatography has been integrated into miniaturized formats to fit together with micro fluidics in automated, high-throughput assays that use small amounts of sample. Although there are many advantages associated with it there are limitations as well. This technique can also be compromised by matrix effects during analysis of complex samples, requiring additional steps in sample preparation. Elution buffers at high salt concentrations can disrupt further analysis, and necessitate desalting steps. Additionally, the ion-exchange chromatography resolution for neutral species is quite poor and limits its application to charged analytes only.

### **Unit 16 Column Ion-Exchange Chromatography**

Column ion-exchange chromatography is the most common format used for ion-exchange separation methods, providing better resolution and scale than other designs. In this method, both resins and sample mobile phases are immobilized in a cylindrical column and the ions are breathed past the column under controlled conditions. The column structure creates a rich, dynamic ion-exchange environment that facilitates the effective separation of complex mixtures according to their differential affinities for the

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stationary phase. It's the design and preparation of an ion-exchange column that are key factors in determining its separation performance. Modern columns are made from chemically inert materials — glass, stainless steel, or high-performance polymers — which can stand the extreme conditions sometimes used in separations. They come in various internal diameters and lengths, depending on the specific application, but analytical columns typically have an internal diameter of 2-5 mm and a length between 50 and 250 mm, while preparative columns can be larger than 10 cm in diameter. Porous frits at the ends of the columns capture the stationary phase but allow the mobile phase to flow through without obstruction. The ion-exchange resin must be packed into the column with care to maintain homogeneity inside the column and avoid formation of channels or voids, which will lead to a loss in separation efficiency. There are a variety of packing methods such as dry packing, slurry packing, and high-pressure slurry packing. For analytical applications, high-pressure slurry packing is preferable as it yields more uniform beds with greater efficiencies. A suitable solvent is used to suspend the resin particles, which are then added to the column under pressure to slowly create a compact, uniform resin bed. The column is then conditioned with suitable buffers to reach the appropriate ionic form before the injection of samples. The separation performance in column ion-exchange chromatography is greatly affected by the operational conditions. Flow rate is related to the residence time of analytes in the column, which greatly impacts resolution and time taken for analysis. Increased flow rates accelerate analysis but can decrease resolution due to the lack of time to equilibrate mobile and stationary phases. In contrast, reduced flow rates yield improved resolution but with prolonged runtime. The best possible flow rate is a compromise between these opposing

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influences and is also dependent on analytes' diffusion properties, column size, and the resin particle size. Temperature control is equally important during column operation, as temperature influences the kinetics of ion-exchange reactions and the stability of the analytes and the stationary phase. As elevated temperature typically promotes mass transfer processes, peak shapes may be improved and analysis times shortened. Conversely, these can also facilitate attack of labile compounds or destabilize pH-sensitive functional groups on the resin. Column ion-exchange chromatography systems are equipped with systems to control temperature to achieve consistent conditions during the chromatography separation process. Optimization of sample introduction in column ion-exchange chromatography. To achieve this, the sample must be dissolved in a buffer that has a lower ionic strength than that of the mobile phase. Sample volumes should be kept as small as possible to minimize band broadening, but due to their high capacity, larger sample volumes than those tolerated for other chromatographic techniques are often used. To achieve the best resolution, we adjust the sample pH to optimize the charge difference between the analytes leading to their separation.

Column ion-exchange chromatography methods Elution strategies vary in column ion-exchange chromatography, depending on the sample complexity and the resolution level required. For complex mixtures which bind with substantially different affinities, isocratic elution with a mobile phase of constant composition is sufficient. For complex samples, however, gradient elution, which yields a gradual increase in ionic strength or change in pH, is used more frequently. The gradient profile could be linear, step-wise, or concave depending on the separation needs. Although continuous gradients yield higher resolution for analytes that are similar to each other, step gradients permit retention of eluted analytes in



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separate fractions. There are a range of detection systems developed for coupling to column ion-exchange chromatography depending on the analyte properties. The most universal detection is known as conductivity detection, which monitors the flow of the eluent for changes in electrical conductivity as analytes elute. However, the background conductivity of salt gradients is typically high and often requires the use of suppression systems which lower the conductivity of the mobile phase without diminishing analyte signals. UV-visible spectrophotometry, fluorescence detection, refractive index monitoring, or mass spectrometry can be used for some specific applications, each providing different characteristics in terms of sensitivity and selectivity. Further advances with column technology have greatly improved the performance of ion exchange chromatography. More recently, the invention of pellicular resins (i.e., a thin layer of ion-exchange material on an inert core) has significantly increased the mass transfer characteristics and shortened separation times for applications such as hydrometallurgical separations<sup>7,8</sup>. Rapid separations and high recoveries are possible with non-porous resins, which is advantageous for labile biomolecules. Perfusion chromatography media with large through-pores, allowing for convective flow through the particles, provide the opportunity to run separations at increased speeds and at reduced pressure. Finally, continuous bed or monolithic columns present the restriction found in packed beds, with less backpressure and better mass transfer for high-throughput uses. Column ion-exchange chromatography is an important technology on preparative and large-scale industrial applications with several implications on the scale-up considerations. Linear scale-up where the bed height is kept constant while scaling the column diameter in proportion to the sample to be processed volume maintains resolution, but allows for larger quantities. Nevertheless, practical constraints, such as flow distribution, heat dissipation and mechanical stability of the

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resin bed, usually require adjustments to the elution conditions during scale-up. Analytical-to-preparative scale-up is supported by specialized equipment such as column packing stations, flow adapters and bed support systems. Common troubleshooting problems in ion-exchange has peak broadening, tailing, splitting or fronting. Too much extra-column volume, overloaded sample or poor packing both may cause the peak broadening. As one type of peak distortion, tailing often signals secondary interactions between analytes and the stationary phase, or the presence of active sites on the column hardware. Peak splitting may point to channeling within the column bed or partial frit occlusion. Systematic methods that can be used to diagnose and rectify these problems are repacking of columns, replacement of frits, alteration of mobile phase composition, or change of sample preparation protocol. Column ion-exchange chromatography continues to be an essential technique in a wide range of analytical and preparative applications. It also allows the separation of proteins with small differences in their surface charge distribution in the protein purification. For pharmaceutical analysis, this enables the accurate quantification of drug substances along with several of their ionic impurities. One of the most widely used techniques for the determination of inorganic anions and cations in water samples, specifically in environmental monitoring, is based on column ion-exchange chromatography. The technique is versatile, robust, and scalable making it an important method to this date in both research and industry.

### Determination of Ion Exchange Capacity of Resin

One of the most important parameters quantitatively defining an ion exchange resin is its ion exchange capacity, which indicates the number of exchangeable ionic groups per unit mass or volume of resin. This property reflects the fictionalization in the resin so



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that it directly affects the resin in applications, such as determining its binding capacity, exchange kinetics, and liberation behavior. Accurate calculation of the ion exchange capacity is critical in the quality control of resins produced, assessing resins for degradation after repeated cycles of use, testing and comparing dissimilar resins for a particular use, and optimizing chromatographic botanic conditions. The most common way of referencing ion exchange capacity is as the number of mill equivalents (meq) of ions exchanged per gram of dry resin or per milliliter of wet, settled resin. Total ion exchange capacity is the theoretical maximum number of ionic groups that can participate in ion exchange, and operational capacity is the number of ionic groups actually accessible in the specific experimental setup. The difference between these two figures is most significant in practice, where steric hindrance, kinetic limitations, and competition phenomena generally result in the inability to exploit the whole theoretical capacity. There are various methods available for measuring resin ion exchange capacity, and each has its own strengths and weaknesses. Depending on the resin (cation or anion exchanger), the nature of functional groups (strong or weak), and the precision needed, either method can be used. These approaches are broadly classified into direct titration methods, displacement methods and spectral methods. One of the simplest methods for determining the capacity of strong acid cation exchangers is the direct titration method. The resin is first treated with strong acid in excess and then extensively washed to remove non-bonded acid ( $H^+$ ). The resin is subsequently washed with a known concentration of sodium hydroxide solution to neutralize the acidic functional groups and exchanged the resin to sodium form. The amount of base used directly (via back-titration of the excess base or direct pH measurement), corresponds to the number of acidic groups of the resin. In the case of strong base anion exchangers the procedure is basically the inverse wherein the resin is first converted to its

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hydroxy form and then titrated with an acid solution of known molarity. The functional groups of weak acid cation exchangers and weak base anion exchangers are dependent on the pH of the solution, which is why their titration procedures must be modified. The sodium form of the resin is obtained by treating with sodium bicarbonate solution to achieve complete ionization of the carboxylic acid groups (weak acid resins). Boiling removes the released carbon dioxide before titration. Weak base resins are also treated with sodium chloride solution to convert them to the chloride form, and the liberated hydroxide ions are titrated with standardized acid. Another method to determine the capacity for determining displacement is the column method, which is an alternative methodology for determining capacity that closely mimics actual operating conditions. In this approach, a predefined quantity of resin is packed in a column and charged with specific counter-ions (e.g.,  $\text{Na}^+$  for cation and  $\text{Cl}^-$  for anion exchangers). Next, the resin is eluted with excess of some solution containing a different counter-ion that has a higher affinity for the resin. Once the ions have been displaced, the effluent is gathered and the displaced ions are quantified using tools like atomic absorption spectroscopy, inductively coupled plasma mass spectroscopy, or ion chromatography. The overall residence of the ions exchanged is equal to the factitious functionality of the resin with regards to conditions of use.

As alternative methods for determining capacity, especially for special or expensive resins, spectroscopic methods represent a non-destructive alternative. Using infrared spectroscopy, one can identify and quantify functional groups based on specific absorption bands, while solid-state nuclear magnetic resonance spectroscopy provides detailed information on the chemical surroundings of the ionic groups. Surface characterization using X-ray photoelectron spectroscopy (XPS) allows us to access the difference in functional groups between the surface and interior of the resin beads. As such,



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the spectroscopic techniques typically need calibration with resins of known capacity and may not be as accurate as traditional chemical methods used for the absolute determination of the (absolute) capacities. The breakthrough capacity method simulates real-world operation conditions, obtaining information for the dynamic capacity of the resin. A solution with known concentration of counter-ions is flowed through a column packed with the resin at a certain rate. Real-time monitoring is done on the effluent and the breakthrough point is detected when the counter-ion in effluent reaches a certain percentage (usually 5% or 10%) of influent concentration. The amount of counter-ions retained by the resin before breakthrough is defined as its working capacity for the particular conditions. This approach considers kinetic restrictions and flow effects to provide capacity values that are potentially more relevant to real-world applications than the equilibrium methods. There are various factors that affect the precision and repeatability of capacity measurements. The amount of moisture contained in the resin has an important influence on the quanto is reported, when expressed as a mass on a mass basis, and therefore, it is essential that strict drying protocols are followed or such measurements are always made with concomitant determination of moisture content. We consider that the accessibility of functional groups and kinetic of ion exchange reactions are potentially affected by the particle size distribution due to the different disparity of the functional groups on the adsorbent or as well as- the rate of the cation uptake, the two methods being sometimes used are displacement and breakthrough reaction methods, used to examine particle size distribution effects. Systematic errors may be introduced by the presence of impurities or partially degraded resin components, especially in titration methods. In addition, the selected counter-ions and their respective concentrations as well as the temperature and the time of contact between the electrodes also affect the determined capacity values. In order to assure



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uniformity in capacity determination from laboratory to laboratory, established methods are available from organizations such as the American Society for Testing and Materials (ASTM) and the International Organization for Standardization (ISO). These protocols outline specific procedures for resin pretreatment, reagent preparation, analytical conditions and data reporting. Follow these standard procedures so that the comparisons between the various resins are meaningful for or you control the quality of the resin production and use. Resin intended for certain applications cannot be connected to the data on capacity without each, such data being interpreted. For analytical chromatography, the uniformity of capacity distribution within the resin bed is often more important than absolute capacity values as it relates to separation efficiency. In fact, in the context of industrial water treatment, the breakthrough capacity at operational conditions conveys more important information than exchange capacity maximally provided (total exchange capacity)<sup>54</sup>. For specialty applications like catalysis or drug delivery, the accessibility and reactivity of the functional groups may be as important or more important than the absolute number.

In addition to specifying total capacity, ion exchange resins are often characterized by their capacity distribution as determined by titration curves. For cation exchange resins, this means that a titration of the resin with base will require plotting pH vs. degree of neutralization. The pK<sub>a</sub> values of the functional groups and their relative abundances can be determined from the resulting curve, which will provide an insight into the heterogeneity of the resin. Analogous methods with potentiometric or conduct metric titrations may also be used with anion exchange resins. Flow-through cells, in-line detectors, and computerized data acquisition have paved the way for automation of such systems for capacity





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determinations. These systems improve reproducibility, decrease operator-dependent variations, and provide high-throughput testing of many resin samples. Then, complex titration curves or breakthrough profiles can be analyzed using advanced data analysis algorithms to extract capacity values and other parameters, e.g., exchange kinetics or selectivity coefficients. New technology developments have opened up additional tools for making capacity determinations. Micro fluidic devices allow capacity measurements using a small amount of sample, which can be particularly important for new or specialty resins, for which only small quantities are available. A better understanding can be achieved by exciting functional groups in individual resin beads with co focal microscopy and fluorescent probes, which give spatial insight unavailable from bulk measurements. Impedance spectroscopy provides information on resins' electrical properties, which relate to their ion exchange capacity and structural characteristics. Ion exchange capacity does not directly relate to resin performance in a simple proportion fashion. Typically, high capacity resins give rise to increased binding, but may be associated with lower selectivity or slower kinetics through increased charge density and potential steric hindrance. For specific applications, a performative balance of capacity versus other performance parameters, such as selectivity, kinetics, and mechanical stability, has to be obtained. In addition, the capacity of a resin may change over its lifespan because of fouling, chemical degradation or mechanical attrition, requiring a re-evaluation over longer time scales. Although mostly used for characterization, the determination of ions exchange capacity has many important applications in practice before any further analysis. This provides the basis for determining resin requirements for given separation problems, designing regeneration protocols, and defining elution strategies for chromatographic applications. Moreover, real-time monitoring of capacity loss during successive usage cycles offers

insight into resin lifetime and informs industrial end-users on replacement intervals. Recent development of improved ion exchange materials, such as hybrid organic-inorganic composites, functionalized membranes, and stimuli-responsive polymers, also introduces further complexities to capacity determination. Many of these systems consist of complex architectures or heterogeneous distributions of functional groups that cannot be accurately characterized through traditional methodologies for assessing capacity. Combining computational modeling with experimental measurements creates exciting new opportunities to appreciate the nuances that link structural features to the ion exchange characteristics of these advanced materials.

**MCQs:****1. What is the principle behind chromatography?**

- a) Electromagnetic absorption
- b) Partitioning between phases
- c) Catalysis
- d) Oxidation-reduction reactions

**2. Which of the following is the stationary phase in paper chromatography?**

- a) Solvent
- b) Paper
- c) Gas
- d) Liquid

**3. What is the mobile phase in Thin Layer Chromatography (TLC)?****Chromatography**



## Notes

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- a) Solvent
- b) Paper
- c) Silica gel
- d) None of the above

**4.** What can be separated using paper chromatography?

- a) Only gases
- b) Non-volatile compounds
- c) Volatile compounds
- d) All compounds

**5. Ion-exchange chromatography is mainly used for the separation of:**

- a) Organic compounds
- b) Metal ions
- c) Gases
- d) Non-polar substances

**6. In column chromatography, the stationary phase is typically:**

- a) Water
- b) Glass beads
- c) Silica gel
- d) Ethanol

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**7. Which of the following metal ions can be separated using paper chromatography?**

- a)  $\text{Fe}^{3+}$
- b)  $\text{Na}^{+}$
- c)  $\text{H}^{+}$
- d)  $\text{Cl}^{-}$

**8. What is the purpose of determining ion exchange capacity in ion-exchange chromatography?**

- a) To measure the number of active sites in the resin
- b) To analyze the chemical structure of the resin
- c) To separate organic compounds
- d) To increase the purity of the resin

**9. What is the common use of TLC in analytical chemistry?**

- a) Separating and identifying small molecules
- b) Purifying large biomolecules
- c) Detecting inorganic compounds
- d) Analyzing gases

**10. Which of the following is the mobile phase in column ion-exchange chromatography?**

- a) Water
- b) Organic solvent
- c) Gas
- d) Buffer solution



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**Short Questions:**

1. Define chromatography and explain its basic principle.
2. What is the purpose of using paper chromatography?
3. Describe the process of thin-layer chromatography (TLC).
4. How do you separate a mixture of  $\text{Fe}^{3+}$  and  $\text{Al}^{3+}$  using paper chromatography?
5. What is ion-exchange chromatography used for?
6. Explain the principle of column ion-exchange chromatography.
7. How do you determine the ion-exchange capacity of a resin?
8. Describe the comparison of paint samples using TLC.
9. What are the advantages of using chromatography in chemical analysis?
10. How does chromatography help in separating components of a mixture?

**Long Questions:**

1. Discuss the principle of chromatography and its applications in analytical chemistry.
2. Explain the different types of chromatography and their uses in analyzing chemical substances.
3. What is the process for separating a mixture of metal ions using paper chromatography?

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4. Discuss the advantages and disadvantages of TLC in comparison to other chromatographic techniques.
5. How is ion-exchange chromatography used in the analysis of water and soil samples?
6. Explain the procedure and significance of determining the ion-exchange capacity of resins.
7. What factors influence the efficiency of chromatography in separating components?
8. How does the mobile phase affect the separation process in chromatography?
9. Discuss the use of chromatography in forensic and environmental analysis.
10. Describe the role of TLC in qualitative analysis and its practical applications.



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**MODULE 5**

**ANALYSIS OF COSMETICS**

**Objective:**

- To understand the major and minor constituents of cosmetics and their functions.
- To learn the analysis of deodorants, antiperspirants, and talcum powder.
- To determine the constituents of common cosmetic products using analytical techniques.

**Unit 17 Introduction to Cosmetics Analysis**

Cosmetic analysis is a branch of analytical chemistry that deals with the study of personal care and cosmetic products. This field combines elements of chemistry, dermatology, toxicology, materials science and other areas to shed crucial light on how a product can be formulated perform and be safe. These chemical and physical properties of the cosmetics guide manufacturers to formulate high-quality, stable and safe products for the end consumers. Modern cosmetics are complex systems of active materials, excipients, and additives that are used to improve functional and aesthetic properties. Active ingredients (antioxidants, UV filters, skin-conditioning agents, etc.) are added for their targeted benefits, and excipients stabilize the formulation (maintaining its consistency, spread ability, and shelf-life). Additives, such as fragrances, colorants, and preservatives, improve sensory appeal and prolong product stability. Because these active ingredients need to be effective and stable in both storage and use, appropriate analytical testing is vital to ensure their integrity and performance. Simultaneous testing of multiple parameters is essential in the analytical methods used in cosmetic studies. This entails measuring active agents to assure they exist

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at the desired concentrations, assessing microbiological purity to verify that the product does not contain dangerous bacteria and fungi, as well as the characterization of physical properties like viscosity, spread ability, and pH equilibrium. Present day formulations are very complex and need very advanced testing techniques as compared to classical wet chemistry. Early methods for the cosmetic analysis were mostly qualitative and quantitative tests for the identification of ingredients based on classic chemical reactions and colorimetric assays compared to standard solutions, but the evolution of instrumentation for the chemical analysis has allowed the development of more precise and sensitive techniques. Currently, active ingredients, excipients, and preservatives are mainly separated and quantified by high-performance liquid chromatography (HPLC) in cosmetic formulations. Gas chromatography-mass spectrometry (GC-MS) is used for the identification of volatile compounds, aromatics, and possible contaminants such as residual solvents or prohibited substances. Nuclear magnetic resonance (NMR) spectroscopy affords molecular-level insight into the structure and interactions of the ingredients, facilitating formulation optimization. Qualitative and quantitative measurements of components like colorants, emulsifiers, and antioxidants rely on other spectroscopic methods, like infrared (IR) and ultraviolet-visible (UV-Vis) spectroscopy. These advanced analytical tools will help to find and calculate in trace concentration which is very essential for detecting hazardous contaminants including heavy metals, pesticide residues and unauthorized preservatives. Since cosmetic products are directly placed into our skin, the safety and compliance of cosmetic products are concerns around the world. We only see that the regulations come in different forms from the national regulations to the local ones, being different from place to place, the Economic Commission are setting the standards for cosmetics,





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the standards to be approved, which to be tested or how to be labelled. In the United States, cosmetics are regulated by the Food and Drug Administration (FDA) under the Federal Food, Drug, and Cosmetic Act. Unlike pharmaceuticals, cosmetics don't need the FDA to approve them before they hit the market, aside from color additives used in products. The responsibility for product safety rests with manufacturers, and the FDA oversees post-market surveillance and actions to enforce compliance. The European Union, however, imposes much stricter regulations via the Cosmetic Products Regulation (EC) No 1223/2009 that requires extensive safety assessments of all cosmetic products before they are made available to consumers. These regulations establish guidelines for the safety of ingredients, stability of products, microbiological testing, and the prohibition of specific substances. The EU has also outlawed animal testing for cosmetics, leading to the adoption of alternative testing methods, like in vitro and computational toxicology models.

Apart from national regulations, international organizations have worked towards the standardization of methodologies to analyze cosmetics. The International Organization for Standardization (ISO) sets universal standards for cosmetic testing worldwide, allowing uniformity in the analytical method of analysis globally. Manufacturers who adhere to these standards are able to produce their products according to international quality and safety standards, easing trade between features and the confidence of consumers. The cosmetics market is booming as consumers demand new and improved products with superior skincare, anti-aging, sun protection and other functional benefits. Such rapid growth presents new analytical challenges, especially with the use of novel ingredients, nanomaterials, and multi-functional formulations. Cosmetics Nanotechnology is now used in

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cosmetics, for example, nanoparticles found in sunscreens, anti-aging creams, and drug-delivery systems. Nevertheless, the safety as well as the long-term effects of these materials need to be checked thoroughly using advanced techniques such as dynamic light scattering (DLS) and transmission electron microscopy (TEM) to study the size, distribution, and stability of nanoparticles. The increase in natural and organic cosmetics has also become an emerging trend, as consumers prefer products with minimum synthetic chemicals and more sustainable ingredients. However, confirming the authenticity and purity of natural ingredients poses specific analytical challenges. Analytical techniques like isotope ratio mass spectrometry (IRMS) and DNA barcoding are being applied to verify the botanical sources of ingredients and identify instances of adulteration or substitution. Also, sustainable cosmetics would also be required to adhere to environmental declarations (pertaining to biodegradability, lower carbon footprint, sustainable sourcing), which would necessitate pre-established testing methods to substantiate these claims. It goes without saying that the diversity of cosmetic products is overwhelming and thus an extensive study must begin with practical sampling techniques to help ensure that the test results are representative of the whole batch. However, sample preparation protocols differ for each formulation type and depend on the analytes of interest. For liquid and cream-based products, simple dilution or solvent extraction may suffice, while more complex formulations, including emulsions and powders, will necessitate multi-step purification approaches to isolate active constituents from other compounds that may compromise the API. All analytical methods for cosmetic analysis must be validated to guarantee that they will provide reliable and accurate results, following the standard performance guidelines. Some of the important figures of merit for validation include accuracy (the proximity of a measurement to the true value of the analytes), precision (the degree to which repeated



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results can be reproduced), specificity (the ability to distinguish one compound from another, or different species of the same compound), linearity (whether the signal generated is consistent over a range of concentrations for the same analyte), and limits of detection and quantification (the concentrations at which low levels of analytes can be measured without false reports). These validation criteria provide for demonstrably accurate and reliable test results and clear compliance with regulatory and industry best practices, respectively. Modern analytical workflows typically integrate several complementary techniques to generate a complete chemical fingerprint of cosmetic products. For illustration, an HPLC (High-Pressure Liquid Chromatography) test may be conducted to determine whether printing ink has reached required levels of active ingredient, GC-MS analysis (Gas Chromatography-Mass Spectrometry) to measure the fragrance and volatile compounds it may contain, ICP-MS (Inductively Coupled Plasma Mass Spectrometry) to ensure the absence of heavy metals, microbiological assay to screen for harm pathogens, etc. With the use of such a comprehensive strategy, the evaluation of cosmetic products can be achieved to include not only their chemical constituents, but also their physical stability, microbiological safety, and overall performance. To sum up, cosmetic analysis is crucial to determining the safety, effectiveness and regulatory compliance of personal care products. New analytical technology continues to improve our ability to detect and quantify ingredients, identify contaminants, and optimize product formulations. With the cosmetics industry ever changing, new challenges will arise, especially regarding nanotechnology, natural/organic ingredients and sustainability. Thus ensuring beauty brands can continue to innovate and bring cosmetic products to market with confidence that they meet consumer expectations and regulatory commitments through robust scientific analysis and alignment to international standards.

## **Unit 18 Major and Minor Constituents in Cosmetics**

Cosmetic formulations generally followed a complex matrix of ingredients divided into major constituents ( $> 1\%$  w/w) and minor constituents ( $< 1\%$  w/w). This distinction matters not only for how one formulates them but also for the analytical means one uses to identify them and to quantify them. Major constituents account for the main part or matrix of the product and are responsible for its primary physical properties, while minor constituents tend to be added for specific functional purposes or for improving the performance and stability of the final product.

### **Major Constituents**

Specifically, water is the primary element in numerous products for the skin with a percentage varying between [60%-80%] of the total composition. As a solvent, it allows the active ingredients in products, such as creams, lotions, shampoos, and serums, to dissolve evenly throughout the product. It also needs to focus on hydration since a great number of formulations provide moisture to the skin and hair. In cosmetics, the quality of the water is fundamental, since impurities (such as extraneous minerals, organic compounds, and microorganisms) can affect the stability and safety of these products. Manufacturers also use purification processes (such as deionization, distillation, and reverse osmosis) to ensure purity. These techniques eliminate impurities that could undermine the effectiveness and safety of the end product. The use of water in cosmetics must conform to pharmacopoeial standards to provide an assurance that unwanted impurities are avoided. Multiple analytical methods, including conductivity, total organic carbon (TOC), and microbiological analyses, can ensure water quality prior to use in cosmetic formulations. Another core type of cosmetic ingredient

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is oils and lipids that provide moisturization, texture and skin barrier protection. Stored in emulsions, lipsticks and oil-based preparations, they each have varying degrees of benefit from their origin. For example, coconut, argan, and jojoba oil are natural plant derived oils that deliver fatty acids and antioxidants to help nourish skin and hair. Derived from petroleum, mineral oils form an occlusive layer and help maintain moisture barrier function, while synthetic esters such as isopropyl myristate and cetyl palmitate improve spread ability and absorption. 8 Silicones like dimethicone and cyclomethicone give a soft and dry feel which helps in improving the feel of other types of cosmetic products. Waxes such as carnauba wax, microcrystalline wax and beeswax add thickness to formulations and structure. These oils and lipids are characterized using analytical methods including Fourier transform infrared (FTIR) spectroscopy to determine functional groups, gas chromatography (GC) to analyze fatty acid profile, and viscosity measurements to assess product consistency. Another important parameter is oxidative stability, which is measured by peroxide value testing and accelerated aging studies to determine the longevity of the product. Surfactants, being crucial for cleansing, emulsifying, and foaming formulations, are found in shampoos, body washes, facial cleansers, and emulsions. Those agents, which are called surface-active agents because they lower surface tension, enable water and oil to combine and remove dirt, oil and impurities from the skin and hair. Based on their charge properties, they are further divided into four major types. Anionic surfactants include sodium laureth sulfate and sodium cocoyl isethionate, which play a strong cleansing role due to their negative charge. Cationic (positively charged) surfactants: Elements like cetrimonium chloride, behentrimonium meth sulfate, etc. are used in hair conditioners and softening orgs. Nonionic surfactants are charge-less and act as mild emulsifiers

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that can be used for sensitive skin containing polysorbates and cetareth series. Amphoteric surfactants are another category of secondary surfactants, which include cocamidopropyl betaine and sodium cocoamphoacetate, that produce both positive and negative charges and are therefore beneficial for products with balanced pH. Various analytical methods are used to characterize and quantify surfactants, such as critical micelle concentration (CMC) determination, where the concentration needed for surfactants to assemble into micelles is measured, and surface tension tests, which evaluate the cleansing efficacy of surfactants, as well as chromatographic methods, including thin layer chromatography (TLC) and high-performance liquid chromatography (HPLC), to separate and analyze surfactants. Potentiometric titrations are likewise used to determine ionic surfactants via charge interaction measurements.

Polymers have a range of functions in cosmetics, being used as thickeners, stabilisers, film-formers and conditioning agents. These ingredients provide structural elements and functional components that help create texture in many types of formulations. For example, natural gums (xanthan gum & acacia gum) provide viscosity and yes, stabilization while cellulose derivatives (like hydroxyethyl cellulose and carboxymethyl cellulose) help make gel-like textures in skincare and haircare. Carbomers and polyvinylpyrrolidone (PVP) are examples of synthetic polymers used to build gels and modify product consistency. Silicone-based polymers such as amodimethicone and dimethicone copolyol provide conditioning properties, which participate in the application of hair serums and skin care products. Polymer structures are complex so their characterization requires sophisticated analytical approaches. Molecular weight distribution is determined by size exclusion chromatography (SEC) and rheological measurements evaluate



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viscometric and texture properties. Fourier transform infrared (FTIR) spectroscopy is a powerful method for polymer type identification based on unique absorption spectra and differential scanning calorimetry (DSC) can further elucidate thermal transitions, crystallinity and melting points. Humectants are necessary materials in moisturizing setups, because they draw in and keep water, assisting to keep the skin moist. Some common humectants found in cosmetics include glycerin, propylene glycol, butylene glycol, and hyaluronic acid. Glycerin is a famous humectant known for attracting moisture from the air and providing long-term hydration. Propylene glycol and butylene glycol are humectants that aid the absorption of active agents, thereby promoting their effectiveness. Hyaluronic acid is one of the strongest humectants, able to hold up to 1,000 times its weight in water, which is why it's often used in hydrating serums and creams. Humectants are generally quantified by high-performance liquid chromatography (HPLC) with refractive index detection or gas chromatography (GC) after derivatization. Instrumental methods to assess their efficiency include transepidermal water loss (TEWL) measurements to assess the skin's ability to retain moisture and corneometry to measure hydration levels. This involves elastometry, which assesses the mechanical properties of the skin, allowing researchers to measure increases in elasticity and firmness after product application. These major components must be carefully adjusted to optimal proportions in the formulation of cosmetics for stability, efficacy, and consumer acceptance. By employing sophisticated analytics, manufacturers are able to uphold stringent quality measures, such that every ingredient fulfills its required duty without compromising overall safety regulations.

#### Minor Constituents



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Active ingredients are functionally relevant minor constituents that provide specific cosmetic benefits. These range from sunscreen actives (avobenzone, titanium dioxide) to skin-whitening ingredients (arbutin, kojic acid) and anti-aging compounds (retinol, peptides) to skin-conditioning compounds (niacinamide, ceramides). They need a very sensitive and selective assay, and while HPLC-UV, HPLC-MS/MS, and GC-MS are desired techniques, but HPLC-UV is probably not the best selected method. The method development will need to face some challenges, including the extraction efficiency from complex matrices, the stability of the compounds during the analysis, and possible interferences arising from components of the formulation. Preservatives are employed to prevent microbial contamination and product degradation and are generally included at concentrations of 0.1–1.0%. Common systems are parabens (methyl, propyl, butyl), isothiazolinones (methylisothiazolinone, methylchlorisothiazolinone), organic acids (benzoic, sorbic), and phenoxyethanol. Low detection limits must be attained for analytical techniques, and they also need to consider potential matrix effects. The standard method is HPLC with diode array detection, often confirmed by mass spectrometry. Microbiological challenge testing measures preservative efficacy against appropriate reference microbial strains, while preservative efficacy testing assesses extended protection throughout the duration of product usage. Fragrances entice consumers with complex mixes of natural and synthetic aromatic compounds. Individual formulations may contain dozens to hundreds of components, adding to the complexity of their analysis. HS-SPME-GC-MS allows non-destructive fragrance profiling and GC×GC offers increased separation of complex mixtures. The need to identify and quantify allergens has increased with regulation, most notably for the 26 fragrance allergens that determination must be made under EU regulations for exceeding defined concentration





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thresholds. These can be broken into aesthetic. Components known as colorants, which are dyes (water-soluble) or lakes (insoluble aluminum salts of water-soluble dyes), inorganic pigments (i.e., iron oxides, titanium dioxide), or natural colorants (i.e., carotenoids, anthocyanins). Analysis is often performed using visible spectrophotometry for determining concentrations, and HPLC separation makes it possible to quantify multiple colourants in one run. The detection of heavy metal impurities in inorganic pigments is done using inductively coupled plasma mass spectrometry (ICP-MS), while elemental analysis confirms lake composition.

Antioxidants help guard formulations against oxidative degradation, which is especially necessary for products with unsaturated oils. Common examples are tocopherols (vitamin E), ascorbic acid (vitamin C), butylated hydroxytoluene (BHT), and butylated hydroxyanisole (BHA). HPLC with electrochemical or UV detection is generally utilized for their analysis and DPPH (2,2-diphenyl-1-picrylhydrazyl) and ORAC (oxygen radical absorbance capacity) assays are routinely used to assess their functionality, i.e., to quantify free radical scavenging capacity. Chelating agents trap metal ions (that could promote oxidative degradation or microbiological growth in the product). Ethylenediaminetetraacetic acid (EDTA) and its salts are the most commonly used chelators, while citric acid, phytic acid and tetrasodium glutamate diacetate are alternative chelators. Quantification is often performed by ion chromatography or capillary electrophoresis, and complexometric titration is a more straightforward approach for routine analysis. Modern cosmetics have seen an explosion of specialty ingredients aimed at particular functional needs or marketing claims. The trend of developing anti-aging cosmetics also appears to be influenced by recent research results and include new ingredients such as peptides,

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plant stem cell extracts, liposomes and other forms of delivery systems, and bioactive substances from new sources. The analysis of these complex mixtures often necessitates tailored combinations of multiple approaches, including not only but also bioactivity testing, whereby immunoassays and proteomics methodologies are becoming major complements to traditional chemical analysis. Impurities and contaminants that compromise product safety, such as heavy metals, pesticide residues, polycyclic aromatic hydrocarbons (PAHs), phthalates, and nitrosamines, must also be monitored. Ultra-sensitive methods such as inductively coupled plasma mass spectrometry (ICP-MS), gas chromatography with tandem mass spectrometry (GC-MS/MS), and liquid chromatography-tandem mass spectrometry (LC-MS/MS) facilitate detection at parts-per-billion or parts-per-trillion levels. Sample preparation most commonly includes selective extraction steps that aim at separating target analytes from complex sample matrices and is routinely achieved using solid-phase extraction (SPE) or QuEChERS (Quick, Easy, Cheap, Effective, Rugged and Safe) methodology.

### **Deodorants and Antiperspirants**

Deodorants and antiperspirants are specific cosmetic products used to prevent body odour and sweating. Used interchangeably in everyday speech, these products do, though, operate in fundamentally different ways: deodorants prevent the stench of poor hygiene via antimicrobial and fragrance masking while antiperspirants control the amount of sweat excreted, through astringent metallic salts that temporarily block the openings of sweat glands. This functional differentiation requires diverse analytical approaches tailored to their corresponding active ingredients and performance attributes.

### **Indexing: Sample Preparation Considerations**



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Unique challenges exist for deodorant and antiperspirant sample preparation methods due to complex formulation matrices that contain waxes, oils, polymers, and particulate. Since aerosol products utilize propellants, such as jet propellants with high vapor pressure, special handling procedure is necessary, whereby pressure is controlled during collection in cooled vessels to minimize loss of analytes. Stick formats, for example, require a more elaborate treatment (homogenization via heat and high shear) for a representative sample, whereas roll-on formulations mostly can be diluted or extracted. The extraction process for target analytes will depend on the type of products and methods of isolation of the active components. Liquid-liquid extraction with proper solvent systems is able to separate aluminum salts and other polar active ingredients from oil-based matrices. Selective isolation of certain classes of components through solid-phase extraction (SPE) using different stationary phases is advantageous, especially for the trace analysis of antimicrobials and preservatives. Headspace extraction methods like dynamic headspace sampling and solid-phase micro extraction (SPME) find important applications for analyzing volatile components, notably fragrance profiling and propellant characterization. Filtration (to exclude solid, insoluble material), centrifugation (to separate, for example, tissue homogenates), and additional purification (such as column chromatography or molecular weight cutoff filtration) to eliminate sedimentable nutrients, and other impurities, are common sample cleanup procedures. Because the components of formulations can profoundly influence analyte recovery and instrument response, method validation must cover matrix effects as a generalization. Quantification is further enhanced by internal standardization when structurally similar compounds or isotopically labeled analogs are used an aspect that is exceedingly relevant for any testing that ensures regulatory compliance.

## Outcomes: Antimicrobial Resistance in the Data

Such agents work by inhibiting the growth of malodor-generating bacteria, especially those of the *Corynebacterium* species, which metabolize components of the apocrine sweat. Despite regulatory restrictions in some markets, triclosan (5-chloro-2-(2,4-dichlorophenoxy)phenol) is commonly used as an antimicrobial in formulations worldwide. Traditionally, its characterization was performed by HPLC using UV detection set at 280nm but due to concerns over chlorinated by products this analysis has extended to include MS/MS detection of both the parent compound and transformation products. Parameters affecting its performance (such as mobile phase composition) must be tailored, with acetonitrile-water gradients containing buffer additives generally maximizing chromatographic performance. Benzalkonium chloride and cetylpyridinium chloride are examples of quaternary ammonium compounds that are commonly used as cationic antimicrobials within a diverse array of formulations. Their characterization is complicated by structural diversity and tight binding to glass and plastic. Normal phase HPLC with suitable ionic-pairing compounds is able to achieve acceptable separation, whereas detection commonly utilizes UV absorbance although mass spectrometry may provide superior specificity. Elimination of loss through adsorption is a significant concern for all aspects of sample preparation, and silanized glassware, and conditioning with low percentages of target compounds in solution are often essential. Increasingly, natural antimicrobials like those derived from tea tree oil, thyme,

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oregano and other plant-based products serve as substitutes for synthetic agents. Typically their analysis need GC-MS for volatile components or HPLC-MS for non-volatile constituents. The development of methods should address the possibility of chemical instability, such as oxidative degradation of essential oil components. However, bioassay-guided fractionation, which combines chromatographic separation with antimicrobial testing, allows for correlations between chemical composition and functional properties. In vitro assays commonly used in evaluating antimicrobial agents include minimum inhibitory concentration (MIC) determination against relevant bacterial strains, time kill studies which measure the kinetics of activity, and, agar diffusion assays which determine the diameter of the inhibition zone. These investigation tools support chemical analysis by verifying functional performance, which is essential since there may be interactions between antimicrobials and components within formulations, enhancing or suppressing effectiveness.

### **Unit 19 Analysis of Deodorants and Antiperspirants**

Antiperspirants work to minimize sweating by blocking sweat glands physically. The most common active ingredients in antiperspirants are aluminum-based compounds, which work by temporarily blocking the sweat ducts to decrease the amount of sweat that reaches the surface of the skin. These compounds, especially aluminum salts, form insoluble aluminum hydroxide precipitates when reacting with sweat, thus forming a barrier that inhibits sweat excretion. Aluminum chlorohydrate is an example of an aluminum salt, and it injure the underarm pores by forming a hydraulic gel and plugging in the sweat duct. The different aluminum salts have been used but aluminum chloride complexes have been widely used due to their efficient control of perspiration. A luminum chlorohydrate (Al, (OH)... Cl•2H, O) and aluminum

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zirconium tetrachlorohydrate gly complexes are the most readily used basic forms and are generally present for most commercial formulations. They are the main ingredient in antiperspirants because of their propensity to decrease sweat production and their interactions with skin components. The determination of aluminum content is an important step in the chemical analysis of reporting on the composition and the effectiveness of antiperspirants because it can help in the elucidation of their chemistry. Aluminum quantifications were previously accomplished through traditional methodologies that included complex metric titration with ethylenediaminetetraacetic acid (EDTA). This classical method is based on the property of EDTA to form stable chelates with  $Al^{3+}$  ions, hence providing a quantitative determination method for Al concentration in an antiperspirant product. Further, though, analytical techniques are becoming more sensitive and accurate for which more sophisticated instrumentation methods are developed. Of these methods, atomic absorption spectroscopy (AAS) has been widely used for aluminum determination due to its high precision and selectivity. This technique relies on the absorption of light by aluminum atoms in a vaporized sample, resulting in an absorbance signal proportional to the amount of aluminum present. Inductively coupled plasma optical emission spectroscopy (ICP-OES), the second most used technique, uses high-temperature plasma to excite aluminum atoms that emit light, the spectra of which can be measured. This method provides higher sensitivity and precision over conventional approaches, therefore making it very appropriate for trace-level aluminum detection. Inductively coupled plasma mass spectrometry (ICP-MS) is known as one of the most powerful techniques for ultra-trace detection of aluminum content. And the utility of this method lies in the fact that it allows for high



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sensitivity and concurrent measurement of multiple elements. It is especially useful for working at very low concentrations of elements, as in the case of the aluminum concentrations found to be present in antiperspirants. Because it is thermodynamically impossible to solely measure total aluminum content, characterization of aluminum species such as  $\text{Al}_2(\text{SO}_4)_3$ ,  $\text{Al}(\text{OH})_3$ , and several others is vital to uncovering the functional properties these antiperspirant formulations exhibit. Aluminum-based antiperspirants work by forming a gel matrix that has a higher ionization degree and partial agonism, directly relating to the gel's physical characteristics and the actual IR appearance of aluminum hydroxychloride complexes. These complexes are analyzed via size exclusion chromatography (SEC), which separates the polymeric aluminum species according to their molecular weight. This technique is helpful in differentiating different species of aluminum in antiperspirant products so that researchers can characterize their structures. Moreover,  $^{27}\text{Al}$  NMR spectroscopy helps to provide information regarding the coordination environment of aluminum species. Thus, researchers using this tool can probe the chemical bonding and structural arrangements in aluminum compounds, the most significant property that defines the antiperspirant activity. Aluminum complexes: An overview of aluminum biochemistry and the use of electrospray ionization mass spectrometry (ESI-MS) to efficiently characterize aluminum-containing ionic clusters. The quantization and stability of aluminum solution species, for example, is an area that has benefited from the application of ESI-MS for assessment of complex formation. This will open up additional information on the stability and conversion upon condition of application regarding the aluminum complexes, by appropriately adapting the instrument interface. Zirconium-based complexes also gained some popularity due to their favorable characteristics relative to aluminum-based



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antiperspirants, notably their reduced irritation potential, improved efficacy in preventing sweat production, and in some cases synergy with aluminum salts. The glycine is typically included in the formulation to stabilize the compound, enhance solubility, and reduce the risk of any skin sensitivity reactions. In such formulations, zirconium content can be quantitatively analyzed, as its chemical nature contributes to the overall product stability and performance. There are various ways to quantify zirconium, X-ray fluorescence (XRF) spectroscopy is the method of choice because it is non-destructive. With this, they also enable fast elemental profiling without the need of extensive sample treatment. For detection at elevated sensitivity, acid digestion of the sample is performed, after which techniques such as ICP-OES and ICP-MS are implemented. These techniques allow confirmation of the exact zirconium content, resulting in highly accurate measurements of zirconium concentration in antiperspirant preparations.

The content of glycine is another important indicator for aluminum-zirconium complexes due to glycine having a great contribution to the stability of the complex, as well as the skin compatibility of the complex. The derivatization-conductive HPLC separation-fluorescence detection method is frequently used for the quantification of glycine at low concentration levels. This technique entails chemical derivatization of glycine to enhance its visibility, employing HPLC separation, and fluorescence-based detection. This ensures that aluminum-zirconium-glycine complexes are properly formulated to be effective while also minimizing any potential skin irritation for the consumer. In addition to compositional analysis, another key research area has centers on how aluminum compounds penetrate the skin. Concerns about the potential systemic absorption of aluminum from antiperspirants have led to scientific investigation of the health implications. In vitro diffusion cell studies with synthetic membranes or excised skin samples typically compare different formulations for their ability to penetrate aluminum. These studies shed interesting light on the ability of





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aluminum compounds to penetrate the skin barrier, and provide insight into whether or not they reach systemic circulation. The determination of aluminum in biological matrices (urine, serum, and hair) is emerging as a promising approach for biomonitoring studies. These measurements involve ultra-clean sampling protocols to avoid contamination, and sufficiently sensitive analytical techniques to differentiate antiperspirant-derived aluminum from that originating from general environmental exposure. For such studies, ICP-MS is still the method of choice because of its high sensitivity and detection limit for aluminum. It is important to note, though, that while most scientific evaluations have concluded that aluminum compounds are generally considered safe in cosmetics, some experts and regulatory organizations are still assessing the potential risks involved with their use in personal care products. Even though aluminum-based antiperspirants have been used heavily for years, some researchers have raised concerns about links to neurotoxicity, breast cancer and other ailments. Current scientific evidence has not definitively demonstrated a causal link between aluminum exposure via antiperspirants and significant adverse health outcomes. Organizations like the U.S. Food and Drug Administration (FDA) and the European Chemicals Agency (ECHA) are still tracking research results and creating safety parameters for aluminum-based goods. Additional studies have been conducted, in order to clarify questions of aluminum bioavailability, absorption kinetic, and risks associated with long-term exposure, and to ensure that antiperspirants are safe for consumer use. In brief, aluminum-based antiperspirants work by forming insoluble aluminum hydroxide deposits that seal the sweat ducts, and the most popular active ingredients are aluminum chloride complexes [e.g., aluminum chlorohydrate and aluminum-zirconium tetrachlorohydrate gly]. Different analytical techniques have been used for the determination and

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characterization of aluminum in antiperspirant formulations including complex metric titration, AAS, ICP-OES, ICP-MS, SEC, NMR spectrometry and ESI-MS. Zirconium in aluminum–zirconium complexes is less ubiquitous and requires additional quantification. HPLC-based methods are analyzed for glycine, an important part of these complexes. Study of aluminum penetration in to the biological matrix and systemic absorption has been carried out by diffusion cell and biomonitoring of aluminum in biological samples with very high sensitivity bioanalytical techniques. Though aluminum-containing antiperspirants have not been banned, the scientific evidence on their safety remains under review by relevant regulatory bodies. New developments in analytical methods still improve our knowledge of the composition, efficiency and safety of the aluminum compounds in the finished personal care product, moving further the evolution of the efficiency and safety of the products in the pertained area such as for example as an antiperspirant.

### **Propellant & Delivery System Analysis**

The aerosol actives in antiperspirants and deodorants depend on specialized propellant systems to ensure those active ingredients hit the skin where they belong. Selecting the right type of propellant significantly impacts the performance of the product, including its spray pattern, its coverage, and the overall experience for the user. Hydrocarbons (propane, butane, isobutane) are commonly used as propellants in aerosol formulations; however, alternative compressed gases (nitrogen and carbon dioxide) are also commonly used. Moreover, dimethyl ether is widely employed because it serves dual purposes both as a propellant and a solvent, thus potentially enhancing the solubility of some components in the blend. The composition and respective proportions of these gases will dictate functional properties including spray force, droplet size, evaporation rate and product stability. When a propellant is applied, it evaporates almost immediately, leaving behind active agents that are deposited on skin



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(like perspiration reducers or odor neutralizers) that can then be in contact with the skin. Analytical testing of propellant composition is needed to verify that aerosol formulations are performing as designed and also to meet regulatory safety requirements. Indeed one of the most widely used techniques for the analysis of volatile gases and propellants, is gas chromatography with flame ionization detection (GC-FID). It enables the sensitive and precise quantification of hydrocarbon-based propellants, leading to detailed control of formulations. Headspace sampling and direct pressurized injection systems are often used to carry the analysis out, facilitating the detection of volatile compounds without undue sample preparation. The volatility of these gases, of course, creates multiple challenges for method development. Separating and identifying similar hydrocarbons in a complex mixture these substances in complex mixtures can be complex in itself, as it may involve advanced techniques such as cryo-focusing. To facilitate better separation of highly volatile compounds, the sample is rapidly cooled to cryogenic temperatures prior to introduction into the chromatographic system. Using LVI allows for the separation and quantification of even closely related hydrocarbons, improving the reliability of product characterization. In addition to its chemical properties, the physical performance of the propellant system must be verified to confirm consistent functioning of the product across its application range. Spray characteristics such as spray pattern shape, droplet size distribution, plume shape, and application efficiency are affected by the propellant composition. Thus, establishing a relationship between the chemical composition and physical performance is vital in developing new products. Metering valve: Metering valve performance test is a crucial step in performance testing, which includes metering valve, that is a variable device that controls the amount of product will deliver in each actuation. Metering valve analysis for engineers provides more consistent dosage and spray characteristics to make sure that each

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spray delivers the dose of active ingredient the customer intends. The precision of metering (or delivery accuracy) is typically evaluated through gravimetric determination, which measures the weight of product dispensed per actuation. This means that manufacturers can ensure the correct dose is sprayed with every pump, as well as avoid problems with overdosing or under dosing. Spray dynamics are studied with various innovative imaging and measurements to quantify particle-size distribution, cone angle, and plume geometry. For example, high-speed photography is frequently used to visualize the spray pattern in real time, which gives insight into the product dispersion after the product is released. The distribution of droplet sizes is another parameter that can be analyzed using laser diffraction measurements. This information is key to optimizing coverage and ensuring even distribution of the applied substance. In this way, manufacturers can adjust both the formulation and the delivery system based on a careful study of these elements, optimizing his experience and product effectiveness. Another important factor in aerosol formulation is to prevent contamination of the product by the valve components. Due to the propellant and active ingredients being stored under pressure, all materials that the formulation comes in contact with need to be thoroughly assessed for extractables and leachables. Extractables are compounds that can be leached out of valve components under extreme conditions, and leachables are compounds that are likely to migrate into a product over a long time period and under normal usage conditions. Gas chromatography-mass spectrometry (GC-MS) is a commonly used procedure to eliminate unwanted chemical compounds that can influence the safety and stability of the product. Inductively coupled plasma mass spectrometry (ICP-MS) is also used to analyze if metallic elements leach from the valve parts, to ensure that heavy metals or other contaminants are not present above where they would cause harm. These analytical techniques



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yield a broad examination of possible contaminants, enabling manufacturers to optimize their packaging and delivery systems in order to limit risks.

Aerosolized antiperspirants and deodorants are distinctly different from non-aerosol delivery systems, including sticks, roll-ons, and creams, due to their semi-solid or liquid nature that poses additional analytical challenges. Rheological characterization is one of the critical aspects of non-aerosol formulations, which studies the flow and deformation characteristics of the product. The rheology of that product is crucial to know, because it will give us a good idea of how the product will behave in the application moment, and after that, how is the way that it will spread over the skin, for example. Rotational and oscillatory rheometry are utilized to determine factors such as viscosity, yield stress, and thixotropy to understand how the product flows under varying conditions. Viscosity the product's resistance to flow; yield stress — the force needed to trigger flow; and thixotropy how the viscosity changes over time when the product is under shear forces. These measurements compensate the consistency of creams and gels, whether too much runny or thick for consumers. Texture analysis apparatus is used to analyze rheological properties in addition to the mechanical properties of hardness, adhesiveness, and cohesion. These measurements relate the physical characteristics of textures to human sensory perception and enable manufacturers to achieve consistent product texture and feel. In hardness testing, it is evaluated how hard or soft the solid product is; in adhesiveness the assessment relates to how tightly the solid product sticks to the skin when applied. Cohesion indicates the internal binding forces of the product itself, determining how well it spreads and how long it lasts on the skin. By understanding these matters, manufacturers can

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make their products more sensorial pleasing and increase user satisfaction. For the study of non-aerosol formulations, microscopic examination is a powerful approach as well, yielding information about their microstructural properties. Micro-organizational methods enable the investigation of parameters like crystalline morphology, emulsion droplet dimension, and section category in the formulation. Crystalline morphology can affect product stability and texture, while emulsion droplet size affects the distribution of active ingredients. Multi-phase characterization enables the detection of potential issues with the distribution of crystalline phase, and separation effects, such as coalescence, which can affect long-term stability and hinder the reproducibility of dissolvable systems. Analyzing these microstructural properties, formulators can produce stable and effective non-aerosol products that retain their expected efficacy long after the date of manufacture. The investigation of the propellant and delivery systems of antiperspirants and deodorants is a multifactorial evaluation that includes chemical, physical, and structural analyses. Gas chromatography and flame ionization detectors (GC-FID) are widely used for propellant analysis, and cryo-focusing techniques have been used to facilitate separation of volatile compounds. Gravimetric measurements, high-speed photography, and laser diffraction techniques are used to analyze spray dynamics and metering valve performance. Extractables and Leachable: Valve components undergo contaminant screening through gas chromatography mass spectrometry (GC-MS) and inductively coupled plasma mass spectrometry (ICP-MS) techniques. Rheological characterization, texture analysis, and microscopy are fundamentals in developing non-aerosol formulations for optimal product consistency and stability however the data are not trivial to extract in this system. Combining these analytical strategies will



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help manufacturers to monitor the safety, performance and acceptance of antiperspirant and deodorant products.

### Odor and Odour Evaluation

Fragrance materials play an intrinsic role in deodorants and antiperspirants, acting as a vehicle to tonal attributes but also to mask potential malodor notes. Their in-depth analyses generally rely on GC-MS with highly specific columns capable of sufficient separation of multi-component mixtures of tens to hundreds of volatile species. When combined with different sample introduction techniques (eg direct headspace sampling, sol-gel coated SPME, solvent extraction) each opto-chemical sensor provides a different selectivity profile suitable for different volatility ranges. Identification is based on matching the mass spectra to a mass spectral library, along with comparison of the retention index with those of reference standards, although for structural isomers additional spectroscopic techniques may be necessary for unambiguous differentiation. Malodor counteractants act by neutralization, specifically through chemical neutralization, the formation of complexes, adsorption and absorption. Modern formulations use cyclodextrins, zinc ricinoleate and various proprietary molecules for the purpose. Structural diversity and functional evaluation requirements make their analysis immensely difficult, Instrumental techniques used for counteractant-malodor interactions are rationalized around chromatographic separation, human sensory evaluation, GC-olfactometry is one bold strategy to dosimetrically correlate chromatographic analysis with human sensory evaluation and electronic nose technology based on various sensor arrays that offer response patterns characteristic of the type of odor profile. There is a need to monitor hum an odor precursors and their metabolites by bacteria during the product development stage and the efficacy studies. Principal



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malodor compounds include short-chain fatty acids (C2-C5), sulfur compounds including thiols, and 16-androstenes. Their analysis generally includes enhanced volatility and detection sensitivity using derivatization and subsequent gas chromatography-mass spectrometry (GC-MS) analysis. Collection of samples from human subjects mandates standardized protocols to minimize the contributions of theoretical variables such as sample materials, site of collection, environmental conditions, and sources of potential contamination. While instrumental analysis has made significant contributions, sensory evaluation using trained panels provides insights on multiple parameters such as odor intensity, character, hedonic quality, persistence, etc. By correlating sensory data with chemical composition it is possible to identify which specific compounds drive perceived performance subsequently informing more focused modification of formulas. Time-intensity profiling is a method that describes the temporal evolution of fragrance perception and while statistical tools such as principal component analysis and partial least squares regression allow for interpretation of the data.

### **Stability and Efficacy of the 203A Compound**

It includes chemical, physical and microbiological stability of deodorants and antiperspirants under different environmental conditions. Stability tests for extended periods of time are often done as above, in higher temperatures (typically, 40 to 45°C) or accelerated conditions, which allows to predict long-term behaviour, with analysis of active elements, pH, viscosity throughout the test period and monitoring of the fragrance profile. Thirdly, defined container-content interactions, especially when it comes to aluminum compounds that may





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react with the packaging, demand consideration. Compatibility testing performed on product components will help to highlight any potential incompatibilities (antiperspirant actives and fragrance being the most common) that could lead to a reduction in efficacy or deterioration of aesthetics. Laboratory and clinical methodologies are employed to evaluate efficacy. Efficacy predictions in vitro are based on precipitation of aluminum salts on synthetic membranes to simulate sweat ducts and subsequent flow reduction under defined conditions. Common clinical methodologies include gravimetry, which measures the quantity of sweat produced, during heating or exercise-induced perspiration, thermography, which visualizes the distribution of sweat patterns of the skin, and corneometry, which measures the moisture content on the skin's surface. Standardized protocols defined by organizations such as the FDA and Cosmetics Europe offer accepted methodologies to substantiate antiperspirant claims. Testing the efficacy of deodorants is much more complex because odor is very subjective. Most products are tested with microbiological analysis both to quantify the reduction of bacteria populations on skin after applying products and to provide use of odor judge panels to conduct personiatry sensory testing in controlled conditions. Collecting volatiles emanating from the axilla before and after product application, followed by instrumental analysis, can thus provide an objective and chemical means of confirming malodor reduction. Advanced experimental techniques integrating biophysical measures with microbiome analysis help characterize how products affect the axillary ecosystem, enabling a more comprehensive understanding of efficacy. Skin irritation potential, the risk of sensitization, systemic exposure assessment, etc., all fall under the domain of safety evaluation. Patch testing methods assess potential irritants and allergens. Reconstructed human epidermis models such as RhE provide promising in vitro

alternatives for screening skin irritation, reducing the need for animal testing. Photo stability testing covers interactions of formulation components and UV light and is crucial for products that contain such photosensitizing ingredient or that are applied prior to sunlight exposure.

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### Regulatory Perspective and Standardization of Methodology

Internationally, there are regulatory frameworks for deodorants and antiperspirants that differ greatly in terms of approval and testing requirements for active ingredients. In the United States, antiperspirants are regulated as over-the-counter drugs within the jurisdiction of the Food and Drug Administration (FDA), which mandates that these products must comply with the FDA's monograph and not contain any more than established concentrations of aluminum and aluminum-zirconium salts. At this time, both Regulation (EC) No 1223/2009 which governs cosmetics within the European Union governs these products specifically regarding regulation of maximum concentrations of aluminum compounds, as well as the requirement of compile safety dossier. Validated analytical methods to check compliance with regulatory requirements are provided by methods standardization efforts via AOAC International, ISO, and pharmacopoeial bodies. Because prohibited and restricted substances must be vigilantly monitored, regulatory lists are continuously updated as safety data emerges. Heavy metals such as lead, arsenic and mercury are potential contaminants, requiring sensitive detection methodologies. Thus the investigation of nitrosamines, especially N-nitrosodiethanolamine (NDELA), requires dedicated analytical methods such as GC-MS with thermal energy analyzer detection or LC-MS/MS with enhanced selectivity modes. Method detection limits must match regulatory thresholds that are still trending toward lower acceptable concentrations.



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Avowals fact checking uses descriptive techniques that underlie particular output claims. Verification for aluminum-free products is challenging as it requires detecting low levels of aluminum with suitable background controls that account for possible environmental contamination. Natural and organic product certification requires highly detailed ingredient verification — technologies as advanced as stable isotope ratio analysis can distinguish a synthetic from a natural chemical compound, while DNA barcoding can ensure a botanically authentic ingredient. There are well-defined allergen testing protocols beyond those found on typical regulatory submissions needed to substantiate hypoallergenic claims. With the increasing focus on sustainability, the environmental impact assessment has also gained importance and analytical methods addressing biodegradability, bioaccumulation potential, and aquatic toxicity require design compared to traditional animal-testing methods. Whole effluent toxicity testing assesses the environmental impact of full formulations, and biodegradation studies by OECD guidelines determine decomposition rates under standardized settings. By performing life cycle analysis with detailed chemical analysis at each stage, you can better understand the environmental impact of each component of your formulation and determine pathways that yield lower overall impacts.

### **Met averse, AR, VR, and AI: The Next Big Things**

With novel spectroscopic approaches such as coherent anti-stokes Raman spectroscopy (CARS), terahertz spectroscopy, and hyperspectral imaging, it becomes possible to analyze deodorants and antiperspirants with remarkable sensitivity. These non-destructive methods allow for high-speed characterization with minimal sample preparation, which makes them particularly advantageous for devices and industrial processes where

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monitoring and quality control are of paramount importance. The miniaturized spectroscopic technologies enable point-of-use handheld and portable instrumentation, which allows for field analysis and counterfeit detection. Micro fluidic and lab-on-a-chip technologies allow analysis to be performed with dramatically lower sample and reagent volumes, both increasing throughput and addressing sustainability concerns. Digital micro fluidic platforms allow for the manipulation of nanoliter-scale droplets in a precise manner, thereby facilitating multiplexed assays on single devices. When integrated with Smartphone-based detection systems, it generates the accessible analytical platforms suitable for field deployment and consumer-facing applications, which could thus transform product effectiveness validation and personalization. Numerous chemometric algorithms extract crucial trends affecting complex analytical data from the traditional analytical methodologies that are more commonly relied upon, augmented by artificial intelligence and machine learning approaches. These computational tools facilitate the generation of predictive models relating chemical composition to functional performance, which can significantly decrease the reliance on empirical testing. Machine learning algorithms identify non-obvious relationships between sensory and instrumental measurements, merging objective and subjective assessment methods. Personalized formulation strategies centered around personalization of the microbiome are a new frontier for deodorant and antiperspirant products. The advances of high-throughput sequencing technologies facilitate the comprehensive profiling of axillary bacterial communities and the implementation of metabolomic approaches to identify person-dependent odor precursor profiles.

Targeted and targeted formulation approaches based on these customized analysis may improve the efficiency of personal care products while minimizing exposure to unnecessary ingredients.



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Analytical method development has been increasingly impacted by sustainable chemistry efforts, and principles of green analytical chemistry encourage a reduction in solvent usage, energy consumption, and waste generation. Solvent-free methods such as supercritical fluid extraction and pressurized hot water extraction provide greener alternatives to traditional organic solvent extraction. An emerging standard for analytical method optimization embraces environmental impact alongside conventional validation parameters, with lifecycle assessment methodologies quantifying comparative sustainability metrics across analytical workflows. Innovative non-invasive in vivo analytical technologies allow simultaneous, real-time quantification of deodorant and antiperspirant performance under realistic use conditions. Confocal Raman spectroscopy enables noninvasive and spatially resolved chemical information of skin layers, while surface composition change is monitored by attenuated total reflectance Fourier transform infrared spectroscopy (ATR-FTIR) after topical product application. Microdialysis techniques allow constant sampling of interstitial fluid components, allowing for temporal profiles of penetration and metabolism of active ingredients. An integrated analysis of biophysical and biochemical methods provides in-depth insights into interactions between product and skin. (Skin barrier function changes after application are evaluated with electrical impedance spectroscopy, and transepidermal water loss measurements provide quantitative assessment of barrier integrity. Insights into the effects of skin actives on molecular-level alterations in stratum corneum composition and functions, going beyond conventional efficacy standards, are provided by proteomics and metabolomics methods applied to stratum corneum surface samples. The evolution of deodorant and antiperspirant characterization will see greater convergence of conventional analytical chemistry techniques with cutting-edge biological profiling approaches. The reasons for this will be discussed, as well as the convergence on common concepts

in recent years due to increasing understanding of the interplay between the product formulation, the skin physiology and the axillary microbiome. Next-generation products with superior efficacy, better safety, and lower environmental burden can be achieved through reformulation strategies rooted in multi-disciplinary frameworks applied through rigorous analytical scrutiny.

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### **Unit 20 Analysis of Talcum Powder**

These cosmetic products are typically composed of magnesium silicate hydroxide (Talc), but can also contain adjuvants which determine their properties and applications. There are various analysis parameters for talcum powder that ensure the quality of the product and consumer safety. An in-depth and well-rounded analytical approach needs a multidimensional assessment from the physical, chemical, and microbiological properties. Talcum powder mainly consists of talc mineral,  $(\text{Mg}, \text{Si}, \text{O}, \text{OH})$ , which is chemically a hydrated magnesium silicate. These qualities render talc an excellent foundation for cosmetic powders, creating the smooth, silky texture that consumers have come to expect. Nevertheless, these same features require stringent analytical methods in order to satisfy quality requirements. Complementary to reading, physical examination of talc substance starts from sensory analysis. When rubbed between your fingers, the powder should have a smooth feel and a homogeneous, fine look. Color evaluation of the products (usually performed by spectrophotometric methods or by visual comparison with quality to standard references) is part of the process to establish consistency from batch to batch. Talcum powder of good quality is pleasant white to slightly off white. Viscosity measurement with specific devices can quantify attributes such as spread ability, adhesion, and slip properties – all essential features for consumer acceptance. The size of the particles is another primary physical



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characteristic of talcum powder. Sophisticated methods such as laser diffraction, dynamic light scattering and microscopic image analysis are now capable of generating detailed particle size distribution profiles. Usually, optimal particle sizes range from 5-40 micrometers for a balance between excellent coverage properties and respiratory safety concerns. Sub-10 micrometer particulate is controlled, however they can be hazardous. Manufacturers are able to circulate appropriate analytical techniques to achieve the ingredient control down to particle morphology (aspect ratio and surface properties) that is often directly related to product performance. Moisture content measurement is a CCP in talcum powder analysis. Too much moisture can encourage microbial growth and lead to product caking, and too little moisture prevents the powder from flowing and serves its application properties. Analysts generally rely on thermo gravimetric methods, Karl Fischer titration or loss-on-drying and specifications typically demand that moisture is kept under 0.5-1.0%. In moisture analysis, the water activity (aw) readings below 0.6 aw are held as microbiological stable. The analysis of talcum powder consists of identifying and quantifying major mineral components through chemical means. X-ray diffraction (XRD) uniquely identifies minerals through comparison of diffraction patterns with reference standards. X-ray fluorescence spectroscopy (XRF) provides complementary elemental analysis; in fact, it works abundantly in cases of magnesium, silicon, and other elemental constituents. Techniques such as Fourier Transform Infrared spectroscopy (FTIR) are used to identify functional groups, verify mineral compositions, while scanning electron microscopy coupled with energy dispersive X-ray (SEM-EDX) aims to obtain morphological information with elemental distribution on the scale of a few micrometers.



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Asbestos testing is perhaps the most crucial analytical process in talcum powder testing. The potential presence of asbestos minerals (especially chrysotile, tremolite, and actinolite) in talc deposits has been a prominent health and safety concern because these fibrous silicates are well recognized carcinogens. In fact, due to the historical analytical difficulties encountered when attempting to differentiate between asbestiform and non-asbestiform amphiboles with similar chemical structures, specialised techniques needed to be developed. The current best practices for definitive identification utilize an approach based on polarized light microscopy (PLM) methods in combination with transmission electron microscopy (TEM) methods and selected area electron diffraction (SAED) methods. Analytical sensitivity has improved dramatically, with detection levels available in the parts per billion range. There are zero tolerance regulatory standards for asbestos in cosmetic talc products. In addition to asbestos, full analysis for heavy metals ensures the safety of products when it comes to lead, arsenic, mercury and cadmium levels. Analytical approaches: atomic absorption spectroscopy (AAS), inductively coupled plasma mass spectrometry (ICP-MS) and inductively coupled plasma optical emission spectrometry (ICP-OES). These extremely sensitive methods are capable of detecting metals at part-per-billion levels, enabling manufacturers to achieve tight regulatory limits established by the FDA, European Commission and others. pH testing can give useful insight into product compatibility with skin. Talcum powder commonly has a pH of 6.5–10.0 adjusted according to a slurry (powder dispersed into deionized water). This parameter is relevant to both product stability and skin irritation potential. Formulators need to strike a fine balance controlling pH so that it's compatible with the skin mantle's slightly acidic nature (pH 4.5–5.5) while achieving the functional benefits that pH imparts





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in the product itself. Microbiological testing is part of talcum powder testing. Standard tests include total aerobic microbial count (TAMC), total yeast and mold count (TYMC) and specific pathogen screening, specific to *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Candida albicans* and *Escherichia coli*. As for the limits, the Generalive limits for cosmetic powders are (TAMC or similar) is an important aspect of ensuring that the product has adequate biostability for the intended shelf life. To segregate and identify various volatile fractions in perfumed talcum powders, analytical approaches like gas chromatography-mass spectrometry (GC-MS) are used. This analysis confirms consistent and orderly fragrances and tests for regulated, restricted allergens prescribed by governing bodies like the International Fragrance Association (IFRA). Despite requiring disclosure of allergens at certain concentrations, more than 26 specified fragrance allergens can be identified at levels down to 0.001% using modern analytical approaches. This IND box also includes specialized tests, such as bulk density and flow ability measurements, which describe powder handling properties during manufacture and consumer usage. For this purpose, several metrics for these characteristics are listed, such as angle of repose determination, flow through an orifice, or compressibility index calculations. The surface area, often evaluated using an BET (Brunauer-Emmett-Teller) nitrogen adsorption method, is known to affect key performance characteristics like oil absorption and feel. Stability testing under different storage conditions rounds out the analytical profile by determining how talcum powder properties evolve over time. Accelerated stability studies subject samples to high temperature (usually 40°C) and humidity (75% RH), which allows for the estimation of long-term performance. They include moisture content, fragrance stability, color changes, microbiological status, and physical characteristics. Such studies

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guide the determination of the shelf-life and packaging specifications. Talcum powder quality control procedures include statistically valid sampling plans according to batch size and risk assessment. Modern manufacturers use more Process Analytical Technology (PAT) approaches incorporating in-line or at-line analytical instrumentation to monitor critical quality attributes in production. (non-destructive testing methods like near-infrared spectroscopy (NIR) offer real-time moisture analysis with no sampling and destruction involved.) Methods of statistical process control are based on applying well-defined control limits to important variables, allowing for early identification of process drift prior to specification failures.

Novel techniques of analysis are still developing with respect to talcum powder analysis. Methods to characterize the minerals present in a sample at these resolutions include advances in Raman spectroscopy and synchrotron radiation X-ray diffraction. Automated scanning systems at advancements in electron microscopy improve the detection of asbestos. Using liquid chromatography-mass spectrometry (LC-MS), metabolomic approaches are being developed for multiplexing trace organic constituents that may be useful as talc purity markers. The regulatory landscape for talcum powder testing is also changing. In the United States, the US FDA has ramped up scrutiny on talc-containing products, suggesting that the most sensitive analytical methods be used to detect asbestos. The European Union's Cosmetics Regulation sets strict limits on heavy metals and bans detectable asbestos. Organizations like the International Organization for Standardization (ISO) are working to harmonize testing protocols internationally. Such regulatory advancements promote the continuous progress of analytical methodologies, especially in the context of contaminant detection. Standard



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analytical workflow for talcum powder typically includes raw material testing, in-process controls and finished product testing. Certificate of analysis (CoA) documentation was implemented to provide the activities necessary to verify the quality of a product, serving as the major quality assurance documentation for each individual batch with full analytical data. These approaches tailor analytical effort to regimen where it has highest impact on safety and efficacy, to inform Decision Making. This systematic process, along with good documentation approaches, ensures that talcum powder products always meet specifications. Overall, such complete examination of talcum powder needed advanced instrument methods, standard test methods, and stringent quality systems. The analytical approach should weight more traditional physical and chemical assessments vs specialized contaminant tests, especially with regard to asbestos minerals. The continual advancement of analytical capabilities allows manufacturers to achieve levels of both product consistency and safety assurance that are unprecedented in this common cosmetic product..

**Determination of Calcium Carbonate in Cosmetics**

Calcium carbonate ( $\text{CaCO}_3$ ) is one of the most versatile and widely used inorganic compounds in cosmetic formulations. Its multifunctional benefits position it as a key ingredient in product categories, ranging from powders and foundations to facial masks, exfoliating scrubs, dental formulations and other cleansing formulations. There are several importance of the accurate determination of calcium carbonate content in such products; formulation of consistency, regulatory compliance verification, quality control objectives and label claim validation. The inherent variability of cosmetics presents an analytical challenge that requires specific, reliable methods to be adapted to various cosmetic matrices and levels of concentration. Calcium Carbonate is a multi-functional

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ingredient commonly used in cosmetic formulations that you won't learn before. Calcium carbonate's crystalline structure provides precise mechanical action with minimal abrasiveness, making it an excellent choice as an abrasive agent in exfoliating products and toothpastes. In powders, provides opacity, coverage and mattification while modulating product density. In oil control products, its absorption capability helps control sebum produced on the surface of the skin. As an added bonus, the compound also serves as a robust pH buffer stabilizing the acidity of formulations, while preventing incompatibility with skin and oral mucosa. These varied functional roles contribute to broad differences in calcium carbonate concentrations per product category, with levels ranging from 1-3% in facial powders and as high as 40-50% in specific toothpaste formulations. Calcium carbonate is available in several grades driven by specific physical and chemical properties that lend themselves to various uses in cosmetic goods. Mis under chemical synthetic control produces precipitated calcium carbonate (PCC), which has uniform particle morphology, and exact diameter distribution. Natural calcium carbonate is obtained from limestone, marble, or chalk deposits, and the crystalline structure varies based on geological source. By treating these particles with fatty acids or silicones the hydrophobicity increased and better compatibility with organic matrices were achieved. There are particular analytical challenges associated with each grade, especially in relation to sample preparation and extraction efficiency. Complementary analytical methods, such as microscopy and spectroscopy, are often necessary for accurate assignment of the grade of calcium carbonate present in a formulation. Perhaps the most critical determinant in the success of the analytical process when quantifying calcium carbonate in cosmetic matrices is with regard to sample preparation. Cosmetic formulations vary greatly from anhydrous powders to complex emulsions with multiple interfering



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compounds, which means that the preparation strategies must be tailored accordingly. Homogenizing powder products by integrating geometrical dilution guarantees representative sampling. Acidic pH adjustment is a prerequisite in water-based formulations to prevent the dissolution of calcium carbonate during extraction. In emulsion systems, selective solvents allow for the separation of water and oil phases, enabling the isolation of calcium carbonate. Although heat-based sample decomposition techniques show appreciable performance under specific matrices, careful temperature maintenance is essential to avoid decomposition of calcium carbonate into calcium oxide. Recent methods tend to include microwave-assisted digestion strategies which can simplify processing time, reagent consumption, and minimize risk of contamination. The determination of calcium carbonate based on classical gravimetric analysis is a basic method. This is usually done by complete digestion of the cosmetic matrix, followed by calcium precipitation in the form of calcium oxalate at well-controlled pH. The precipitate is filtered, washed and ignited to finally yield calcium oxide, where the content of calcium carbonate is obtained stoichiometrically. Seeking better accuracy, gravimetric methods, although labour-intensive and time-consuming, can yield excellent results when carried out with great care in the procedural details. To avoid possible interferences of magnesium and other divalent cations commonly associated with cosmetic formulations, the method has been modified to utilize double-precipitation techniques.

Chemical methods from classical perspective such as titrimetric methods constitute a further approach to calcium carbonate quantification. Acid-base titration provides a very simple method where the sample is dissolved in excess

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standardized acid and then the unreacted acid is back-titrated with standardized base. The endpoint can be detected potentiometrically, colorimetrically by using indicators such as phenolphthalein or methyl orange, or by conduct metric monitoring. Complexometric titration with solutions of ethylenediaminetetraacetic acid (EDTA) can be a useful alternative with excellent calcium ion specificity. The method relies on metallochromic indicators such as calmagite or ferrochrome black T, which are used at a controlled pH in which calcium is selectively complexed. These classical methods have been modernized through automated titration systems which provide increased accuracy, less reliance on the operator, and greater throughput for quality control applications within the lab. Atomic absorption spectroscopy (AAS) provides the desired sensitivity and specificity for calcium determination after suitable sample digestion. Flame emission variants operate usually in the 422.7 nm wavelength range, and graphite furnace techniques furnish improved detection limits appropriate for trace analysis. Inductively coupled plasma optical emission spectrometry (ICP-OES) and inductively coupled plasma mass spectrometry (ICP-MS) have multi-element capabilities, enabling the simultaneous determination of calcium with other elements of interest. These techniques offer outstanding sensitivity with parts-per-billion detection limits, but need matrix matching and calibration to counter interference effects. AAS methods often provide an optimal balance of analytical performance, instrumental complexity and operational cost for routine quality control applications. Under X-ray fluorescence (XRF) spectroscopy, non-destructive measurement has been successfully performed for determining carbonate content in cosmetic applications including solid formulation types such as pressed powders and compact foundations. This technique characterizes secondary



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X-ray emissions by the excitation of a sample with some primary X-ray source. Instruments having energy-dispersive detectors gain rapid, multi-element analysis with little sample preparation. Although they are less sensitive than atomic spectroscopy based methods, progress in the instruments has led to the significant improvement of detection limits. Analytical challenges associated with matrix effects and inter-element interactions are addressed by calibration approaches, which involve the use of matrix-matched standards or fundamental parameter models. They have enabled at-line or in-field testing, which has aided quality control activities throughout a manufacturer's process. Compound-specific approaches to calcium carbonate determination are available through infrared spectroscopy techniques. The characteristic absorption bands of calcium carbonate, especially the intense carbonate stretching modes at about 1420, 875, and 712  $\text{cm}^{-1}$  have enabled the use of Fourier Transform Infrared (FTIR) spectroscopy to identify and quantify calcium carbonate. The relative intensities of these bands give some information about the polymorphs of calcium carbonate (calcite, aragonite or vaterite) in the formulation. ATR (attenuated total reflectance) is the sampling technique most often used for quantitative analysis, as it reduces the need for sample preparation. Partial Least Squares (PLS) regression model allows quantification in complex matrices with overlapping spectral features. Near-Infrared (NIR) spectroscopy, operating in the spectral range of 700-2500 nm, offers complementary information from overtone and combination bands, making it especially useful for at-line and in-line process monitoring applications.

Thermal analysis techniques take advantage of the unique decomposition behavior of calcium carbonate for identification and quantization. Thermo gravimetric analysis (TGA), which involves monitoring weight loss in response to pre-programmed



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temperature changes over time, can also provide distinctive decay signatures, such as that of calcium carbonate, which decomposes between 600 and 850 °C into calcium oxide with the release of carbon dioxide. The direct indicator for calcium carbonate content is the exact percent of weight lost. Endothermic decomposition profiles from differential scanning calorimetry (DSC) and differential thermal analysis (DTA) provide complementary information. Thermogravimetry coupled with mass spectrometry (TG-MS) or Fourier transform infrared spectroscopy (TG-FTIR) along with other techniques can provide improved specificity through determining the evolved gases during thermal decomposition. This becomes especially useful for differentiating calcium carbonate as compared to other carbonate minerals, or other calcium-containing substances that are present in cosmetic formulations. Confirmation of the crystalline forms of calcium carbonate in the cosmetic formulation is being carried out by X-ray diffraction (XRD) techniques. The diffraction patterns produced by the three polymorphs (calcite, aragonite, vaterite) act as fingerprints to identify them. Quantitative XRD analysis is performed typically by the reference intensity ratio (RIR) method or through the use of Rietveld refinements that permit accurate measurement of calcium carbonate content in addition to the determination of crystalline phase distributions (VanDerKley et al., 2017). This approach can be particularly useful for quality control applications because certain crystalline forms deliver specific performance attributes, including, for example, abrasiveness in exfoliating products or light-scattering properties in decorative cosmetics. Traditional methods were previously the basis for development of instrumental approaches utilizing hyphenated techniques for calcium carbonate characterization. Following suitable sample preparation, calcium ions are exceptionally selective when analyzed with ion chromatography (IC) even when coupled with conductivity detection. The validation





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of sequential extraction procedures, coupled with specialized detection methods, allows the differentiation of different calcium-containing ingredients in potentially complex formulations. Morphological characterization and elemental identification are provided by microscopic techniques such as scanning electron microscopy (SEM) coupled with energy dispersive X-ray analysis (EDX), which are particularly useful for the differentiation between calcium carbonate and other white pigments, or extenders with similar appearance. An important part of calcium carbonate determination in cosmetic products molecular method validation. Analytical performance characteristics such as specificity, linearity, range, accuracy, precision, detection limit, quantification limit, and robustness are commonly evaluated under validation protocols. Matrix effects should be especially taken care of considering the presence of many potential interferon's present in cosmetic formulations such as other inorganic materials, emulsifiers, film-formers and preservatives. Recovery studies based on spiked samples at several concentration levels provide information essential for assessing the accuracy of the method. Such interlaboratory comparison studies establish transferability and reproducibility of methods across different test facilities. Statistical assessment of method performance data, usually with the help of tools like analysis of variance (ANOVA), verifies if analytical methods satisfy iterative acceptance criteria. Regulatory requirements are one of the most important factors in selecting analytical methods for determination of calcium carbonate. In America, the FDA does not require testing methodologies applied to cosmetic ingredients, but it is the responsibility of the manufacturers to ensure product safety and labeling accuracy. The EU Cosmetic Products Regulation also mandates that analytical methods in support of safety assessments must be scientifically valid. Methods of analysis from pharmacopoeias, such as the United States Pharmacopeia (USP) and European

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Pharmacopoeia (Ph. Eur.), which offer standardized guidance specifically oriented to third approach that is particularly relevant for dual use products categorized as both cosmetics and over-the-counter drugs. This consensus from industry organizations such as the Personal Care Products Council (PCPC) and Cosmetics Europe has often become the de facto standard of methodologies employed for ingredient analysis. These regulatory frameworks stress method validation, traceability to accepted standards, and adherence to good laboratory practice (GLP) principles.

Newer analytical technologies further improve calcium carbonate determination capabilities. Portable Raman systems allow for fast, non-destructive identification with little sample preparation. Chemometric approaches, including artificial neural networks or support vector machine methods have advanced quantitative analysis in complex matrices containing serious spectral interferences. Imaging techniques (e.g., micro-computed tomography (micro-CT)) enable the three-dimensional visualization of calcium carbonate particle distributions in formulations. These new and exciting methodologies can be used in combination with established ones, and would be particularly useful in the product development phase.

Routine inspections in quality control in calcium carbonate determination meet a systematic sampling plan as prescribed by the principles of statistics. Testing strategy at each stage typically involves verification of the raw material, in-process checks during manufacturing, and confirmation of the finished product. Analytical method variability and manufacturing process capability should be factored into acceptance criteria. Control charts monitoring calcium carbonate content (mean and SD) over production batches reveal equipment and process drift,



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allowing for mid-course corrections before specification limits are violated. Reference materials (commercially available certified standards vs. internally prepared working standards) are important tools for method calibration and continued performance verification. The choice of method for calcium carbonate determination will ultimately be dependent on a number of considerations including the required sensitivity, accuracy, sample throughput, available instrumentation, operator expertise and budget constraints. However, for routine quality control applications, much simpler methodologies, such as complex metric titration or flame AAS, frequently afford an ideal balance of analytical performance with operational efficiency. In addition, specifics of research and development activities given above may call for more advanced methods such as ICP-MS or hyphenated methods which provide sensitivity and specificity enhancement. They offer specific advantages for in-process monitoring and fast screening applications if non-destructive methods, such as XRF or NIR spectroscopy are employed. This decision matrix emphasizes the need to ensure that analytical methodology aligns with information needs, while also accounting for real-world implementation constraints. Thus, the analysis of calcium carbonate in cosmetic products is a multidimensional analytical component that necessitates a comprehensive examination of all phases extending from the stages of sample maturation through to the methods of identification as well as validation, culminating in quality assurance. Given the variety of the cosmetic matrices, specific second methodologies adapted to particular product categories and concentration ranges are needed. Although traditional chemical methods are still reliable in terms of quantification, contemporary instrumental methods are much more sensitive, specific, and high-throughput.

Integrated analytical approaches generally consist of complementary techniques with identification and quantification features. Ongoing innovation in instrumentation, chemometric data analysis, and regulatory landscape will no doubt drive continued evolution of analytical strategies for accurate determination of calcium carbonate in increasingly complex cosmetic formulations..

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### MCQs:

1. What is the primary function of a deodorant?
  - a) To remove body odor
  - b) To provide moisture to the skin
  - c) To enhance fragrance
  - d) To protect from sunburn
2. Which of the following is commonly found in antiperspirants?
  - a) Calcium carbonate
  - b) Zinc oxide
  - c) Aluminum compounds
  - d) Magnesium oxide
3. What is the role of talcum powder in cosmetics?
  - a) To reduce sweat
  - b) To absorb moisture and reduce friction
  - c) To provide color
  - d) To hydrate the skin



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